

# RESUME

## **NAMITHA B**

Krishnalayam (HO)

Kottappuram (Po)

Palakkad, Kerala

Pin : 679513

Mob : 6235445337

E-Mail : [namithanamizz2411@gmail.com](mailto:namithanamizz2411@gmail.com)

## OBJECTIVE

To secure a position as a staff nurse in comprehensive health care system that provides continual training with established standards of practice, performance and opportunities for advancement.

## QUALIFICATION

- ❖ BSc Nursing from S C S College of Nursing Sciences, Mangalore in the year 2023
- ❖ Plus Two from Karimpuzha Higher Secondary School, Kerala in the year 2019
- ❖ S S L C from Karimpuzha Higher Secondary School, Kerala in the year 2017

## TRAININGS

- ✓ Learning includes.
  - Helping the doctor's in checking the patient.
  - Performing basic check- up like BP, Weight etc...
  - Attending patient's need based treatments like bandage, injection etc...
  - Daily checkup of patients.
  - Responsible for daily dose and routine injection of patient.
  - Attending patient in the ICU Ward.
  - Attending Labour cases.

### PERSONAL SKILLS:

- Good in Communication & Interpersonal Skills
- Self-Motivation and Smart work
- Confident
- Adapting to changing circumstances
- Sense of responsibility and Leadership qualities
- Learning from failure
- Strength (positive attitude, punctuality, good listener).

### PERSONAL DETAILS :

Father's Name	: Babu Panekkad
Mother's Name	: Preetha NS
Date of Birth	: 24 november 2001 (24-11-2001)
Nationality	: Indian
Marital Status	: Single
Sex	: Female
Languages known	: English, Malayalam, Tamil, Kannada
Extra-Curricular Activities	: Stock Management, Ward Administration, Reading, Listening, Attending conference

## EDUCATIONAL QUALIFICATION

### PROFESSIONAL QUALIFICATION:

<b>Course</b>	<b>Institution</b>	<b>University</b>	<b>REG No.</b>	<b>Period of study</b>	<b>Year of Passing</b>			
B.Sc Nursing	SCS College of Nursing Sciences, Mangalore	Rajiv Gandhi University of Health Sciences	19S5263	2019 - 2023	2023			
						<b>Marks Obtained</b>		<b>Percentage of marks obtained</b>
						1 <sup>st</sup> year		68%
						2 <sup>nd</sup> year		67%
						3 <sup>rd</sup> year		78.5%
						4 <sup>th</sup> year		74.8%

### ACADEMIC QUALIFICATION

<b>Qualification</b>	<b>Institution</b>	<b>Percentage obtained</b>	<b>Year of passing</b>
Plus Two	Karimpuzha Higher Secondary School, Thottara Palakkad, Kerala	77.8%	2019
SSLC	Karimpuzha Higher Secondary School, Thottara Palakkad, Kerala	95.8%	2017

### RESEARCH DETAILS :

" A study to assess the effectiveness of an information booklet in terms of gain in knowledge regarding health problems related to excess intake of junk food for a prolonged time among second year B.Sc. Nursing students in a selected nursing college mangalore".

### DUTIES AND WORK CARRIED OUT IN A PROFESSIONAL COURSE :

- Fundamental Nursing : Wenlock District Hospital Mangalore.
- Medical Surgical Nursing : Wenlock District Hospital Mangalore.
- Psychiatric Nursing : Father Muller Medical College Hospital, Mangalore
- Child Health Nursing : RNTCP Wenlock Hospital Mangalore.
- OBG Nursing : KMC Hospital, Attavar, Mangalore.
- Internship : KMC Hospital, Attavar, Mangalore.

### EXPERIENCES :

Practice as a intern in ward, ICU, PICU, NICU, POST OP WARD, Pre Operative Ward, Emergency Ward ,OT and Casuality during internship period.

### EQUIPMENT USED WITH:

- Defibrillators
- Cardiac Monitors with Central Monitoring System
- Monitoring of ECG , BP, Oxygen Saturation, Respiration,
- Peripheral Temperature Electronic Nebulizer
- Glucometer
- ECG Machine
- ABG Machine
- External Pace Maker

- Electronic Syringe and infusion pumps
- Ventilator etc.

CAPABLE ASSISTING THE FOLLOWING PROCEDURES:

- Endotracheal intubation
- Insertion of Intravenous catheter
- Insertion of inter costal drainage tubes
- Aspiration of pleural effusion
- Lumbar puncture
- Insertion of epidural catheter
- Dialysis

DECLARATION

I hereby declare that all the information furnished above is true to the best of my knowledge and belief.

Place : Kottappuram

NAMITHA B

Date :