



# Dr. RAGA PANICKER MBBS, MS (ENT)

Post-Doctoral Fellow (Phonosurgery)



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## PROFESSIONAL EXPERIENCE

<b>Christian Medical College, Vellore</b> Post-Doctoral Fellowship in Phonosurgery	<b>October 2021 – Present</b>
<b>Christian Medical College, Vellore</b> Senior Residency in ENT (Rhinology and Anterior Skull Base Unit)	<b>January 2019 – July 2021</b>
<b>Cochin Hospital, Ernakulam</b> Consultant ENT Surgeon	<b>December 2018</b>
<b>KIMS Hospital, Thiruvananthapuram</b> Observership in Laryngology with Dr. Jayakumar R. Menon	<b>July 2018 – August 2018</b>

## PROFESSIONAL MEMBERSHIPS

- Registered with Travancore Cochin Medical Council as Registered Medical Practitioner [TCMC 50708]
- Life member of the Association of Otolaryngologists of India [AOI LM number 5530]
- Life member of the Association of Phonosurgeons of India [LM 431]

## SURGICAL EXPERIENCE

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| <ul style="list-style-type: none"><li>• Adenotonsillectomy</li><li>• Caldwell Luc surgery</li><li>• Endoscopic orbital decompression</li><li>• Endoscopic medial maxillectomy</li><li>• Endoscopic sinus surgery</li><li>• Lymph node biopsy</li><li>• Mastoidectomy</li><li>• Meatoplasty</li><li>• Neck dissection</li><li>• Partial and total maxillectomy</li><li>• Septoplasty – endoscopic and headlight</li><li>• Sistrunk operation</li><li>• Submucosal resection of septum, Turbinate reduction</li><li>• Tympanoplasty</li><li>• Tongue tie release</li><li>• Transoral excision of elongated styloid process</li><li>• Tracheostomy</li></ul> | <ul style="list-style-type: none"><li>• Arytenoid adduction</li><li>• Botox injection for vocal cord</li><li>• Difficult Laryngotracheal stenosis – management</li><li>• Endoscopic balloon dilatation for subglottic/tracheal stenosis</li><li>• Injection Laryngoplasty - Fat, Hyaluronic acid</li><li>• LASER cordectomies, cordotomy</li><li>• Microlaryngeal surgeries - vocal cord polyp, cyst, sulcus</li><li>• Microlaryngoscopy and debridement for respiratory papillomatosis</li><li>• MLS + biopsy for benign and malignant lesions</li><li>• Partial arytenoidectomy</li><li>• Partial cricotracheal resection and anastomosis</li><li>• Thyroplasty</li><li>• Tracheal resection and anastomosis</li></ul> |
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## RESEARCH EXPERIENCE, PRESENTATIONS AND PUBLICATIONS

### International Publications:

- Unusual complications of bone wax at the skull base (*Journal of Laryngology and Otology*, 2021)
- Study of the use of Methylene blue spraying in identification of Recurrent Laryngeal nerve during thyroid surgery (*Journal of Clinical and Diagnostic Research*, May 2018, Volume 12, Issue 5)
- The incidence of elongated Styloid Process in Chronic Tonsillitis (*International Journal of Otorhinolaryngology and Head and Neck Surgery*) - Accepted for publication in Volume 4, Issue 4, July 2018
- A comparative study between conventional nasal packing versus Nasal Splint with clip after septoplasty with bilateral reduction of inferior turbinates with bipolar cautery (*International Journal of Otorhinolaryngology and Head and Neck Surgery*) - Accepted for publication in Volume 4, Issue 4, July 2018
- Contributing author for ENT in 'Bate's guide to physical examination and history taking' - South Asian edition, published by Wolters Kluwer [ISBN – 13:9789388313223]
- Contributing author for ENT in 'Target JIPMER' Gateway to success, third edition by Wolters Kluwer

### Paper Presentations:

- Oral Paper presentation on "The incidence of elongated Styloid process in chronic tonsillitis" at Dr Sandra Nisha DeSouza
- PG Award Paper presentation at AOICON 2017 (Kolkata)
- Poster on "A comparative study between conventional nasal packing versus Nasal splint with clip after Septoplasty" at the 35th AOIKCON 2017 (Bagalkot), Karnataka
- Oral paper presentation - Phonocon 2023

### Recent Conferences Attended:

- Voicecon - Deenanath Mangeshkar hospital and research centre, Pune - September 2022
- Larynx 2022 - VPS Lakeshore hospital, Kochi , July 2022
- Midterm Phonocon 2022 , Chennai
- Workshop on Application of LASERs in treatment of Head and neck diseases , HCG hospitals, Bengaluru, April 2022
- KENTCON 2018 (Kochi)
- CME on Cadaveric Endoscopic Sinus Surgery, SSIMS and JJMMC, Davangere, December 2017

## EDUCATION

Year	Examination	Institution	Marks Obtained
2018	MS (ENT)	JJM Medical College, Davangere, RGUHS Bangalore	63.14%
2013	MBBS	Amrita Institute of Medical Sciences, Kochi	71.9%
2008	AISSCE (CBSE XII)	St.Peter's Senior Secondary School, Kadayiruppu, Kerala	91.8%
2006	AISSE (CBSE X)	St.Peter's Senior Secondary School, Kadayiruppu, Kerala	93.4%

## SCHOLASTIC ACHIEVEMENTS

Won the DBT Biology Scholarship from the Department of Biotechnology, Government of India for scoring 100% in Biology in the AISSCE examination held in the year 2008

Won third position in PG quiz competition (Ekalavya) in AOIKCON 2017, Bagalkot

## REFERENCES

- 1. Dr Suma Susan Mathews**  
Professor and unit chief  
Laryngology and airway surgery  
Department of ENT  
Christian medical college, Vellore  
email: sumasusanm@yahoo.co.in
- 2. Dr Rita Ruby Anbuselvi Albert**  
Professor  
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- 3. Dr Sheth Meet Chetan**  
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- 4. Dr Regi Kurien**  
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- 5. Dr Lalee Varghese**  
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- 6. K.P.BASAVARAJU**  
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