



# NEENA NARAYANAN

ER CHARGE NURSE

## CONTACT



081369 54497



neenanooop@gmail.com



Ernakulam, Kerala 682310



27/10/1985

## SKILLS

- Airway Management
- Scheduling Coordination
- Patient Education
- Resource Allocation
- Effective Communication
- Team Leadership
- Quality Improvement
- Interpersonal Skills
- Policy Implementation
- Infection Control
- Compliance Monitoring
- Staff Supervision
- Emergency Management
- IV Insertion
- Clinical Judgment
- Mentoring Staff
- Patient Assessment

## PROFESSIONAL SUMMARY

Compassionate individual highly skilled in developing and implementing patient-care plans, administering medication, and monitoring and recording patient progress. Adept at collaborating with healthcare professionals to ensure quality and continuity of care. Committed to promoting optimal health and improving quality of life for patients. Proactive professional with experience in diagnostic imaging, integrated health care delivery, and laboratory management. Frequently praised as efficient by peers, I can be relied upon to help your team achieve its goals. Hardworking, highly motivated professional eager to lend combined knowledge and skills to enhance business performance. Operates well in both individual and team capacities, leveraging seasoned work ethic to quickly adapt to different processes and drive company objectives. Resourceful and results-driven with a passion for growth and efficiency to meet company needs and increase service value. Seeking to utilize excellent communication, interpersonal, and organizational skills to complete tasks. Reliable with a good work ethic and the ability to quickly adapt to new tasks and environments. Adaptable professional with 16 years of work experience and proven knowledge of leadership, problem-solving, and prioritization. Aiming to leverage my abilities to successfully as a charge nurse role at your company.

## EXPERIENCE

December 2009 - December 2023

### ER Charge Nurse

Saudi German Hospital, Riyadh

- Collaborated with interdisciplinary teams to develop individualized patient treatment plans.
- Monitored medications administered by nurses to ensure accuracy and compliance with physician orders.
- Evaluated effectiveness of treatments provided by nursing staff and adjusted plans as needed.
- Ensured that all nursing documentation was completed accurately in accordance with hospital policy.
- Utilized excellent communication and interpersonal skills to collaborate with physicians, patients, and families.
- Acted as a resource for other healthcare professionals regarding emergency room procedures.

- Electronic Health Records
- Cardiac monitoring
- Decision Making
- Critical Thinking
- Professional Development
- Stress Management
- Time Management
- Conflict Resolution
- Medication Administration
- Delegation Skills
- Performance Evaluation
- Privacy and confidentiality
- Medical Records Management
- Intravenous Therapy
- Compassionate Care
- Regulatory Compliance
- Active Listening
- EKG Interpretation
- Vital Signs Monitoring
- Ethical Practice
- Advanced Cardiac Life Support
- Pediatric Advanced Life Support
- Patient Assessments
- Trauma Nursing
- Organizational Skills
- Emergency Triage
- Team Collaboration
- Multitasking
- Problem Solving
- Pain Management
- Treatment Preparation
- Case Management
- Care Coordination
- Vitals monitoring
- Trauma recovery
- Instrument Sterilization
- Medical Recordkeeping

- Conducted shift assessments and delegated tasks to nursing staff accordingly.
- Managed patient flow throughout the department by coordinating admission and discharge processes.
- Performed triage on incoming patients and determined appropriate level of care needed.
- Administered medications to patients and monitored for reactions or side effects.
- Followed infection control procedures to prevent or stop spread of infections.
- Used computers to complete necessary patient charts and documentation on patients' progress.
- Assisted physicians with examinations, procedures and other medical tasks.
- Informed physician of patient's condition during procedures.

October 2006 - December 2008

### **ICU Staff Nurse**

Culcutta Medical Research Institute, Kolkata, Kolkata

- Provided direct patient care in a high acuity ICU setting, monitoring vital signs, administering medications and treatments, and providing emotional support to patients and families.
- Assessed, planned, implemented and evaluated nursing interventions for critically ill patients with complex medical needs.
- Initiated CPR and emergency support measures, protecting patients from injury.
- Monitored hemodynamic parameters including arterial lines and central venous pressure catheters.
- Checked dosing of medication for accuracy and according to established nursing policies and procedures.
- Performed rapid response assessments on unstable patients in order to initiate timely interventions and prevent complications.
- Managed the airway of intubated patients utilizing endotracheal tubes, laryngeal masks or supraglottic devices.
- Performed head-to-toe assessments of each assigned patient per shift using proper documentation tools.
- Administered and managed advanced life support interventions, including ventilator management, cardiac monitoring, and hemodynamic monitoring.
- Administered blood and blood products, monitoring patients for signs and symptoms related to transfusion reactions.
- Monitored patients' fluid intake and output to detect emerging problems, such as fluid, and electrolyte imbalances.
- Collected specimens for laboratory tests.
- Ensured that equipment and devices were properly stored after use.
- Documented patients' medical histories and assessment findings.
- Performed approved therapeutic and diagnostic procedures, based upon patients' clinical status.
- Identified malfunctioned equipment and devices.

## **EDUCATION**

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- Direct Patient Care
- Patient Condition Monitoring
- Pediatric Emergency Assessment, Recognition and Stabilization
- Pediatric Advanced Life Support (PALS)
- Advanced Cardiovascular Life Support (ACLS)
- Heartsaver First Aid CPR AED

## LANGUAGES

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- **Malayalam**  
Native
- **English**  
Advanced
- **Hindi**  
Intermediate
- **Arabic**  
Conversational

August 2006

### **DIPLOMA IN GENERAL NURSING AND MIDWIFERY**

Sri Kannikaparameswari Diamond Jubily School of Nu, Davangare

March 2003

### **VHSC (MLT)**

Vocational Higher Secondary School

March 2001

### **SECONDARY**

Board of Public Examinations, Govt. of Kerala

## MEMBERSHIP

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Life member of Karnataka Nursing council. Reg No. 79499

## CERTIFICATIONS

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- Diploma in General Nursing and Midwifery, Karnataka Nursing Council, 2006

## REFERENCES

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**Hadi Maatouk — Saudi German Hospital Riyadh**  
**Nursing Unit Manager ER Unit Manager**

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