



# ARYA SUDHAN

## REGISTERED NURSE

Registered nurse with good experience in delivering quality care to patients. Professional with 11 months of experience in OB and Gynaecology department. Knowledgeable in normal and complicated deliveries, postpartum, new born care, family education, and physician collaboration.

### PERSONAL DETAILS

#### Date of Birth

5th November 1998

#### Nationality

Indian

#### Marital Status

Single

#### Address

Aryalayam, Makkapuzha  
P O, Ranni,  
Pathanamthitta, Kerala,  
India  
Pin. : 689676

### EDUCATION

Bachelor of Science in Nursing from Pushpagiri College of Nursing, Tiruvalla, under Kerala University (2016 - 2021)

Higher Secondary education from S.C. Higher Secondary School, Ranni (2014 - 2016)

### LANGUAGES

English

Malayalam

### CONTACT

8943949325

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### WORK EXPERIENCES

#### Mid Level Service Provider (MLSP) - Family health center Kaviyoor, Pathanamthitta Kerala (Under National Health Mission)

January 2023-April 2023

- ✓ Conducted screening camps for communicable and non communicable diseases
- ✓ Health education given regarding relevant health related topics
- ✓ Palliative care and home visits done for needed patients
- ✓ Actively participated in different type of health related training programmes and surveys

#### Staff Nurse - Ahalia Women and Childrens Hospital, Kanjikode, Palakkad, Kerala.

February 2022-December 2022

- ✓ Cared for pregnant women expecting imminent birth and for babies immediately after birth
- ✓ Reviewed and tracked progress of mother in labour and monitored fetal heart rate
- ✓ Assisted doctors in delivery and other gynaec related procedures
- ✓ Administered fluids, medications including labour stimulating drugs as per doctor's order
- ✓ Given preoperative and postoperative care in surgical cases, played role of a circulatory nurse in operation theatre (OT)
- ✓ Helping patients with their daily needs, which resulted in 98% positive feedback in patient surveys

## SKILLS

- ✓ Good communication skills
- ✓ Critical Thinking
- ✓ Leadership skills
- ✓ Fast learning
- ✓ Problem Solving
- ✓ Good Assessment Ability
- ✓ Compassion

## TRAINING PROGRAMS ATTENDED

- ✓ Mental Health 1 day Training Programme under NHM
- ✓ Cancer screening 1 day training programme under NHM

## PROCEDURES ASSISTED

- ✓ Normal and Complicated Labour
- ✓ Caesarean Section and other Gynaec related Surgeries
- ✓ IUD Insertion and Removal
- ✓ Induction of Labour
- ✓ TVS
- ✓ Pessary Insertion
- ✓ Follicular Study
- ✓ Pap Smear Collection
- ✓ Lumbar puncture

## PROCEDURES PERFORMED

- ✓ IV Cannulation
- ✓ Foleys Catheterization
- ✓ Surgical Dressing
- ✓ Medication Administration
- ✓ Blood Transfusion
- ✓ NG Tube Insertion
- ✓ Episiotomy Care
- ✓ Collection of Blood Specimen

## AREAS OF CLINICAL EXPERIENCE

- ✓ Obstetrical and Gynecology wards
- ✓ Labor room
- ✓ Operation Theatres
- ✓ Medical and Surgical wards
- ✓ Oncology and Chemotherapy unit
- ✓ Psychiatry Ward
- ✓ Emergency Department

## INTENSIVE CARE UNITS

- ✓ Medical
- ✓ Surgical
- ✓ Pediatrics
- ✓ Cardiology
- ✓ Neurology
- ✓ Neonatology

Place : Ranni

Date : 02 / 02 /2024