

AGUSTINE ABRAHAM

PROFESSIONAL SUMMARY

Empathetic and emotionally intelligent individual with experience creating and developing comprehensive counselling programs! Compassionate Student Counsellor with one year of experience in mental health improvement through face-to-face counselling. Enhancing student wellbeing at a crucial stage in life through sympathetic listening, collaborative evaluation and counseling therapies to achieve desired outcome.

EXPERIENCE

Student Counsellor , 11/2022 - 10/2023
Bethel Medical College - Bangalore

- Led group counselling activities and meetings, continuing student development and growth through a safe space to talk.
 - Provided face-to-face counselling sessions , jointly evaluating their needs and utilising to achieve desired outcome.
 - Created, monitored and contributed to counselling programs for different age groups to nurture students' growth and development.
 - Encouraged students to discuss feelings and personal choices by establishing respectful relationships based on trust and respect.
 - Employed drug and alcohol prevention programs through education and counselling services to help students avoid substance abuse problems.
 - Utilised online tool to provide distance counselling and therapy services for round-the-clock support.
 - Engaged students to ascertain health conditions, assessed student behaviour and escalated issues to authorities for suspected neglect or abuse cases.
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EDUCATION

Higher National Diploma, Phsycology counselling and guidance, 2024
KERALA SPEECH FOUNDATION - Kochi, KL

Certificate of Higher Education, Hypnotic Counselling, 2024
Kerala Speech Foundation - Kochi, KL
Hypnotic Therapy Counselling

Master of Arts, Social Work, 2022
Oxford College of Arts - Bengaluru, KA
CGPA - 7.68
Specialised in Human Resource,counselling,Social Development

Master of Arts, Political science and International Relations, 2020



CONTACT

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CORE QUALIFICATIONS

- Motivational mentorship
- Compassionate care
- 1-2-1 counselling
- Innovative lesson planning
- Student motivation
- individual counselling
- Positive-outcome driven
- Performance assessments
- Group instruction

Indira Gandhi Open University - New Delhi, DL

PERCENTAGE - 61.38%

Bachelor of Arts, political science, 2018

St Aloysius college Jabalpur - Jabalpur, MP

PERCENTAGE - 58.29%

12th, 2015

MGM HIGHER SECONDARY SCHOOL - Tiruvalla, KL

scored A grade

10th, 2013

Syrian Jacobite Public school - Tiruvalla, KL

CGPA-6.4

LANGUAGES

Malayalam, English, Hindi, Tamil: First Language

English:

C1

Hindi:

B2



Advanced



Upper Intermediate

Malayalam:

C2

Tamil:

B1



Proficient



Intermediate