# RESHIMIM.A StaffNurse

Seeking an opportunity to utilizemy skills and qualifications in a collaborative environment, making a meaningful impact andadvancing my professional journey



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Kottarathil (House) Mannanam.P.OKottayam

# EDUCATION

St.Marcellinas Girls High School, Nattssery, Kerala, Kottayam SSLC-March 2011- Marks Obtained 73%

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- MT Seminary Higher Secondary School, Kerala, Kottayam PlusTwo-March-2013- Marks Obtained - 86% Indira Gandhi College of Nursing, Bangalore
  - B.SCNursing- August 2013- April 2017 Marks Obtained 66%

### REGISTRATION

Karnataka Nursing Council Reg No 88774 RegistrationDate02/04/2018

#### EXPERIENCE

Staff Nurse Yashoda Hospital Secunderabad-07<sup>th</sup> November2017- 19<sup>th</sup> September 2020 - MICU

Yashoda hospital is a group of 800 beded multi super speciality with modern facilities of art a personal expertise. I worked in the medical ICU. This hospital which made efficient and excellent in managing all the medical and surgical condition.

#### KNOWLEDGEINHANDLINGOFEQUIPMENTS

Thermometer ,Ventilator ,Bipap ,B.P Apparatus Weighing Machine,Cardiac Monitor, Defibrillatorm ,ECG Machine Emergency Trolley , Pulse oximeter , Glucometer ,Suction apparatus Infusion pump ,Syringe pump ,Steam Inhaler ,Ambu Bag , Arm Sling , DVT Machine ,Laryngoscope .

# LANGUAGES

Malayalm	
English	
Telugu	
Hindi	
Arabic	

## INTERESTS

- Reading
- Travel

## PatientsTakenCare

- Surgical Patients
- Cardiac Disease
- Respiratory
- Vascular Surgery Cases
- Pulmonary Cases
- Pneumonia
- Asthma
- ARDS

## PULMONARYCASES

- COPD
- Pneumothroax
- Emphysema

## PERSONALDETAILS

Father'sName:Anandha Krishnan V.C Date of Birth : 04/01/1995 Religion : Hindu

MaritalStatus:Single

#### CareerGapHistory

- 25 September 2020 07 January 2021 Flights and processing for Saudi delayed due to COVID 19
- 08 January 2024 resign job for studing OET.

#### HANDLINGOFEQUIPMENTS

- > Thermometer
- Ventilator
- Bipap
- B.P.Apparatus
- > Weighing machine
- Cardiac Monitor
- Defibrillator
- ECG Machine
- Emergency Trolley
- Pulse Oxymeters
- Gluco meters

StaffNurseDallahHospitalSaudiArabiaRiyadh-08th January 2021 -08th January 2024 -NICU

Works as a staff nurse in neonatal intensive care unit. Saud Commission for health specialist registration number 21291277 date of registeration 24<sup>th</sup> June 2021.

Work Assessment of the patient ,Attend the patient's physical and Psychological needs, Insertion of IV Cannula,RT tube and Urinary Catheter and It's Removal, Management of I V fluid, Blood transfusion ,Oxygen administration, Steam inhalation, nebulization Care of parents On Ventilator Bi-pap, tracheostomy Care Specimen collection Taking ECG , Prepare the patient for any procedure, Maintaining I/O Chart,R.T Feeding,Oral Feeding and PEG Feeding. Adminstration of Medications through correct route

Maintaining patient's records \*Preparing the patient for surgery

\*Adminstration of post-operative medication.

\*Prevention and treatment of bed sore. \*Admission

and Discharge process .

\*Maintains personal hygiene \*Taking CareofI. Vlines,CVPand ICD.

\*Supervising proper disposal of biomedical wastage in units.

- Suction apparatus
- Infusion Pump
- Syringe Pump
- Steaminhaler
- Ambu Bag
- Armsling
- DVT Machine
- Nebulizer Machine
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## PREPARATIONOFPATIENTSFOR

- Ultra Sound Abdomen
- Barium Swallow
- Bronchoscopy
- Endoscopy
- Colonoscopy
- ECHO
- Pigtail Catheterization
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#### COMPUTERKNOWLEDGE

MS-OFFICE Basic Knowledge

#### DUTIESANDRESPONSIBILITIES

- To deliver high quality speciality care titill and high risk patients from admission to until discharge.
- Preparation of Patients Physically and mentally before and after Surgery
- In sertion of IV lines and preparation of parenteral nutrition.
- Calculation of drug dosage and administration.
- Collection of bloods amples
- > Maintaining strict isolation for in fected patients.
- > Transportation of patients.
- Take necessary care of equipments and nursing tems.
- Assist physicians as needed and give them support a emergency situations
- Assist physicians when they needed.
- Keeping good relationship with doctors, staff, superiors, patients and relatives.

#### PROCEDUREASSISTED

- Bolld Transfusion
- Minor Biposy (Bone & Muscle Biposy)
- Drain Removal
- Resuscitation
- Tracheostomy
- Endoscopy
- Catheterization
- Rylestubeinsertion

#### DECLARATION

I here declare that the information provided here in is fully accurate to the best of my knowledge and belief.

#### **RESHMIM.A**

## REFERENCE

Mrs. Meera Augstine Nursing Superintendent YashodaHospital Secunderabad Ph:9704729816 Ms.Keshia Isobel Baselonia Charge Nurse DallahHospital,Riyadh keshhzzbaselonia@gmail.com 551376963

Ms.FranciscaVillamil Director of Nursing DallahHospital,Riyadh info@dallah-health.com