

# BLESSY MARIYA

## Nurse

+91 7907096990

blessymariya5@gmail.com

Idukki, Kerala

### SUMMARY

Dedicated and compassionate registered nurse in providing exceptional patient care in various healthcare settings. Proficient in conducting comprehensive assessments, developing individualized care plans, and implementing evidence-based practices to promote optimal health outcomes. Skilled in collaborating with interdisciplinary teams to coordinate and deliver high-quality care. Known for excellent communication skills and ability to establish rapport with patients, families, and colleagues. Committed to ongoing professional development and maintaining current knowledge of industry best practices and healthcare advancements.

### SKILLS

#### Clinical Skills

Patient assessment | Vital signs monitoring | Wound care management | Medication administration | Intravenous (IV) therapy | Catheterization | Tube feeding management

#### Others

Patient Education | Medical Equipment Proficiency | Basic Life Support (BLS) | Advanced Cardiovascular Life Support (ACLS) | Pediatric Advanced Life Support (PALS) | Infection Control | Interdisciplinary teamwork | Communication with physicians and other healthcare professionals

### EDUCATION

Bachelor of science in Nursing	Srinivasan College Of Nursing, Perambalur	Sep 2019 - Oct 2023
Higher secondary education	Govt. HSS, Rajakkad	June 2017 - March 2019
SSLC: 10th	SNVHSS, NR city	June 2016 - March 2017

### OTHER PROFESSIONAL EXPOSURE

15 days of intense training at Athma hospitals and research, Tiruchirappalli, and undergone training in fundamentals of mental health. Gained knowledge in handling psychiatric patients and nursing procedures.

### LANGUAGES

- English
- Malayalam
- Tamil