# CURRICULUM VITAE



### ASHIK A

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Swapnam

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#### **PURPOSE STATEMENT**

Seeking a challenging responsible position in leading organization where my career in nursing knowledge and skills with creative, critical thinking obtained from academic and clinical experience will be fully utilized to contribute for the achievement of the organization.

#### WORK EXPERIENCE

| Institution   | Department       | Designation   | Duration                                   |
|---|------------------|---------------|--|
| KVM Centre For Inner<br>Peace and De-addiction ,<br>Cherthala | Psychiatric Ward | Trainee Nurse | 1st September 2021 – 31st<br>December 2021 |
| Apollo Hospital , Navi<br>Mumbai                              | Transplant Unit  | Staff Nurse   | 1st November 2022 – 1st<br>January 2024    |

#### EDUCATIONAL QUALIFICATION

| Course        | Institution                          | <b>Board of Examination</b>               | Year of Passing | Percentage / Grade |
|---------------|--------------------------------------|---|-----------------|--------------------|
| S.S.L.C       | Bishop Moore<br>Vidyapith, Cherthala | Central Board of<br>Secondary Examination | 2014            | 70%                |
| Plus Two      | T.D HSS Thuravoor                    | Kerala State Board of<br>Examination      | 2016            | 68%                |
| B.Sc. Nursing | K.V.M College of<br>Nursing          | Kerala University of<br>Health Science    | 2016-2022       | 57%                |

### **CLINICAL TRAINING EXPERIENCE**

1st Year B Sc Nursing: KVM Hospital, Cherthala

- 2nd Year B Sc Nursing: General Hospital, Alappuzha
- 3rd Year B Sc Nursing: VPS Lakeshore Hospital, Ernakulam

Taluk Hospital, Cherthala

Sacred Hearts Hospital Paynkulam, Thodupuzha

St Ritas Mental Hospital And Counselling Centre, Thanki Cherthala

4th Year B Sc Nursing: Women's and Children Hospital, Alappuzha

Taluk Hospital, Cherthala

### WORKSHOPS ATTENDED

- A GOOD NURSE IS ONE WHO RADIATES POSITIVE ENERGY" on 18/04/2018 at KVM College of Nursing by SNA unit.
- "PROUD TO BE A NURSE TRANSFORMATION OF A PRSON FROM BENCH TO BEDSIDE NURSING" on 21/05/2019– 22/05/2019 at KVM College of Nursing
- "PERSPECTIVES IN PEDIATRIC SURGERY AND GENETICS "on 15/09/2020-16/09/2020 conducted by Government College of Nursing Thiruvananthapuram
- "COVID-19 CHALLENGES IN NURSING PRACTICE" on 19/09/2020 conducted by ST. James College of Nursing, Chalakudy

### **VOLUNTEERING EXPERIENCE**

Worked for a period of four months in Covid control cell @ Collectorate Alappuzha.

### SKILLS

- Medicine Administration
- Critical Care
- Versatility
- Management of mentally ill patients
- Time Management
- Critical Thinking
- Active Listening
- Team Management

## PERSONAL PROFILE

| Age                         | :26                                  |  |  |  |
|-----------------------------|--------------------------------------|--|--|--|
| Sex                         | : Male                               |  |  |  |
| Date of Birth               | : 26th December 1997                 |  |  |  |
| Fathers Name                | : Ajith S                            |  |  |  |
| Permanent Address : Swapnam |                                      |  |  |  |
|                             | Marurthorvattom P O                  |  |  |  |
|                             | Cherthala, Alappuzha, Kerala, India  |  |  |  |
| Marital Status              | : Single                             |  |  |  |
| Language Knowi              | n : Malayalam, English, Hindi, Tamil |  |  |  |
| Religion                    | : Hindu                              |  |  |  |
|                             |                                      |  |  |  |

## EXTRA CURRICULAR ACTIVITES

Volunteering

Sports

### REFERENCE

Ms. Roopali Wagh. Senior Nursing Superintendent, Apollo Hospital, Navi Mumbai

Mail:roopali\_w@apollohospitals.com

Mrs. Anusha Venugopal. Professor, KVM College of Nursing, Cherthala, Kerala

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### DECLARATION

I hereby declare that the information given above is true to the best of my knowledge and belief.

Place: Cherthala

Date: 26/03/2024

ASHIK A