

LINTA SEBASTIAN

DIETITIAN

As a dedicated and compassionate dietitian, I am passionate about helping individuals achieve their health through personalized diet planning. I have honed my skills in tailoring dietary recommendations to meet the unique needs of each person, empowering them to make lasting changes for a healthier lifestyle.



INTERNSHIP

Online internship programme in 'Clinical Nutrition' at Appolo Hospital, Hyderabad (Feb - Mar 2021)

6 months internship at Bangalore Baptist Hospital (Jan - June 2023)

SKILLS

- ◆ Expert in personalized diet planning
- ◆ Interpersonal skills
- ◆ Time management
- ◆ Good team player
- ◆ Presentation skills


TECHNICAL SKILLS


Ms office : Word, Excel, PowerPoint

LANGUAGES

- ◆ Malayalam
- ◆ English
- ◆ Hindi

CONTACT

 7356990219

 lintasebastian04@gmail.com

 Vypana (H), Vallichira P.O, Pala

EDUCATION

2015 - 2016

St. Mary's G. H. S. S, Pala
S. S. L. C - 97%

2016 - 2018

St. Mary's G. H. S. S, Pala
Plus two - 87%

2018 - 2021

Alphonsa College, Pala

B. Sc Clinical Nutrition and Dietetics - B grade

2021 - 2023

Alphonsa College, Pala

M. Sc Clinical Nutrition and Dietetics - B grade

REFERENCE

Mrs. Binu Emmanuel

Assistant Professor

Dept. Of Clinical Nutrition and Dietetics

Alphonsa College, Pala

Mob : +91 9446122439