



Aleesha mathew

Staff Nurse

Details

Address

Marippurath H
Chandanakampara p.o
Payyavoor Kannur Kerala
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India

Phone

8547755392

Email

aleesha2402mathew@gmail.com

Date / Place of birth

24-02-2000
Kerala, kannur

Nationality

Indian

Profile

Professional Registered nurse with a passion for supporting healthcare needs through empathetic patient service, engagement, communication, and education. Strong talent for cultivating and maintaining relationships, partnering with physicians, nursing staff, administrative teams, and patients/families to ensure positive experiences and health outcomes.

Internship experience

Internship in mother and child department , Student nurse

Dec 2022 – Apr 2023 📍 MCH hospital Karnataka,udupi

Provide effective, engaged care for up to 10 patients per shift.

- Consult with Physicians and colleagues to develop and execute healthcare plans, ensuring alignment with patient needs.
- Manage patient medications, assessing prescriptions and dosages for contraindications.
- Assisted in conducting deliveries and in neonatal and child care.
- Meet with patients, caregivers, and families to provide health education and address healthcare inquiries.
- Secure patient samples and administer medications in adherence to Physician orders.

Education

VIDYARATHNA COLLEGE OF NURSING UDUPI , Bachelor of Science in Nursing

Aug 2019 – Oct 2023 📍 Karnataka udupi

Government higher secondary school , Pre university course in Biological science with maths

Jul 2016 – Mar 2018 📍 kannur,sreekandapuram

Cherupushpa highschool , High school

Jun 2013 – Mar 2016 📍 Chandanakampara, Payyavoor

Clinical Experience

Mother and child hospital

May 2023 – Aug 2023 📍 Karnataka udupi

- Engaged with diverse patients and families to ensure optimal care in high-stress environment.

Skills

Decision Making

Problem Solving

Teamwork

Leadership

Communication

Adaptability

Fast Learner

Effective Time Management

Communication Skills

Trustworthy

Critical Thinking Skills

Patient Care

Patient & Caregiver
Engagement

Physician Partnership

Medication Management

Immunization

Data Confidentiality

Health Education

- Collected samples, administered medications and immunizations, and monitored vitals for pediatric patients.
- Assisted in Normal deliveries administered medications and immunization, and monitored vital signs for the maternal mothers and post maternal mothers.

General medicine

Jun 2022 – Aug 2022 📍 Karnataka udupi

Mental health nursing, A.V. Baliga

Jul 2022 – Aug 2022 📍 Doddangudde, Udupi, Karnataka

Research study

Oct 2021 – Nov 2022 📍 Udupi

Research study done under professor M.K.Ramesh, on Effectiveness of planned teaching program in final year nursing students regarding Arrhythmia at Vidyaratna college of nursing, Udupi.

Hobbies

Listening music, Travelling,
playing badminton.

Languages

English



Malayalam



Kannada

