



# THASNIYA HALEEF

## SOCIAL WORKER

### PROFILE

Dedicated and empathetic individual seeking a successful social work career. With expertise in social work concepts and theories, and a love for helping others, I possess the ability to positively impact individuals and communities. My strong communication and interpersonal skills enable me to build trust and rapport with diverse demographics. By assessing requirements, creating personalised intervention plans, and providing continuing assistance, I effectively address unique obstacles presented by those in need. Moreover, my organisational and problem-solving skills enable me to handle difficult circumstances and advocate for client rights and well-being. As a social worker, I am dedicated to professional development and want to positively impact the lives of people I serve.

### WORK EXPERIENCE

#### Kancare Senior Care Geriatric Social Worker

from January 2024

- Conducted admission procedures for new residents, assessing their psychosocial needs and coordinating services to support their transition.
- Engaged dementia patients in tailored activities to promote cognitive stimulation and emotional well-being.
- Collaborated with interdisciplinary teams to develop personalized care plans and ensure holistic care for each resident.

#### Believers Church Medical College Hospital, Thiruvalla

Medical social worker (Community Medicine Department)

From 11th September, 2023 to 15th January, 2024

- Assisted in conducting medical camps
- Documentation of medical camps and other programs conducted by the department
- Attended sessions on Break the news, HIV, TB
- Assisted in HIV counselling
- Work with an ongoing project on dementia

#### Grace Care Geriatric Training and Development Centre, Kottayam

Social work trainee

June, 2023

- engaged in casework and group work
- attended classes regarding therapies and geriatric care
- visited various institutions such as NGOs, trusts, mental health centres, rehabilitation centres etc

#### Maxminds Psycho-Rehabilitation Centre, Kannur

Social work trainee

May, 2023

- General understanding of case history taking and MSE
- Psychosocial rehabilitation services
- Participating in group therapy
- participating social skills training and cognitive remediation training
- conducting psycho-education

### CONTACT

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📍 Vazhoor, Kottayam

### EDUCATION

2021- 2023

ST. ALBERTS COLLEGE,  
ERNAKULAM

- Master of Social work

2028-2021

CMS COLLEGE, KOTTAYAM

- Bachelor of Economics

### SKILLS

- Ability to work collaboratively with multidisciplinary teams.
- Ability to assess and analyze client needs and develop appropriate interventions
- Ability to adapt to changing situations
- Proficient in case management and documentation A
- Ability to actively listen, and empathize with clients
- Proficient in using technology for documentation and data management.

### LANGUAGES

- English
- Malayalam
- Tamil

## **Holy Family Hospital, Delhi**

### **Social work trainee**

- Engaged in both the inpatient and outpatient departments
- Forms of customer feedback were gathered as part of administrative duties
- Experience working in nephrology, the labor room, antenatal clinics, and the community health department.
- Spoken on nutrition in the paediatric ward, breast cancer awareness in the community and diabetes in the OPD.
- Counselling sessions were assisted.
- Attended early intervention classes for special needs children

### **Certifications**

- Certificate course in Counselling and Psychotherapy from Grace Care Geriatric Training and Development Centre.
- Taken part in a 5-day "Participatory Rural Appraisal" workshop as part of the PRA & Rural Camp.

### **Accomplishments**

- Completed research on the topic 'A STUDY AMONG HIGH SCHOOL TEACHERS TOWARDS THE PREVENTIVE MEASURES AGAINST SUBSTANCE ABUSE AMONG STUDENTS WITH REFERENCE TO KOTTAYAM DISTRICT. '

## **REFERENCE**

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