

**NAME: Angela Elizabeth Oommen**

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## **Objective**

An aspiring social worker with a focus on medicine and psychiatry, seeking a chance to further my learning and contribute to the welfare of the community, I operate within

## **Education**

- **University:** St. Joseph's University, Bengaluru.  
**City, State:** Bengaluru, Karnataka.  
**Course:** Masters in social work.  
**Duration:** Currently pursuing.
- **College:** St. Berchmans Autonomous College.  
**City, State:** Changanassery, Kerala.  
**Course:** Bachelors in commerce.  
**Duration:** 03/2018-03/2021.
- **School:** St. Mary's residential public school.  
**City, State:** Thiruvalla, Kerala.  
**Course:** Higher secondary education.  
**Duration:** 03/2017 - 03/2017
- **School:** St. Mary's residential public school.  
**City, State:** Thiruvalla, Kerala.  
**Course:** Senior secondary education.  
**Duration:**03/2016-03/2016

## **Research**

**Research Topic:** A study on religiosity and attitude towards homosexuality among college students". (

## **Experience**

**IT SUPPORT-SUTHERLAND GLOBAL SERVICES, KOCHI, KERALA.**01/2022-08/2022

Worked under McAfee antivirus software.

Tasks

- Maintained customer satisfaction with forward thinking strategies focused on addressing customer needs and resolving concerns.
- Helped customers with problems on their antivirus software.
- Participated in team meeting and training sessions to stay informed about product updates and changes.
- Responded to customers request for products, services and company information.

## **Training**

- Aahwahan foundation, Bengaluru (11/2022 - 12/2022)-Social work intern
- Vathsalya charitable trust, Bengaluru. (01/2023 – 04/2023)-Social work intern
- Rajagiri outreach, Kochi. (01/06/2023 – 30/06/2023)-Summer placement
- CSI Hospital, Bengaluru (10/2023-12/2023)-Social Work intern.
- Richmond fellowship society. (Present).

## **Conferences**

- National conference on participatory perspectives towards sustainable India (04/2023)- St. Joseph's University.
- National conference on social inclusion, democracy and human rights (02/2023) (VOLUNTEER EXPERIENCE)
- Naveddu nilladiddare Karnataka, Bengaluru.
- Ngo stories, Bengaluru.
- International conference on Human rights, justice, and sustainability. (25/04/2024)-St. Joseph's University. (ORGANISING COMMITTEE MEMBER, TECHNICAL TEAM ASSISTANCE).

## **Paper Presentation**

Presented a paper at national conference on health and wellbeing: Bridging the gap for sustainable future in Kristu Jayanti College, Autonomous, Bengaluru on the topic **“Importance of sleep hygiene on health and wellness among youth in India”**.

(07/11/2023 and 08/11/2023).

## **Certificates**

- Successful negotiation: Essential strategies and skills (06/2020).
- 30 Hours skill development course conducted by centre of international human development in collaboration with Karnataka skill development corporation. (25/03/2024)

## **Languages**

- Hindi [Reading, Writing, Speaking].
- English [Reading, Writing, Speaking].
- Malayalam [Reading, Writing, Speaking].

## **Skills**

### Soft skills:

- Documentation and reporting.
- Team collaboration.
- Communication skills.
- Case recording.
- Organizational skills.
- Active listening.

### Technical skills:

- SPSS.
- MS. Office.

### Academic skills:

- Researching.
- Time Management.
- Presentation and Public Speaking.
- Conduct Casework.
- Conduct Group Work.
- Conduct Community Work.

## **Interests**

- Chess.
- Reading.
- Music.

## **References**

- Name: Ajith Paul Valluvasery.

Title: Manger

Organisation: Sutherland Global services Kochi.

Email:ajith.paulva@gmail.com

- Name: Dr. Shari Tess Mathew.

Title: Assistant Professor.

Organisation: St. Joseph's University, Bengaluru

Email: sharitess@sju.edu.in

- Name: Mr Dhivya Kiran Jeevan.

Title: Assistant Professor.

Organisation: St. Joseph's University, Bengaluru

Email: kiranjeevan@sju.edu.in