

CURRICULUM VITAE

Post Applied For: Staff Nurse



SONA SAJU

VALIYAVEETIL HOUSE

PATEL MARKET

THOPPUMPADY

ERNAKULAM, KERALA -682005

 : - 8281400506,8129622508

 sonasaju1993@gmail.com

DATE OF BIRTH - 16/06/1993

MARITAL STATUS - MARRIED

NATIONALITY - INDIAN

CAREER OBJECTIVES: -

To be resourceful, adaptable and self-directed with the ability to handle even the most challenging situations as a result of well-developed communications skills and organizational capabilities. To align my experience and my skills with an organization that is looking for talented nurses that know how to deliver outstanding patient care.

**KERALA NURSES AND MIDWIVES' COUNCIL
REGISTRATION CERTIFICATE: -**

CERTIFICATE NUMBER	DATE OF EXPIRY
KL03201604508	24 AUGUST 2026

PASSPORT DETAILS:

Passport No	Date of Issue	Date of Expiry	Place of Issue
T0399338	04/12/2018	03/12/2028	COCHIN

EDUCATIONAL QUALIFICATION: -

Qualification Level	Institution	University/ Board	Year of Completion
S.S.L.C.	Nirmala Higher secondary school	Board of Public Examination, Kerala	March 2009
Pre-degree (Plus Two)	Vidhyadhiraja Vidhya bhavan higher secondary school	Board of public Examination, Kerala	March 2011
B.Sc. Nursing	Government college of Nursing	Kerala University of Health Sciences	July 2016

PROFESSIONAL EXPERIENCE:

Name of the hospital	Job Title	Specialty	Duration
Renai medicity Multi Super Specialty Hospital Palarivattom, Kochi	TRAINEE	Medical & Surgical, Ward	03-october-2016 to 06-october -2017
Hestia Medicare Multi Speciality Hospital, Kochi	Staff Nurse	Medical & Surgical ward	1-December-2017 To 30-November-2018
Badr Al Samaa Group of Hospitals and Polyclinics, Oman	Staff Nurse	Operation theatre & Recovery	24- April -2019 to 04-July -2022

SCRUBBED FOR THE FOLLOWING CASES:

GYNAEC

- **DILATATION & CURETTAGE**
- **OVARIAN CYSTECTOMY**

GENERAL SURGICAL

- **APPENDECTOMY**
- **HEMORRHOIDECTOMY**
- **INCISION AND DRAINAGE**
- **LATERAL SPHINCTEROTOMY**
- **FISTULOTOMY**
- **HERNIORRHAPHY**

URO CASES

- **HYDROCELECTOMY**

ENT

- **SEPTOPLASTY & TURBINOPLASTY**

ORTHO CASES

- **OPEN REDUCTION AND INTERNAL FIXATION**
- **CLOSED REDUCTION AND INTERNAL FIXATION**
- **SCREW REMOVAL**
- **POP APPLICATION**

LAPAROSCOPIC SURGERIES

- **LAPAROSCOPIC APPENDECTOMY**
- **LAPAROSCOPIC CHOLECYSTECTOMY**
- **DIAGNOSTIC LAPAROSCOPIC**

EQUIPMENTS KNOWN:

Ventilator, Boyle's Apparatus, Syringe Pump, Infusion Pump, Suction Apparatus, Glucometer, Pulse Oximeter, ECG Machine, Nebulizer, Oxygen Cylinder, Indwelling Urinary Catheter, Nasogastric Aspiration set, BP Apparatus, Laryngoscope, C-ARM, Ambu Bag.

KNOWLEDGE OF LANGUAGE:

ENGLISH - PROFICIENT

HINDI - MODERATE

MALAYALAM - PROFICIENT

ARABIC - MODERATE

EXTRA SKILLS:

- **Good listener**
- **Critical thinking**
- **Decision maker**
- **Computer proficient**
- **Positive and encouraging**
- **Behaviour management**
- **Communication skills**
- **Leadership**
- **Kind and caring personality**
- **Flexibility**
- **Problem solving skills**
- **Emotional intelligence**
- **Organization skills**
- **Interpersonal skills**

- Creativity
- Teamwork Skills
- Professionalism and strong work ethic

HOBBIES

- Interacting with new people
- Listening to music
- making new friends
- Dancing

PERSONAL STATEMENT

I am a very adaptable person, confident about myself, passion able about my work, highly service oriented, open to learning and seeking new opportunities to learn new things. I believe in applying my knowledge and skills efficiently in terms of how well to succeed in living up to the expectations of my seniors.

REFERENCE: -

1) DR. KRISHNANUNNI POLAKULATH
RENAI MEDICITY PALARIVATTOM
care@renaimedicity.org

2)Nisha Peter

Nursing supervisor

Hestia Medicare

Palarivattom Ernakulam

Nishapeter38@yahoo.com, nishapeter@rediffmail.com

3) Aby cryic

HR Manager

Hestia Palarivattom Ernakulam

MOB NUMBER: 6302230516

4)Mrs. LINCY KURIAN

Senior Nursing Director

Badr Al Samaa Group of Hospitals and Polyclinics

OMAN

snbadralsamaahospitals@gmail.com

ph: +968 98192329

DECLARATION:

I hereby certify that the foregoing information is correct to the best of my knowledge and belief and nothing has been concealed. If at any time, I am found to have given any false details or information, my appointment shall be liable to summary dismissal without any notice or compensation.

THANKING YOU,

SONA SAJU

Place: Thoppumpady

Date: 14/03/2024