LINTA **Sebastian**

DIETITIAN

As a dedicated and compassionate dietitian, I am passionate about helping individuals achieve their health through personalized diet planning. I have honed my skills in tailoring dietary recommendations to meet the unique needs of each person, empowering them to make lasting changes for a healthier lifestyle.



INTERNSHIP

Online internship programme in 'Clinical Nutrition' at Appolo Hospital, Hydrabad (Feb - Mar 2021)

6 months internship at Bangalore Baptist Hospital (Jan - June 2023)

SKILLS

- Expert in personalized diet planning
- ◆ Interpersonal skills
- ◆ Time management
- ◆ Good team player
- Presentation skills

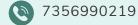
TECHNICAL SKILLS

Ms office: Word, Excel, PowerPoint

LANGUAGES

- ◆ Malayalam
- English
- ◆ Hindi

CONTACT



🔁 lintasebastian04@gmail.com

Vypana (H), Vallichira P.O, Pala

EDUCATION

2015 - 2016 St. Mary's G. H. S. S, PalaS. S. L. C - 97%

2016 - 2018 St. Mary's G. H. S. S, Pala Plus two - 87%

2018 - 2021Alphonsa College, PalaB. Sc Clinical Nutrition and Dietetics - B grade

2021 - 2023 Alphonsa College, Pala

M. Sc Clinical Nutrition and Dietetics - B grade

REFERENCE

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