



# ALITHA AJITH

BSc . NURSE

## PROFILE

Dedicated nurse with the ability to multitask and work with others. Patient-care-oriented bringing forth a compassionate and friendly attitude. I am committed to utilizing my skills to help others while working towards the mission of a hospital. A strong nurse who works under pressure and exudes positivity.

## PROFESSIONAL EXPERIENCE

- 1.3 years of experience from Max Super Specialty Hospital, Patparganj, New Delhi, as a registered nurse in the gynecology and pediatric ward from November 9, 2021, to March 3, 2023.
- 1 year experience from Life line Hospital, Ernakulam in Medical and Surgical ward from 13 April 2023 to 15 May 2024.

## HOW TO REACH ME

Call : +91 9605310602  
Home : +91 9946064383  
E-mail : alithaajith9@gmail.com  
Address : Nirmalyam (h), Perumpalam p.o , cherthala, Alappuzha, kerala.  
Pin code : 688570

## PERSONAL PROFILE

Age : 27 years  
DOB : 13/02/1997  
Sex : Female  
Father's name: T K Ajith kumar  
Language known : Malayalam, English, Hindi  
Marital status : Married  
Religion: Hindu  
Nationality : Indian  
Blood Group : O+ve

## CAREER OBJECTIVE

Aim to be associated with the organization that provides me an opportunity to show my skills and improve my knowledge of the latest trends, and to be part of the team that works dynamically towards the growth of the organization.

## PROFESSIONAL EDUCATION

Qualification Obtained : BSc Nursing  
Name of the institution : KVM College of Nursing, Cherthala  
Name of Issuing Authority: Kerala University of Health and Science  
Duration : 2016 to 2021

## PREVIOUS EDUCATION

### HSE

- Higher Secondary Science course from SNHSS Sreekandeswaram school, Poochakkal, Board of Higher secondary examination , kerala in the year of 2015.

### SSLC

- SSLC course from SNPS poothotta, Central Board of Secondary Education, passed in the year 2013.

## WORKSHOPS ATTENDED

- "A GOOD NURSE IS ONE WHO RADIATES POSITIVE ENERGY" on April 18, 2018 at KVM College of Nursing by SNA Unit.
- "PROUD TO BE A NURSE- TRANSFORMATION OF A PERSON FROM A BENCH TO BEDSIDE NURSING" took place at KVM College of Nursing from 21/5/19 to 22/5/19 as delegate.

## **PATIENT CARE WHAT I CAN**

---

- Good nurse - patient relationship.
- Making admission
- Maintenance of up to date records and reports
- Checking vital signs
- Care of pressure sores
- Care of unconscious and bed ridden patients
- Initialising intravenous access and maintenance of fluid
- Administration of medicines
- Infection control and safety management
- Assisting physician
- Discharge planning and health education
- Pre and Post operative care of patients

## **PERSONAL EXPERIENCE**

---

- IV Cannulation
- ABG Sampling
- Blood Transfusion
- Administration of chemotherapeutic drugs and TPN
- Suctioning and Oxygenation
- Care of Mother and New born baby
- NG tube feeding
- Assisted surgeon for dressing
- Assisted in catheterization,NG tube insertion, Lumbar puncture.

## **DECLARATION**

---

I hereby declare that the above furnished details are true and correct to the best of my knowledge and belief.

PLACE :

DATE :

## **CHARACTER REFERENCES**

---

- **Prof.Mareen Asha**  
Principal  
KVM College of Nursing  
Cherthala,Alappuzha  
Phn no: 0478-2810980

## **PASSPORT DETAILS**

---

- Passport No. : X9073563
- Date of issue : 11/05/2023
- Date of expiry : 10/05/2033
- Place of issue : Cochin

**ALITHA AJITH**