

ANAGHA BABU

Staff Nurse



+919744313179

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Kottayam, kerala 686008

PROFESSIONAL SUMMARY

Motivated professional with extensive experience providing quality patient care in a variety of healthcare settings. Demonstrated ability to quickly assess patient needs and develop comprehensive treatment plans. Adept at using electronic health records (EHR) to document patient data, maintain medical records and track treatment progress. Committed to evidence-based practice and continuing education to stay abreast of developments in the healthcare field.

SKILLS

Family Education

Patient Education

Case Management

Resource Allocation

Vital Signs Monitoring

Resource Utilization

Quality Improvement

Delegation Skills

EXPERIENCE

STAFF NURSE, EMERGENCY DEPARTMENT, Riyadh

Atlas clinic, September 2022–February 2023

- Administered prescribed medications, monitored vital signs, evaluated effectiveness of treatments and therapies administered.
- Provided direct patient care, including wound care and medication administration.
- Displayed strong critical thinking skills to assess changes in condition or response to treatment quickly.
- Provided emotional support and reassurance to family members during difficult times.
- Managed time efficiently when responding quickly to emergent situations.

STAFF NURSE, MEDICAL INTENSIVE CARE UNIT, Riyadh

Specialised Medical Centre Hospital, February 2020–January 2022

- Responsibilities: A complete assessment of patients and documents in medical record
- Attend physicians rounds and carryout the orders immediately
- Observes, evaluate and report symptoms and conditions of patients
- Maintain inventory of all particles, receive required stationery items
- Co-ordinate nursing activity in the units and meet patience needs and expected outcomes
- Assist procedures like endotracheal intubation Tracheostomy, tube insertion, ICD insertion
- Establishing trusting relationship with patients and significant others
- Providing health education and support to the patients

- Achievements in the role: Managed a particularly difficult emergency situation by employing quick action, thereby saving an accident victims life
- Established good relationship with patient and families.
- Assessed patient's condition and developed individualized care plans accordingly.
- Promoted positive interpersonal relationships between colleagues, patients and their families.
- Collaborated with physicians to develop treatment plans based on clinical findings.
- Identified potential problems or risks related to the health status of each patient.

STAFF NURSE, SURGICAL INTENSIVE CARE UNIT, Hyderabad

Usha Mullapudi Cardiac Centre, August 2017–September 2019

- Responsibilities: Complete assessment of patient and documents in medical records
- Attend Physicians rounds and carryout the orders immediately
- Observes evaluates and reports symptoms and condition of patients
- Maintain inventory of all articles receive requires stationary items
- Co-ordinate nursing activity in the units and meet patience needs and expected outcomes
- Assist procedures like endotracheal intubation Tracheostomy, tube insertion, ICD insertion
- Establishing trusting relationship with patients and significant others
- Providing health education and support to the patients
- Achievements in the role: Established good relationship with patient and families
- Evaluated appropriateness of care and physicians orders.
- Assisted in procedures such as chest tube insertion, removal, central line placement, management and ventilator management as needed.
- Monitored vital signs including temperature, pulse, respiration rate and blood pressure regularly throughout shift.
- Participated in performance improvement initiatives related to quality assurance activities.
- Provided education to patients and families about medical conditions, treatments and discharge planning.
- Utilized critical thinking skills to make sound clinical decisions while providing quality patient care.

EDUCATION

BSC. NURSING

Medicity College of Nursing, Ghanpur, Andhrapradesh, December 2016

REFERENCES

BINOY SETHU Specialised Medical Centre Hospital
Nurse Manager ICU/CCU/PICU

✉ binoysethu@gmail.com

INTERESTS AND ACHIEVEMENTS

Strong interests in foreign languages, Fluent in English, Therapeutic applications and administration of good analytical skills in assessing conditions and implementing appropriate interventions with strong managerial skills

TEL

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PROFESSIONAL REGISTRATION

- Registered in Indian Nursing Council Dr. NTR University of Health Sciences, Andhra pradesh on 2016
- Registered in Telangana Nurses and Midwives Council on 14.03.2017

CERTIFICATIONS

- Completion of ACLS on 2020
- Saudi professional classification and registration on 2021
- Completion of BLS on 2020

PERSONAL INFORMATION

Gender : Female

Marital Status: Single