

# MEJO.M.J



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## **Career Objective:**

To secure a challenging and responsible nursing position internationally where I can effectively contribute my skills, experience and utilize the nursing knowledge in assessing, screening and carrying out the prescribed treatment and care to the patients and support the long-term mission of the organization.

## **Personal Details:**

**Date of Birth : 25/01/1987**

**Sex : Male**

**Nationality : Indian**

**Marital Status : Married**

**Languages known : English, Arabic, Hindi, Malayalam,**

**Permanent Address: Madavana(House)**

**Kodussery ,Vattapparambu (PO) Ernakulam(Dist)  
Kerala ,India 683579**

## **Passport Details:**

**Passport Number : Y1908874**

**Place of Issue : COCHIN**

**Date of Issue : 24.04.2024**

**Date of Expiry : 23.04.2034**

## **Educational and Professional Qualifications:**

- **Diploma in General Nursing & Midwifery**  
*(3 years course from 2004-2007, Sri Raghavengra School of nursing, India)*
- **Board of Higher Secondary Education, Kerala, India**
- **Kerala Nurses and Midwives Council**  
**Reg no. Nurse 54159, Midwife 55000**  
**Valid upto 04/07/2026**

### **Professional Experiences:**

Nursing experience of **15 years and 10 months** in **Operating Room** and **Post Anesthesia Care Unit** with Multi-speciality hospitals in India and the Kingdom of Saudi Arabia (CBAHI and JCI accredited)

- **Staff Nurse – Post Anesthesia Care Unit from 08 October 2017 to 07 April 2024** with **King Salman Armed Forces Hospital, Tabuk, KSA** (CBAHI and JCI accredited 900 bedded multi-speciality hospital)
- **Head Nurse – Operating Room from 10 March 2011 to 31 March 2017** with **Hussein Al Ali Hospital, Al hassa KSA** (Multi-specialty hospital with CBAHI AND JCI accreditation)
- **Staff Nurse - Operating Room from 15 October 2008 to 04 March 2011 Little Flower Hospital and Research Center Angamaly India**(Multi-Speciality Hospital)
- **Staff Nurse – Intensive Care Unit from 01 October 2007 to 31 AUGUST 2008 Sai Vani Hospital,India** (150 bedded multi-speciality)

### **Professional Registration and Memberships:**

- **Saudi commission for health specialist** (Saudi council registration– 12-LN- 0022966) valid until **May 2026**
- Kerala nursing council valid until 2026, and registered with Karnataka nursing council

### **Professional Developments:**

- **Basic Life Support**
- **Advanced Life Support**
- **Pediatric Advanced Life Support**
- **Conscious Sedation**

## **My Duties and Responsibilities as a Staff Nurse:**

### **Direct Patient Care:**

- Provides direct patient care that is consistent with the philosophy and the goals of the nursing administration and the specialty.
- Performs patient assessment, focusing on the holistic need of the patients.
- Initiates and follows through with planning for discharge or continuing care.
- Utilize the nursing process in providing care to patients and families.
- Demonstrates a sound knowledge base and decision making in the administration of patient care.
- Completes patients care assignments in accordance with approved standards.
- Attend to patient satisfaction needs in a courteous and timely manner.
- Demonstrate competency in the use of specific equipment related to their specific units. (eg. monitors, ventilators, IV pumps).
- Demonstrates competency in the administration of medications related to their specific assigned units.

### **Nursing Process/Documentation:**

The nursing process used to provide safe, quality nursing care:

- Formulate a goal directed care plan or utilize pre-printed individualized standard care plans.
- Determine the scope of care plan by anticipating the needs of the patient and updates it as changes needed.
- Document a plan of care that reflects current standard of practice.  
Document all aspects of care as it relates to the patient's needs, problems, capabilities and limitations.
- Identify the learning needs of patients/families and their understanding of the instructions.
- Identify the learning needs of patients/families, evaluates and provide health awareness accordingly.
- Document the nurse's notes about the patient's status when transferred within specialty of the hospital or discharged from the hospital.

### **Patient's Safety and Rights:**

- Maintain a clean and safe environment for patients and staff.
- Demonstrate an awareness and knowledge of the patient's rights while receiving care within the hospital.

- Demonstrate knowledge of the hospital policy governing the application of supportive devices and restraints to patient.
- Maintain all required safety checks.
- Provide safe and accurate administration of medications/intravenous fluids, blood and blood products as per Physician's orders adherent to approved policies.
- Practice in accordance with hospital policy related to the delivery of nursing care and approved infection control practices to provide a safe environment.
- Deliver nursing care in accordance with safely regulations approved by the organization.

