

# CURRICULAM VITAE



## PERSONAL DETAILS:

Name : Maneesha S Pillai  
Date of Birth : 28/10/1997  
Gender : Female  
Nationality : Indian  
Marital status : Single  
Email id : [manuspillai97@gmail.com](mailto:manuspillai97@gmail.com)  
Contact number : +91 7510236003  
Address : Perumath Puthenpurayil, Kailasam  
Koipuram P.O, Thattekadu,  
Pathanamthitta, Kerala  
689531

## Education

	Institute/University	Result	Year
B.Sc. Nursing	MGM Muthoot College of Nursing, Kozhencherry, Kerala	62%	2015-2019
Senior Secondary (Class XII, Science)	Govt. Higher Secondary School, Koipuram, Kerala	72%	2015
Matriculation (Class X)	St. Anne's Girls Higher Secondary School, Angadikkal, Chegannur	78%	2013

## Passport Details

Passport No. : U7320110

Date of Issue : 11/11/2020

## Registration Details

Kerala Registration

Registration Council: Kerala Nurses and Midwives council

Registration No.: KL03202100269

Date of Issue: 08/03/2021

Maharashtra Registration

Registration Council: Maharashtra Nursing council

Registration No.: XVII-32927

Date of Issue: 05/07/2021

## EXPERIENCE

Worked with Grant Medical Foundation Ruby Hall Clinic, Pune, Maharashtra, India from 16/04/2021 to 09/11/2023 as a Staff Nurse

## Staff Nurse

- ❖ Responsible for patient care in a highly technical and complex hospital environment.
- ❖ Pre and post operative preparation for cardio thoracic surgeries.
- ❖ Receiving patients from operation theatre.
- ❖ Taking care of Myocardial Infarction Patients, Permanent Pacemaker Patients.
- ❖ Perform endotracheal tube, nasal and oral suctioning.
- ❖ Monitor central venous pressure (CVP) Glasgow coma scale ABG, vital signs, water seal drainage etc.
- ❖ Perform continuous cardiac-output monitoring, extubation of patients, collection of specimens, ABG specimen collection and taking ECG.
- ❖ Prepare total parenteral nutrition.(TPN)
- ❖ Perform Ryles tube insertion, Nasogastric feeding, , wound dressing, back care,
- ❖ mouth care, care of eyes and ears, bathing ,clothing position changing, Bladder wash, enema etc..
- ❖ Perform Peritoneal dialysis (P D) in Adult.
- ❖ Administer IV fluids and medication including antibiotics, TPN and narcotics and care fully monitor for side effects and adverse reactions.
- ❖ Perform resuscitation (CPR) procedure, infection control and management of acute emergencies.
- ❖ Administer oxygen, steam inhalation and nebulization.
- ❖ Apply expertise in data analysis by monitoring laboratory research and follow up lab data, blood work ,urine analysis and perform sterile procedure including surgical dressing changes.
- ❖ Leverage compression facilitating pain management and completing described treatment including dosage changes, accuchecks and ambulation.
- ❖ Perform clinical skills in accordance with hospital policies and standard of practices
- ❖ Employ sharp analytical and problem solving skills in assessing patients for skin integrity, lung sounds bowel sounds and wound and perform dressing changes
- ❖ Merge empathy and strong interpersonal skill to delivered emotional support to families and patients.
- ❖ Decisively and confidently make judgment on patient condition and call doctors based on decisions.
- ❖ Effectively assimilate, interpret and report changing patient data to ensure optimum care.
- ❖ Attend CNE(Continues Nurses Education) program and other in service programs as scheduled.
- ❖ Demonstrate exemplary documentation skills by sufficient communication among care staff.
- ❖ Maintain an up to date and confidential filing system for patients charts and records, medical and surgical files, insurance details.
- ❖ Patient care regarding surgical and medical condition, treatment – short and long team maintains.
- ❖ Liaison with physicians and medical staff.
- ❖ Communicate physician's orders appropriate department .
- ❖ Interact with applicable departments regarding patients care.
- ❖ Educate patients and family members to health care need, condition and option.

## KEY RESPONSIBILITIES

- ❖ Assessing physical, psychological needs of the client, collection of personal social medical and general data by interviewing formally and informally during various nurse-client interactions, observations review of records diagnostic of the relatives.
- ❖ Patient education and education of the relatives
- ❖ Providing overall care to the patient. Explaining about the procedure and giving rational.
- ❖ Monitoring fluid and electrolyte balance, administering intravenous fluid and lonotrops, monitoring and maintain adequate record intake and output, sending blood samples for investigations.
- ❖ Administering drugs through various routes.
- ❖ Monitoring blood glucose values, resuscitating during cardio respiratory arrest. Assisting in CPR and Endo-tracheal intubations.
- ❖ Meeting nutritional and elimination need.
- ❖ Prevention of bed sore- back care and changing positions.
- ❖ Care of narcotic drugs and their records.
- ❖ Pre and post operative care of patient undergoing various surgeries.
- ❖ Preparing patients for various investigations.
- ❖ Supervision of juniors and non professional workers.
- ❖ Nursing process in accessing planning, implementation and evaluating daily individual patient care.

## EXPERIENCED IN

### *Types of cases and patients seen.*

- ❖ CABG
- ❖ CAG
- ❖ PTCA
- ❖ DSA
- ❖ PPI
- ❖ CARDIAC FAILURE
- ❖ MI
- ❖ CARDIAC MYOPATHY
- ❖ COPD
- ❖ PULMONARY EDEMA, PULMONARY HYPER TENSION,..ETC
- ❖ IABP
- ❖ POST OPERATIVE PATIENT
- ❖ COVID 19
- ❖ CRASH INJURIES

## EQUIPMENTS USED

- ❖ Crash cart equipped with emergency drugs and intubation tray.
- ❖ Hospital information system- It's a software which regulates all functions of hospital that is admission, discharge, billing , intent and stock maintainance.
- ❖ Infusion pump

- ❖ Nebulizer
- ❖ Closed suction device
- ❖ Pulse Oxymeter
- ❖ O2 Therapy device
- ❖ ECG Machine
- ❖ Cardiac Monitors
- ❖ Ventilators, bipap
- ❖ Syringe pump
- ❖ Defibrillator
- ❖ IABP
- ❖ Nasal high flow

## **SKILL**

- ❖ Effective nursing care
- ❖ Professional knowledge
- ❖ Service minded
- ❖ Good care taker
- ❖ Effective communication
- ❖ Self control

## **LANGUAGES KNOWN**

- ❖ English
- ❖ Malayalam
- ❖ Tamil
- ❖ Hindi

## **DECLARATION**

I hereby certify and declare that all the statement made in the above resume are true and correct to the best of my knowledge and belief.

Date :

Place: KERALA

Maneesha S Pillai

---