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# **SKILLS**

- -Patient advocacy
- -Strong Interpersonal communication
- -Teamwork
- -Knowledge in medical terminology and procedure
- -Active listening
- -Patient assessment

### LANGUAGE

English: professional

Malayalam:

Native

HINDI

Tamil

# **CATHERINE.J.VIJAY**

# **ABOUT ME**

I am a recent nursing graduate, backed by a robust academic foundation and a genuine zeal for delivering outstanding patient care. I possess a firm grasp of nursing fundamentals and a fervent commitment to continuous learning and development in a clinical environment. I have earned a reputation for my unwavering work ethic, adaptability, and patient-centered dedication. I am enthusiastically looking forward to commencing my nursing career, where I can wholeheartedly contribute my passion and expertise to a dynamic healthcare team

## **EDUCATION**

09.2019-03.2024
Graduation in Bsc nursing
Vijaya college of nursing, kottarakkara,kollam

06.2017-03.2019

Class XII

St.Antony's HSS kanjiracode,kundara,kerala

2016 - 2017

Class X

St. Margarets GHS, Kanjiracode, kollam

#### INTERNSHIP

- -Clinical experience in psychiatric nursing
  - \*Mental health centre, Trivandrum.
  - \*St.Vincent hospital,Thuvayoor
- -Inservice education program on disaster management at Vijaya hospital kottarakkara

#### **CERTIFICATE**

- Workshop on 'Cardiac emergencies and basic life support '
- → Junior Red Cross State Level 'C' certificate

#### RESEARCH

- A study to assess the knowledge regarding lifestyle diseases among sedentary workers in Technopark ,kundara