

AAN MARY THOMAS

BSc Nursing

WORK EXPERIENCE

Internship - Gynecology ward

Completed 3 months of internship in gynecology ward, AJ Institute of Health and Science, Karnataka

Bed capacity : 1200

No.of beds in gynecology ward : 40

NABH Accredited Hospital

PROJECTS

Assesment of knowledge on presenile cataract among adults accompanying patients attending opds in selected hospital in Mangalore

A group research done in 2023

EDUCATION BACKGROUND

2019-2023 Bachelor of science in nursing
Rajiv Gandhi University of Health Sciences, Karnataka

2017-2019 Higher Secondary Education
Govt. Boys Higher Secondary School, Haripad

2017 SSLC
Govt. Girls Higher Secondary School, Haripad

ACHIEVEMENTS

Attended one day workshop on DESIGN YOURSELF conducted by Laxmi Memorial College of Nursing - 06 February 2020

Attended JeevaRaksha, Emergency Nursing and Life Support (ENLS) Course conducted by Rajiv Gandhi University of Health Sciences and Swami Vivekananda Youth Movement's Initiative - 03 April-06 April 2023

Attended (EUDAIMONIA) Embracing a better outlook towards Nurse Wellbeing and Client Safety conducted by Laxmi memorial college of nursing - 26 July 2023

Attended South Region workshop on Untangle the Threads of CLINICAL NURSING RESEARCH for better health care conducted by Nursing Research Society Of India - 14th and 15th September 2023

DECLARATION

I here by declare that all the information given above is correct to the best of my knowledge and belief.

Place: Haripad
Date: 26/04/2024

Yours faithfully,
Aan Mary Thomas

MY CONTACT

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📍 Koippallil House, Vettuveni
Haripad, Alappuzha

PERSONAL INFORMATION

Nationality- Indian

Date of Birth- 02/04/2000

Gender- Female

Marital Status- Single

Languages known- English, Malayalam, Hindi,
Kannada, Tamil

OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

SKILLS

- Efficiency of providing excellent patient care.
- Ability to deal with psychologically emotional situations.
- Ability to remain calm in emergencies.
- Ability to deal politely with patients and relatives
- Professional Mannerism
- Interpersonal Skills
- Effective Communication
- Tolerance and Patience
- Enthusiastic
- Team work
- Observation skill

STRENGTHS

- Self-confident.
- Quick learner.
- Possess leadership qualities.
- Ability to accustom in the new environment.
- Ability to work as team as well as individually