

CURRICULUM VITAE

Ms. CHELSA T R

Thayil House

Chethy P O Chennavely

Alappuzha(Dist) Kerala- 688530

Contacts: +91 8848926549

Email ID: chelsaraju2000@gmail.com

CAREER OBJECTIVE

To be able to work in a hospital that offers excellent working conditions which will enable me to put in to practice my skills of servicing and caring for patients in emergency or other ways without prejudice and also to be able to update myself with the latest development in the field of nursing.

INTERPERSONAL SKILLS

Self-motivated professional with commitment to provide quality nursing care with strong organizational and communication skills.

PERSONAL DETAILS

Post applied for	:	Staff nurse
Age & Date of Birth	:	23 years (30/10/2000)
Sex	:	Female
Religion	:	Christian
Marital status	:	Single
Father's Name	:	Mr. Raju
Mother's Name	:	Mrs. Ambily
Permanent address	:	Thayil House, Chethy P O Alappuzha-688530
Nationality	:	Indian
Languages Known	:	English, Malayalam, Tamil
Hobbies	:	Reading, Writing, Dancing

EDUCATIONAL QUALIFICATION

Qualification	Name of Institute	Board of Exam	Year of Pass
Plus Two	St. Francis Assissi Higher Secondary School, Arthunkal	Board of HSE Kerala	March 2018
SSLC	St. Francis Assissi Higher Secondary School, Arthunkal	Board of Public examinations Kerala	March 2016

PROFESSIONAL QUALIFICATION

Qualification	Name of Institute	University	Year of Pass
B.SC. Nursing	Thasiah College of Nursing, Kanyakumari	Dr. M.G.R Medical University Chennai	2019 - 2023

RESPONSIBILITIES

- ❖ Meet the physical, psychological, spiritual and nutritional needs of the patients.
- ❖ Taking baseline vital signs and record.
- ❖ Provide immediate and effective nursing measure equally to all patients admitted in your ward
- ❖ Maintain confidentiality of information regarding patient file.
- ❖ Attending doctors rounds and carryout doctors order accurately and safely.
- ❖ Co-ordinate with all staff and giving open hand to those staff that needs help.
- ❖ Provide pre-operative and post-operative care.
- ❖ Maintaining the high standard of injection control.
- ❖ Collect blood and other samples for investigation as per doctors order.
- ❖ Maintain records and reports accurately.
- ❖ Giving health teaching for preventive, promotive and rehabilitative care.
- ❖ Teaching of students
- ❖ ECG taking
- ❖ Admission, discharge, transfer in hospital to other hospital, DAMA.
- ❖ Assisting for arterial line insertion.
- ❖ Sterile techniques during sterile preparations

SKILLS INCLUDE

- ❖ Basic nursing skills in the complete comprehensive care of the patients.
- ❖ Wound dressing, assisting suturing, surgical skin preparation, pre and post operative care.
- ❖ Oral and topical administration of medicines.
- ❖ Administration of injections through different sites like intramuscular, intravenous, subcutaneous and intra dermal.
- ❖ Immobilization and ambulation by the use of splints, restrains .tractions and applications of bandages.
- ❖ Monitoring vital signs ,FHS.
- ❖ Cannulization.
- ❖ Physical examination and palpation.
- ❖ Admission and discharge procedure.
- ❖ Blood collection and transfusion of blood and its components.

PROFESSIONAL ATTITUDE

- ❖ Hardworking and sincere
- ❖ Punctual
- ❖ Trustworthy
- ❖ Polite and has patience

PERSONAL QUALITIES

- ❖ Social and friendly
- ❖ Obedient
- ❖ Good communication skills
- ❖ Active participate
- ❖ Helping mentality
- ❖ Teaching skills
- ❖ Leadership skills

DECLARATION

I hereby declare that the above furnished details are true and correct to the best of my knowledge and belief.

Place : Alappuzha

Chelsa T R