**Problem solving:**

- Identify specialty or patient care problems and participate in problem solving interventions
- Collaborate with other disciplines and members of the health care team to solve problems after appropriate consultation with others, eg. Head Nurse, Nursing Supervisor.
- Report on actual and potential problems and demonstrates awareness of significant trends that may affect the functioning of the unit.
- Demonstrate leadership and accept delegation of tasks and duties in directing and coordinating activities and resources of the health care team.

**Quality Assurance:**

- Demonstrate the knowledge of the goals of quality set in the policy and support implementation of it in the specialty.
- Attend unit quality meetings and assist with the development of plan of action to correct deficiencies.
- Participate in standards development and implementation review for the Nursing Department.
- Maintain quality services provided to all patients, visitors and co-workers.
- Participate in the evaluation and monitoring for the quality of patient

**Educational /Professional Development:**

- Complete the mandatory education programs on an annual basis.
- Demonstrate competency in psychomotor skills in the use of new equipment.
- Participate in the orientation and development of new staff and junior colleagues.
- Conduct teaching sessions for colleagues as part of professional and self-development.

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- Attend continuing education programs for professional and self –development.

### **Research**

- Support research activities conducted on patient care within the Nursing Department.
- Utilize knowledge generated from research in the delivery and improvement of patient care.

### **Communication:**

- Report any changes in patient’s condition to the appropriate individuals and documents these significant changes in the patient record, in a timely manner.
- Act as liaison between patient, physician and other disciplines.
- Identify and document actual and potential problems in the specialty.
- Comply with hospital policy and dress code appropriate to practice testing.
- Ensure that all patients, visitors, and co-workers are treated with respect and dignity.
- Perform all other duties as required.

### **Surgeries Assisted:**

#### **General Surgeries:**

- Laparotomy, Appendectomy, (Inguinal, Umbilical, Incisional) Excisions and I&D, Thyroidectomy,Hemorrhoidectomy,lap.appendectomy,Lap.spleenectomy,Lap.cholecystectomy, Lap.Gastric sleeve etc.

#### **Gynec Surgeries:**

- LSCS, Abdominal and vaginal hysterectomy, Lap sterilization, Lap ovarian Cystectomy, Total Laparoscopic Hysterectomy, laparoscopic assisted vaginal hysterectomy,Diagnostic laparoscopy etc.

#### **Urology:**

- T.U.R.P,Ureteroscopy,Cystoscopy,Ureterotomy,Pyelolithotomy,Cystoscopy,Lithotripsy, open prostatectomy etc.

#### **Orthopedic Surgeries:**

- Open reduction and internal fixation, Close reduction, Inter locking and nailing,K wire fixation.

#### **E.N.T Surgeries:**

- Septoplasty,FESS,Tympanoplasty,Rhinoplasty,Tracheostomy,Mastoidectomy, Nasal bone reduction, Adenotonsillectomy, DCR, stapedotomy etc.

**Plastic Surgeries:**

- Abdominoplasty, Breast reduction, Mastopexy, Breast Augmentation, Rhinoplasty, Skin graft, Blepharoplasty, Liposuction and Injection etc....

**Neuro Surgeries:**

- Disectomy

**➤ EQUIPMENTS DEALS WITH**

Cardiac monitor, ECG machine, Anesthesia machine, Laparoscopy unit instruments, Ventilator, Syringe pump, Infusion pump, fluid & blanket warmer, Defibrillators, Glucometer, Suction apparatus, Nebulizer, Laryngoscope, BP apparatus, Electronic patient bed, c-arm, Cool lipo laser, Cool touch laser, LVR machine, Vivostat, Stryker neuro drill, Dermatome, PC Amachne, Nerve stimulator, Vaser liposuction, Harmonic, Thunderbeat, Manual and electronic operation table, Electro surgical unit, Neuro and ENT headlight, ENT and Ophthalmic microscope, Debrider, Endoscopy machine and Gastroscope, colonoscope, sigmoidoscope, Bronchoscope and duodenoscope, Patient warmer, Lithotripsy machine, Urology storz cautery etc.

**References:****Dr. Osamah Alatiyah**

Anesthesia and ICU consultant

Head of Anesthesia and Operation department

Hussein al ali Hospital

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Email: osamah.alatiyh@alalihospital.com

**Tahani Al-Dosari**

Head Nurse Recovery Room

King Salman Armed Forces Hospital

Mob: +966566360950

Email: TALDOSARI@nwafh.med.sa

**Declaration:**

The above details are true of the best of my knowledge and further information will be furnished if required.

Place:

Date:

**(MEJO JOHNY)**