

Dr. Sinu Asha Thomas

BDS, MHA, CPHQ (NAHQ), CQIA (ASQ), CPQIH

Achieved Master's in Healthcare Administration with a good skill in communication, healthcare quality and process improvement, healthcare data analytics, basic knowledge in finance and accounting, and with good clinical background. Highly motivated and passionate CPHQ and ASQ Certified Quality Improvement Associate with a goal to serve in improving the process of delivering patient experience and clinical outcomes through efficient utilization of resources in healthcare Institution that helps in strategic planning. Seeking good opportunities in hospital and healthcare sector in the quality and operations department.



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EDAPALLY , ERNAKULAM DISTRICT



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EDUCATION

Masters In Hospital Administration Amrita Institute of Medical Science

11/2021 - 01/2024

Bachelors of Dental Surgery Government Dental College, Kannur

10/2010 - 03/2016



CERTIFICATES

Certified Professional In Healthcare Quality (CPHQ) (07/2021 - 12/2025)

Certification ID: 334912 National Association For Healthcare Quality

Certified Quality Improvement Associate(CQIA) (10/2020 - Present)

American Society for Quality

Certificate in Healthcare Project Management

through DHGE scholarship-American University, Washington DC

Certified Professional for Quality Implementation In Hospital (CPQIH)-Basic (05/2023 - Present)

CAHO



WORK EXPERIENCE

Quality And Administrative Intern

Department of Quality Control , Aster Medcity (JCI and NABH accredited)

09/2023 - 01/2024

Achievements/Tasks

- Spearheaded observational study with project title 'A study to assess the appropriateness to triage banding , monitor the turnaround time for disposition of triaged patients at Emergency Department of Aster Medcity Kochi'
- Collaborated with the quality team for the preparation of external auditing by NABH team
- Assisted in surveillance audit conducted in the hospital
- Assisted in multiple validation audit conducted in hospital and submitted reports
- Used different quality tools to analyse data



SKILLS

Teamwork and collaboration

Strong leadership skill

Proficient in MS Office including Excel, Word, Powerpoint, SPSS, DEA web-research , email and social media

Promoting Culture of quality and patient safety

Organizational skill and time management

Decision making skill

Knowledge in Quality tools

Self-motivated

Creative Thinking

Passionate to learn new subjects

Analytical skill critical thinking

Workflow planning



ACHIEVEMENTS & ACTIVITIES

Underwent 15 days of hands-on training in Emergency Medicine Department of Government Dental College, Kannur.

33rd Jawaharlal Nehru National Level Science Exhibition For Children

Participated in 33rd JAWAHARLAL NEHRU NATIONAL LEVEL SCIENCE EXHIBITION FOR CHILDREN 2006 conducted by NCERT at PUNE, MAHARASHTRA

WORK EXPERIENCE

General Dentist

The Dentist Orthodontic And Implant Centre, Adoor

05/2017 - 12/2017

Achievements/Tasks

- Examining patients and interpreting radiographs including IOPAR, OPG, CEPh, CT, and diagnosing the disease by reviewing the medical and dental history, periodontal charting, caries assessment, oral cancer screening. Performing dental X-rays and diagnosing oral problems
- Assisting senior dentist in examining, planning and performing implant procedures
- Restoring the form and function of carious, fractured or defective teeth
- Extensive knowledge of medical tools and equipment used in dental treatment
- Periodontal care including supragingival and subgingival scaling and root planning
- Prescribing medication according to the need.
- Teeth whitening and teeth cleaning
- Root canal procedure
- Tooth extraction, both surgical and non-surgical extraction, placing and removing sutures. advanced oral surgical procedures like alveoplasty, impactions, and biopsy
- Clinic management including patient management, history record keeping, etc

Dentist Intern

Government Dental College, Kannur

03/2016 - 04/2017

Achievements/Tasks

- Extractions, impaction, biopsy sampling, alveoplasty, operculectomy, casualty /on call duty (RTA management) OT assistance in orthognathic surgery and fracture management (ORIF).
- Composite, amalgam and GIC restorative fillings, composite splinting
- Root canal treatment (anterior and posterior) and digital radiography
- RPD and complete dentures, cementation of crowns
- Oral prophylaxis, conventional and user assistance in frenectomy and flap surgical procedure with bone grafting
- Impression making, Case analysis with ceph and study model, removable orthodontic appliance fabrication, assistance in cleft lip and palate management
- Deciduous extraction, filling ,scaling, pulpectomy, pulpotomy
- Clinical short case including lichen planus, leuoplakia, OSMF, candidiasis, etc. observed and treatment given
- Interpretation of radiographic examination

CONTINUOUS QUALITY EDUCATION

Clinical Audit (02/2024)

NATIONAL ACREDITATION BOARD FOR HOSPITAL AND HEALTHCARE PROVIDERS

Documentation Requirement for Patient Safety and Quality Improvement (02/2024)

NATIONAL ACREDITATION BOARD FOR HOSPITAL AND HEALTHCARE PROVIDERS

Continuing Professional Development (CPD) Programme : JCI (Joint Commission International) Standards for Hospitals, 7th Edition

GIHM

Teamwork in Healthcare- team STEPPS (02/2022)

CAHO, INDIA

ACHIEVEMENTS & ACTIVITIES

National Level CBSE Intel Science Exhibition 2006

Represented Kerala in the NATIONAL LEVEL CBSE INTEL SCIENCE EXHIBITION 2006 and received award for best working model-TSUNAMI INDICATOR in an event conducted by CBSE board.

Conducted awareness seminar on ORAL CANCER as a part of public health programs

DEPUTY PRIME MINISTER (Head girl) through election conducted by school in 2006

MEMBERSHIPS

National Association for Healthcare Quality (NAHQ) (04/2023 - Present)

Consortium of Accredited Health care Organisation (CAHO) (05/2020 - Present)

INTERESTS

Travel

driving

Reading

LANGUAGES

English

Full Professional Proficiency

Malayalam

Full Professional Proficiency