



## **SHERIN JOSEPH**

### **CONTACT**

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### **Email Id:**

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### **ACADEMIC DETAILS**

#### **B.sc Nursing(2023)**

Tadikela Subbaiah College of  
Nursing, Karnataka  
Rajiv Gandhi University of  
Health Sciences, Karnataka

#### **Plus Two (2019)**

National Institute of Open  
Schooling

#### **SSLC(2016)**

St.Agnes Girls High School  
Muttuchira

### **LANGUAGES KNOWN**

- English
- Malayalam
- Tamil
- Hindi

### **CAREER OBJECTIVE**

A position as a registered nurse in a Health care facility where I can make the most of my Nursing education and training, in addition to my interpersonal skills to provide the highest level of patient care. To work towards the development of the organization.

### **PROFILE SUMMARY**

A conscientious Health Care Professional with expertise in the provision of exemplary care to maintain the health, safety and development of elderly sick patients, often with complex health care needs. Adapt at handling a variety of client issues and problems with kindness and professionalism. Flexible scheduling availability to include evening, some weekends, and emergency situations as required.

### **CORE SKILLS**

- Care Plans
- Infection Prevention
- Recording Vital signs
- Mental Health Support
- Communication
- Team Work
- Patient Management
- Patient Care
- Providing Appropriate Health Education
- Responding to Emergencies
- Professionalism
- Decision making
- Honesty
- Hardworking
- Problem solving

## PERSONAL DETAILS

**Gender** : Female  
**Date of birth** : 12/10/2000  
**Nationality** : Indian  
**Marital status** : Unmarried

## PERMANENT ADDRESS

Ambarayil House  
Poozhikol P. O,  
Mannar  
Kottayam, Kerala  
Pin No: 686604

## IT SKILLS

- Ms Office  
Word Basic
- Internet &  
Email

## SKILL SETS

- Communications  
skill
- Efficient in Time  
management and  
Organizing skill
- Leadership Skill
- Decision making  
skill
- Critical thinking
- Service Orientation

## HOBBIES

- Cooking
- Volunteering
- Travelling
- Dancing
- Spending time  
with my family

## EXPERIENCE

### NURSING STUDENT

- └ Completed clinical hours under supervision of a licensed registered nurse during student nursing period.
- └ Implemented safe & effective care for patients.
- └ Formulated individual plan of care for each patient and evaluated for each desired outcome.
- └ Collaborated with multiple disciplines to ensure patient goals met.
  - ┆ Assessed patient's vital signs and various procedures.

## RESPONSIBILITIES

- ❖ Advocating for the health and well – being of patients.
- ❖ Administering medications and treatments.
- ❖ Assisting medical procedure as needed.
- ❖ Administering medications and treatments, then monitoring patients for side effects and reaction.
- ❖ Takes responsibilities for the direct delivery of professional and competent patient care by promoting quality care standards.
- ❖ Provide support and advice to the patient.

## PERSONAL STRENGTHS

- ❖ **COMMUNICATION** – excellent written and verbal communication skills they work with patients, doctors and nurses
- ❖ **Empathy**- A nurse also need empathy when interacting with patients. A patients and family who are in a stressful or difficult situation may have to manage
- ❖ **Endurance**- A nurse is usually on their feet for up 12 hours a day having the ability to work these hours and having positive attitude is a crucial strength for a nurse
- ❖ **Problem solving**- Nurses should be good problem solvers. A nurse needs to use their skills to figure out what that could mean for the patients and how to treat them if needed

## DECLARATION

I hereby declare that the above mentioned information is true and I bear the responsibility for the correctness of the above mentioned particulars.

**Place: Mannar**  
**Date: / / 2023**

**SHERIN JOSEPH**