



HELANA BENNY

STAFF NURSE

PERSONAL PROFILE

Date of Birth : 17-05-2001

Father Name : Benny P.J

Mother Name : Bency M. T

Nationality : Indian

Blood Group : B+

Marital Status : Single

CONTACT

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kuruvilassery mala
Thrissur Kerala
680732

SKILLS

- Clinical Assessment And Nursing Diagnosis Patient
- Advocacy And Support
- Electronic Documentation Team
- Collaboration Patient And
- Family Education
- Infection Control And Safety Protocols

Language

- English (Fluent)
- Malayalam (Fluent)
- Hindi (Intermediate)
- Tamil (Intermediate)
- German(Elementary)

OBJECTIVE

Recent nursing graduate with a Bachelor of Science in Nursing (BSN) eager to launch a nursing career and provide compassionate patient care. With 3600+ hours of hands-on experience gained during training and study, I am dedicated to promoting health, delivering empathetic care, and maintaining the highest standards of nursing excellence.

WORK EXPERIENCE

FRESHER

EDUCATION

BSc Nursing

Kerala University Of Health Sciences
College of Nursing EMS Cooperative Hospital -
Perinthalmanna, Kerala, India
SEP 2019 - MAR 2024

XII: Higher Secondary

Soccorso CGHSS Kottakal mala
Kerala, India JUL 2017 - MAR 2019

SSLC: High School

Soccorso CGHS
Kottakal mala, Kerala,
India MAR 2017

CLINICAL ROTATION

Medical-Surgical Nursing

- EMS Memorial Cooperative Hospital & Research Centre, Perinthalmanna, Malappuram(D),Kerala, India.
- Govt District Hospital, Perinthalmanna, Malappuram(D),Kerala, India.

Psychiatric Nursing

- Dr. Salim's Centre for Neuro Psychiatry, Perinthalmanna, Malappuram(D),Kerala, India.
- Ansar Institute for Psychological Medicine and Rehabilitation, Akkikavu, Thrissur (D), Kerala, India.

Obstetrics and Gynecology Nursing

- Govt District Hospital, Perinthalmanna, Malappuram(D), Kerala, India.
- Govt Taluk Hospital, Malappuram, Kerala, India

Oncology Nursing

- MVR Cancer Centre and Research Institute, Poolacode, Kozhikode, Kerala, India.

Community Health Nursing

- UPHC Eravimangalam, Perinthalmanna, Kerala, India
- Community Health Centre, Melatoor, Malappuram(D),Kerala, India..

SPECIAL SKILLS

Ability to perform:

- Need based basic cares
- IV cannulation
- Medication administration via enteral and parenteral routes
- Cardio pulmonary resuscitation
- N.G tube insertion assisted
- Urinary catheter insertion
- Administering protocol based emergency care.
- Mental status examination
- Immediate new born care
- Episiotomy suturing assisted



EQUIPMENTS EXPOSURE

- Cardiac monitors
- Syringe pumps, infusion pumps
- Suction apparatus
- Nebulizer
- ECG machine
- Defibrillators
- Phototherapy machines
- Ventilator
- BP apparatus
- Ambu bag with mask
- Pulse oximeter
- Glucometer
- Cardiotochography
- Doppler
- Radiant Warmer



RESEARCH DONE

A study to assess the knowledge regarding New National Educational Policy 2020 among the teachers in selected educational institutions.



WORKSHOP

Participated as an Organizer in a Workshop on Mechanical Ventillation conducted on 03/02/2024 under KNMC

DECLARATION

I declare that all the details given above are true to the best of my knowledge and belief. I assure you that if I'am given a chance to serve under you I will discharge my duties to the best of my ability and full satisfaction of my superiors.

Place :

Date :

Helana Benny