



KMC Registration No: Provisional Registration: P.R.C.No/100666

Email: aardra2000@gmail.com | Contact No: +91 9497736041, 9447373760

### Objective

A detail oriented, organized medical graduate who has completed one year of internship and is motivated and eager to work in multidisciplinary and super-specialty settings with other qualified medical professionals to gain experience for the improvement of my knowledge and skills. Proven to be a good communicator and lead groups along with being levelheaded in highly stressful situations.

#### Education

UNIVERSITY

SRI SIDDHARTHA MEDICAL COLLEGE AND RESEARCH CENTRE, TUMKUR, KARNATAKA, INDIA. [2018-2024]

MBBS

MBBS Phase-1 (RS-II) July, 2019; 82.7% (Distinction)

MBBS Phase-II (RS-II) March, 2021: 84.5%(Distinction)

MBBS Phase-III Part I (RS-II) March, 2022: 81.7% (Distinction)

MBBS Phase-III Part II (RS-II) March, 2023: 71.4% (First Class)

HIGHER SECONDARY

Mar Thoma Public School, Kakkanad, Kochi, India. [2017-2018]

CBSE 12th Board Examination: 97.6%

SECONDARY

Mar Thoma Public School, Kakkanad, Kochi,India. [2015-2016]

CBSE 10th Board Examination: 10 CGPA

### Experience

Sri Siddhartha Medical College and Research Institute, Tumkur, Karnataka, India.

House Surgeon [2023-2024]

- Ensure the provision of high standard of quality service to all patients
- Ensure awareness of procedures, guidelines and directives to all staff.

  Assisted in Orthopedic Surgery, General Surgery, OBG Surgery

  Maintain a high level of competent practice.

- Providing preventive and curative care to the patient.
- Emergency patient care that includes resuscitating during Cardiac and Respiratory arrest.

- Assisting performing CPR
  Skilled in Foley Catheterization, NG Tube insertion, IV Cannulization, IM and IV injections.
  Monitoring blood glucose values
- Care hazardous drugs and their records
- Meeting hygienic needs of the patients Act as role model for more junior staff
- **OPD Services**
- Government Hospital, Koratagere, Karnataka, India.

- House Surgeon [October 2023 December 2023]
   OPD Services in NCD Clinic, General Surgery, General Medicine, OBG clinics.
   Assisted in normal vaginal deliveries, LSCS, General Surgery
   Educated patient about various National Programs and Schemes.

  - Attended medical camps in Koratagere and Gubbi.
  - Adherence to Best Medical Practice.

### Research/ Audit

Delegate in the National Conference for Medical Students – SSMCCON 2022 held on 18<sup>th</sup> and 19<sup>th</sup> November 2022. Karnataka Medical Council has granted THREE Credit Hours vide letter No. KMC/CME/285/2022 dated 29-08-2022

# **Teaching Experience**

Teaching undergraduate medical and nursing students during clinical postings and ward rounds about history taking, examination and clinical skills as Foley Catheter insertion, NG Tube insertion, Gastric Lavage, IV Cannulation, etc.

## Languages

- English Malayalam
- Kannada(speaking only)

## Skills & abilities

- MS Word, MS Excel, MS PowerPoint
- Database Management (MySQL)
- Data Entry for all patients
- Ward Duties and Management
- Able to work well within a team

## **Interests**

- Reading
- Trained in Bharatnatyam Dance
- Fitness and Yoga

Permanent Address: Arakkuzhy House, Pazhanganad, Kizhakkambalam PO, Ernakulam District, Kerala, India. 683562

### DECLARATION

I hereby declare that the information provided is complete and correct to the best of my knowledge and belief.

Place: Ernakulam, Kerala