



CONTACT

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INTERESTS

Reading

Traveling

Singing

Cycling

Baking

PERSONAL INFORMATION

Name

Thasni Mol K.K

Birthdate

10-07-1992

Residence

Kerala

Nationality

Indian

Marital status

Married

Languages Known

English, Hindi, Malayalam

Passport No

R3909622

Place of issue

Malappuram

Issue date

13-10-2017

Expiry date

12-10-2027

Availability

Immediately

PROFILE

Dedicated and patient focused Registered Nurse with five years of working experience. Proven expertise in victime care, staff development and family advocacy. |Adept at prioritizing medical care for patients experiencing trauma and injury. |knowledge of dealing with mental health crisis in an analytic and professional manner.

EXPERIENCE

STAFF NURSE

Thaluk Hospital, Kuttippuram | Aug 2022 onwards, Kuttippuram
Coordinate with physicians and other multidisciplinary healthcare professionals for creating and evaluating individualised care plans for patients. Maintain records and reports of patient's medical histories, and monitor developments in their health conditions. Provide immediate and advanced care during medical emergencies, like accidents, burns, cardiac arrest, stroke etc.

GERIATRIC NURSE

Government Old Age Home | may 2022 - Aug 2022, Tavanur
Develop treatment plans and administer medications. Informing the doctor concerned whenever necessary. Ensure that bedside hand offs take place at the change of shift and that charge hand off is completed. Educate caretakers on coping skills to handle age-related conditions. Provided day-to-day clinical direction to assigned mental health workers and other paraprofessional staff.

STAFF NURSE

Government PHC Thirunavaya | Jan 2021 - Sep 2021, Thirunnavaya

Assess, observe and record the patient's general health conditions. Address emotional and psychological needs of patients and their families, to create a harmonious working environment. Be alert and observant on every aspect of patient care including diet, physical activities and psychosocial interactions. Educate patients and their families on health maintenance and disease prevention as required.

STAFF NURSE

Nadakkavil Hospital | Oct 2017 - Oct 2020, Valanchery

Review medications and treatments of patients as indicated by their general health conditions and response to treatment. Take part in discussions with pharmacists and physicians while dealing with critical situations. Take part in research activities to improve nursing practices and upshot healthcare. Maintaining the drug and investigations as per orders.

EDUCATION

BACHELOR OF SCIENCE IN NURSING

MES Medical College | Aug 2011 - May 2015

Kerala University Of Health Science

HIGHER SECONDARY

KMGVHSS THAVANUR | Aug 2008 - Mar 2010

Higher Secondary Board of Education, Kerala

ASSISTED PROCEDURES

- **Cardio pulmonary resuscitation**
- **Pleural fluid aspiration**
- **ICD insertion**
- **Tracheostomy**
- **CVP insertion**
- **Suturing**
- **Thoracentesis**
- **Lumbar puncture**

STRENGTHS

Optimistic

Confidence and hardworking

Punctuality and positive attitude

Excellent knowledge of medical terminology

Good communication skills

Highly achievement oriented with an ability to develop effective strategies.

Strong leadership skills with an ability to build, develop and result oriented teams.

LICENSE AND CERTIFICATIONS

Current Kerala state RN & RM license (KL03201704469, 21 October 2017) by KNMC (Kerala nurses & midwives council) recognized by INC (Indian Nursing council).

Qatar Prometric exam Registered general nurse passed on 21st December 2020 and Data Flow is completed on 05 March 2021.

BLS (Basic life support) and ACLS (Advanced cardiac life support) provided by American Heart Association.

EQUIPMENTS HANDLED

- Syringe Pump
- Nebulizer
- Pulse Oximeter
- Suction Apparatus
- Glucometer
- Sphygmomanometer
- Stethoscope
- Thermometer
- Cardiac Monitor
- Steam Inhaler
- Ventilator, Body Warmer
- Fetoscope
- Oxygen Cylinder
- CTG
- FHS
- Computer
- Infusion Pump
- Assist During Pre And Postnatal Care, And Normal Delivery.

CLINICAL EXPERIENCE DURING THE COURSE

First year

I. Fundamentals of nursing including CSSD lab and radiology- MES medical college perinthalmanna.

Second year

- I. Medical and surgical ward , various ICU, casualty, operationtheatre, pathology and blood bank, - MES Medical College Perinthalmanna.
- II. Community Health Centre - Kolattoor, Perinthalmanna.
- III. Various PHC

Third year

- I. Medical and surgical ICU , dialysis, pediatric and neonatal ICU, pediatric medical ward – MES medical college perinthalmanna.
- II. Oncology ward _ Amala medical college Hospital Trissure.
- III. Advanced medical and surgical nursing _ Metro Hospital Calicut.
- IV. Mental health nursing _ Govt. Mental Hospital Calicut.

Fourth year

- I. Obstetric and Gynecological Nursing – Govt. Taluk Hospital Nilambur.
- II. Community Health Nursing – Dindigal Tamilnadu.

PATIENT CARE AND RESPONSIBILITIES

- Provide immediate care in extreme life threatening emergencies and rapid grasp of a problem.
- Render comprehensive care by promoting a healing climate and providing healing climate.
- Patient assessment and reassessment and maintenance of nurses notes.
- Check the vitals of the patient every hourly along with date and time (Eg- BP,RT feeding, drainage etc.) including pre and post procedure care and documentation.
- Maintenance of intravenous fluids.
- Administration of medications in time (Eg- OD, BID, TID, QID, Stat, SOS etc.)
- Hot and cold application (Eg- ice bag, hot water bag, cold compress, sterile hot compress and cold sponge).
- Personal hygiene including assist in activities of daily living.
- Tracheostomy care of the patient (Eg- suctioning and tracheostomy dressing).
- Care of pressure sore (frequent back care and positioning).
- Familiar with all protocols, administration of blood and blood products and care of immune compromised patients.
- DVT prophylaxis
- Surgical dressing.
- Suctioning.
- Prevention of aspiration.
- Steam inhalation.
- Nasogastric and peg tube feeding.
- Care of ICD.
- Blood transfusion
- Care of invasive catheters (IV cannula, Foley's catheter).
- Urinary catheterization
- NG tube insertion
- Perform the following nursing procedures.
 - # Wound dressing
 - # Enema
 - # Bladder irrigation
 - # Collection of sterile specimens like blood, urine, stool and sputum
- Prepare instruments for examination and assist during examination and treatment
 - # Monitor the ECG
 - # ECG recording
 - # Continuous cardiac monitoring
 - # Record GCS
- Maintaining records and reports.
- Cope up with the hospital policies.

REFERENCES

Mrs. Mangala Jyothi spencer, Principal
MES College of Nursing
Perinthalmanna,
Malappuram Kerala, India

Mrs. Nirmala sunil , Vice principal
MES College of Nursing
Perinthalmanna,
Malappuram Kerala, India

DECLARATION

Hence I requested your good self to grant me an opportunity to serve in your reputed hospital. I assure you my sincere services to the Patients; here with please find enclosed my resume for kind reference. The above statements are thoroughly accurate, true and best of my knowledge and belief.