



ASIF M A

RESPIRATORY THERAPIST

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PERSONAL DETAILS

Date of Birth:
03/06/1997

Gender
Male

Mother's Name:
Seenath

Father's Name:
M A Ashraf

Nationality:
Indian

LANGUAGE

Malayalam - Native

English - Advanced

Russian - Elementary

Hindi - Beginner

Tamil - Beginner

Kannada - Beginner

Summary

Dedicated and compassionate respiratory therapist with one year of internship experience, adept in critical care, diagnostics, and patient education. Proficient in respiratory procedures, ventilator management, and interdisciplinary collaboration. Seeking opportunities in critical care, diagnostics, or teaching to apply expertise and contribute to superior patient care and education.

Education Background

● Secondary School Examination (CBSE)

2012-2013

S N Vidya Bhavan Senior Secondary School,
Chentrappinni, Thrissur, Kerala

● All India Senior Secondary School Examination (CBSE)

2013-2015

S N Vidya Bhavan Senior Secondary School,
Chentrappinni, Thrissur, Kerala

● Bsc. Respiratory Therapy

2020-2024

K S Hegde Medical Academy, NITTE Deemed to be University,
Mangaluru, Karnataka

Professional Development Activities

- Attended **MANIPAL RESPICARE'22** CME and Workshop held at MCHP, MAHE, Manipal-Karnataka
- Attended **RESCARE 2022** National Conference of the Indian Association of Respiratory Care and Workshop held at Kochi-Kerala.
- Attended Online CME "**COVID 19 Training for Healthcare Workers**" by Stanford University School of Medicine.
- Attended **RESCON 2023** Regional Conference of the Indian Association of Respiratory Care Bangalore-Karnataka
- Attended CME themed "**ASTHMA CARE FOR ALL**" on World Asthma Day 2023 held at K S Hegde Medical Academy, Mangaluru- Karnataka.
- Attended **N-VISION 2024** International Conference and Medical Expo held at K S Hegde Medical Academy, Nitte Deemed to be University, Mangaluru-Karnataka

SKILLS

- Intubation
- Central Venous Catheterization
- Arterial blood gas analysis
- Critical Care
- Noninvasive Ventilation (BiPAP & CPAP)
- Tracheostomy Care
- Cardiopulmonary Resuscitation
- Pulmonary Rehabilitation
- Airway Management
- Assist Interventional Pulmonology
- Chest Ultrasonography
- Chest Physical Therapy
- Polysomnography
- Pulmonary Function Testing
- Allergy Skin Testing
- ICD Care
- Respiratory equipment setup
- Interdisciplinary Collaboration
- MS Office
- Teamwork and Collaboration
- Multitasking Abilities

PRESENTATIONS

- Presented Scientific Paper on title "*Association of mediastinal lymph node sonographic characteristics on endobronchial ultrasound and cytology*" **RESCARE 2022, 15th National Conference of the Indian Association of Respiratory Care** held at Kochi-Kerala
- Presented Poster on title "*Mumps Pneumonia with ARDS - A Forgotten Entity*" in **N-VISION 2024 International Conference and Medical Expo** held at **K S Hegde Medical Academy, Nitte Deemed to be University, Mangaluru- Karnataka**

TRAINING AND VOLUNTEER WORK

- Attended Pre-monsoon Online Training conducted by Directorate of Samoochika Sannadhasena, Government of Kerala. 2020
- Attended Walkathon to create awareness on Save Our Oceans conducted by NUCSER, Mangaluru, Karnataka 2022
- Volunteered in World Hand Hygiene Day conducted by Department of Hospital Infection Control, Justice K S Hegde Charitable Hospital Mangaluru, Karnataka 2022

DECLARATION

I hereby declare that all the information provided above is true to the best of my knowledge and belief.

Place: Mangalore
Date: 17/05/2024

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Experience

• Intern - Respiratory Therapist

2023 August - 2024 August

Justice K S Hegde Charitable Hospital, Mangaluru, Karnataka

Key Duties:

- Performing and interpreting polysomnography, CPAP titration, Nap study.
- Performing and interpreting Allergy skin test
- Perform, assess and interpret Pulmonary Function testing Such as Spirometry + BDR, DLCO, Six Minute Walk test, Peak Expiratory Flow.
- Performing and interpret lung USG
- Assisting in interventional pulmonology procedures like Flexible Bronchoscopy, Rigid Bronchoscopy, Thoracoscopy, Convex and radial Endobronchial ultrasound (biopsy, FNAC), Foreign body removal, Stent Placement, Cryotherapy, cryoablation, electrocautery, Balloon dilatation etc.
- Assisted in USG Gided Therapeutic Pleural aspiration and Diagnostic Pleural aspiration, Pleurodesis, ICD Insertion, CT guided and USG Guided Lung Biopsy and ands FNAC.
- Perform Endotracheal Intubation, Laryngeal Mask Intubation.
- Perform and Interpret Arterial Blood Gas and make decision on treatment according to the result.
- Perform Central Venous Catheterization under supervision.
- Perform Trachostomy care, ET tube care, ICD care, ICD Dressing, ICD Removal.
- Responded to emergency code and immediately initiate treatment.
- Provided emergency airway management support during critical situations, contributing to successful resuscitation efforts.
- Assessing and managing patient with respiratory diseases such as COPD, Asthma, ARDS, TB, ILD ect
- Managing disease specific ventilation such as COPD ventilation, ARDS ventilation etc.
- Performed weaning and extubation of patient.
- Perform Chest physical therapy and bronchial hygiene therapy.
- Administered prescribed medications via aerosol therapy, promoting symptom relief and improved quality of life for patients with chronic respiratory conditions.
- Collaborated with multidisciplinary team members to ensure optimal patient care and timely discharge planning.
- Setup and monitoring of mechanical ventilation, ensuring appropriate settings for each patient's unique needs.
- Troubleshooting of respiratory equipment's such as mechanical ventilators, CPAP/BiPAP Devices, DLCO/spirometer.
- Performing proper disinfection and sterilization of equipment such as bronchoscope, biopsy forceps etc
- Educate the patient How to use Inhaler technique and breathing exercise, incentive spirometry.
- Educated patient and family on patient's illness and available remedies.

Reference

Dr Giridhar B H

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Dr.Nandakishore B

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