

# CHRISTY P C

## REGISTERED NURSE

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### OBJECTIVE

Highly skilled NICU Registered Nurse with more than 1 year of experience in Level 3 NICU. Possess active RN License, certifications in BLS and NRP. Committed to providing exceptional patient care and support.

### EXPERIENCE

#### 1. NICU Registered Nurse-Bangalore Baptist Hospital- (2023 January-Present)-1.4 years

Provided direct patient care in a level 3 NICU, managing 3 critically ill neonates per shift.

- Assess, evaluate and care for neonatal patients.
- Administer medications, fluids and check vital signs on critically ill newborns.
- Use advanced equipment such as incubators, ventilators, and cardiac monitors to deliver precise and tailored care to newborns.
- Implemented evidence based infection control practices, resulting in a 10 % reduction in infection rates within the unit.
- Communicate with family members and loved ones to provide information about Patient care, treatments and medical options.
- Follow policies, procedures and hospital regulations for protocol compliance and patient safety.
- Collaborated with interdisciplinary teams to ensure comprehensive care of neonates and their families.
- Guide and educate parents and caregivers on diagnosis, disease management, preventive measures, medication use and self care to foster consistency in care administration.

### CONTACT

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Alleppey,Kerala-688501  
DOB-19-03-2001  
Marital Status-Single

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### SKILLS

- Critical care- Neonatal Intensive Care Unit
  - Direct Patient care
  - Patient advocacy
  - Patient monitoring
  - Infection control and aseptic procedures
  - Ventilator management
  - Central line insertion
  - Intravenous medical administration
  - Wound Care
  - Electronic medical records
  - Crisis Management
  - Strong clinical judgment
  - Communication skills
  - Microsoft word, Excel
  - Critical thinking
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### EDUCATION

BSc Nursing-Rajiv Gandhi University-  
Chinmaya institute of Nursing-2022-82%

Plus two-Kerala State Board-St.Mary's HSS  
Champakulam-2018-82%

SSLC-Kerala State Board-H F G H S  
Kainakary-2016-97%

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## CLINICAL EXPERIENCE

<b>1.BSc Nursing 1<sup>st</sup> year</b> <ul style="list-style-type: none"><li>• <i>Medical ward</i></li><li>• <i>General ward</i></li><li>• <i>Surgical ward</i></li><li>• <i>Laboratory</i></li><li>• <i>Infection control</i></li><li>• <i>CSSD</i></li><li>• <i>Ortho ward</i></li><li>• <i>Pulmonary ward</i></li></ul>	<b>2.BSc Nursing 2<sup>nd</sup> year</b> <ul style="list-style-type: none"><li>• <i>Medical ICU</i></li><li>• <i>Surgical ICU</i></li><li>• <i>Casualty</i></li><li>• <i>Medical &amp; Surgical Ward</i></li><li>• <i>Ophthalmology &amp; ENT Ward</i></li><li>• <i>Dermatology Ward</i></li><li>• <i>Community Health Nursing</i></li></ul>
<b>3 .BSc Nursing 3<sup>rd</sup> year</b> <ul style="list-style-type: none"><li>• <i>Pediatric ward</i></li><li>• <i>Neonatal ICU</i></li><li>• <i>Pediatric ICU</i></li><li>• <i>Oncology Ward</i></li><li>• <i>Dialysis Unit</i></li><li>• <i>Psychiatric Department</i></li></ul>	<b>4 .BSc Nursing 4<sup>th</sup> year</b> <ul style="list-style-type: none"><li>• <i>Labour room &amp; ONT</i></li><li>• <i>Antenatal &amp; Postnatal ward</i></li><li>• <i>Community Health Nursing</i></li><li>• <i>Nursing Administration</i></li><li>• <i>NICU</i></li><li>• <i>MICU</i></li></ul>

## TRAINING/CERTIFICATIONS

- Active member of JUNIOR RED CROSS with a B level A grade certificate
- Neonatal Resuscitation Programme (NRP) Certification.
- Basic Life support (BLS) Certification.
- Participated in PPT & Video Presentation on the topic Breast feeding Conducted By SNA Chinmaya Institute of Nursing
- Participated in the seminar on TRANSFORMATIONAL LEADERSHIP INVEST IN NURSING Conducted by Association of Nurse executives(INDIA)

## LANGUAGES KNOWN

- English
- Malayalam

## REFERENCE

- PROF. MR. PRABHUSWAMY  
A.C | Principal | Chinmaya  
Institute Of Nursing, Bangalore |  
9886212797