

CURRICULAM VITAE

SALIMOL SUNNY

Pulickakkudiyil House
Ramamangalam P.O
Ernakulam District
Kerala -686663
Email:salimoleldhose@gmail.com
Mob:+91 9446208841 ,+91 8281276310



POST APPLIED FOR : STAFF NURSE

CAREER OBJECTIVE:

I look forward to associate with an organization where there is an opportunity to share contribute and upgrade my knowledge while serving efficiently to the organization.

PERSONAL PROFILE

Name : **Salimol Sunny**
Husband's Name : Eldhose P Mathai
Gender : Female
Date of Birth : 15.08.1990
Religion : Christian
Caste : Jacobite
Nationality : Indian
Permanent Address : Pulickakkudiyil House
Ramamangalam PO
Ernakulam District
Kerala -686663
Marital Status : Married
Languages Known : English ,Malayalam
Profession : General Nursing

PASSPORT DETAILS

Passport No : P0104304
Place Issue : Cochin
Date of Issue: 30/05/2016
Date of Expiry : 29/05/2026

EDUCATIONAL QUALIFICATION

Qualification	Institution	Board / University	Year
S.S.L.C	Govt.H.S.School ,Poothrikka	Govt.of Kerala	2006
Plus Two	Govt.H.S.School,Kadayiruppu	Govt.of Kerala	2006-18

PROFESSIONAL QUALIFICATION

Qualification	Institution	University	Year and Number
Diploma in General Nursing and Midwifery	MOSC School of Nursing Kolenchery. Affiliated by Kerala Nurse and Midwives Council	Kerala Nurses and Midwives Council	2008-2012, 78857

ACADEMIC PERFORMANCE

Year	Percentage	Division
Diploma in General Nursing 1 st Year	61.2 %	Second Class
2 nd Year	60 %	Second Class
3 rd Year	71.84 %	Second Class
4 th Year	64 %	Second Class

WORKING EXPERIENCE :

Institution	From	To	Bed Capacity	Position	Department
Aluva Lakshmi Nursing College Hospital	09/04/2012	04/06/2014	100	Staff Nurse	Medical ,Surgical & Ortho Paedics Ward 2 year Experience
Sabine Hospital & Research Centre , Muvattupuzha	14/12/2015	04/09/2022	211	Staff Nurse	Pediatric , OBG and Gynac ward 6 Year 9 months Experience

PERSONAL ATTRIBUTE:

- Flexible adaptable professional and open to new ideas
- Demonstrates a positive ,people oriented approach towards assisting people and work
- Hold ethics firmly throughout my work
- Efficient in time management
- Ability to work automatically or as part of a team
- Highly motivated energetic and enthusiastic
- The ability to interact with people from diverse back ground
- Responsible for quality audits related to the nursing department
- Critical thinking (Able to care for unexpected emergency conditions)
- Analysis and interpretation of CTG
- (Able to give full output in any kind of stress full environment)
- Able to maintain computerized patient record system (CPRS)

DUTIES AND RESPONSIBILITIES :

- Prepare nursing care plan with an understanding of treatment plans , patient
- Meet the patient's ADL as necessary
- Assist the patients in feeding according to their nutritional needs.
- Perform nurse initiated procedures skillfully
- Takeover and hand over meaningfully
- Collect blood sample and other laboratory specimens
- Check inventory of ward

- Attend in –service programs to enhance knowledge
- Provide health education to patients

FAMILIAR IN HANDLING THE FOLLOWING MACHINES AND EQUIPMENTS

- Pulse Oxymeter
- Nebulizer
- Thermometer
- Glucometer
- Suction Apparatus
- Stethoscope
- B.P apparatus
- Portable Suction Machine
- Naso gastric tubes
- Foley's Catheter
- Ambubag
- CTG Monitoring

JOB RELATED SKILLS

- Assess patients in need of surgery for skin color and body temperature
- Verify patients name and other credentials and match them with surgical orders.
- Engaging conversation with patients to determine their fears and attempt to put them at ease.
- Answer patients questions and ensure that they have been run through the surgical procedure in theory.
- Prepare nursing care plan with an understanding of treatment plans ,patient
- Meet the patient's ADL as necessary
- Assist the patients in feeding according to their nutritional needs.
- Perform nurse initiated procedures skillfully
- Takeover and hand over meaningfully at each change of shift
- Calculation and administration of infusion and transfusion
- Collect blood sample and other laboratory specimens
- Check inventory of ward
- Attend in-service programmes to enhance knowledge
- Provide health education to patients
- Assist doctors in devising certain ward
- Takes notes of the sudden changes in patients behavior and reports to the doctor.
- Understand and interprets clinical finding like normal versus abnormal findings
- Takes special care of the mother pre and post operative
- Conducts important physical examination of new born in ward
- Handle emergency situations in ward
- Kept track of documents and report patients
- Receiving assessment of patients
- Responding quickly and effectively to episodes verbal or physical aggression.
- Continuous monitoring of patient
- Barrier nursing
- Planning and implantation of patient counseling
- Discharge and follow up care

- Maintaining records and reports
- In service education
- Provide direct care to pregnant woman and infants
- Handle post- partum care for babies and mothers
- Carried out gynecological tests and other pregnancy screenings
- Handle administrative duties for the maternity ward

MANAGERIAL SKILLS

- Accuracy and attention to deal with critical nursing situations without compromising the quality of care.
- Good organizational skill
- An achievement oriented person with an ability to take up challenges and perform well in changing work environment with a positive attitude .
- Orientation for patient and relatives about the hospital and its functioning
- Coordination with interdepartmental and intradepartmental activities
- Preparation of emergency drugs
- Asepsis and infection control
- Maintains ward inventory and indents

REFERENCE :

1. The Principal
School of Nursing
MOSEC Medical College Hospital Kolenchery
Ernakulam –Kerala
2. Nursing Superintendent
Lakshmi Hospital
Sub Jail Road
Aluva
3. Nursing Superintendent
Sabine Hospital & Research Centre
Pezhakkappilly P.O
Muvattupuzha

DECLARATION

I Salimol Sunny , hereby declare that above furnished information is true to the best of my knowledge and belief.

Place : RAMAMANGALAM

Date: 13/12/23

SALIMOL SUNNY