



**MS. SHIMA ANIL**

CHERUKATTU PUTHAN PURAYIL (H)

ELANAD (PO)

THRISSUR (DT)

KERALA

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## **CAREER OBJECTIVE**

Applying for the post of Registered Nurse in a private hospital where utilization of skills, knowledge and expertise in providing quality health care service to patients will be a personal daily goal to achieve.

## **PERSONAL DETAILS**

Name : Ms. Shima Anil

Date of Birth : 19 -01-2000

Gender : Female

Nationality : Indian  
Marital Status : Single  
Languages : English, Malayalam, Kannada, Tamil  
known

## EDUCATIONAL QUALIFICATIONS

Examination Passed	Institution	Year	Score (%)
S.S.L.C	Government higher secondary school kallingalpadam	2015	88%
Plus Two	Mary Matha higher secondary school panthalampadam	2015-2017	76%

## PROFESSIONAL QUALIFICATION

Name of Course	Name of Institution	University Board	Grade	Year
B Sc. Nursing	Tejasvini Nursing Institute	Rajiv Gandhi University of Health Sciences	1st year = first class 2nd year = first class 3rd year = first class	2017-2021

			4th year = first class	
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## HOBBIES

- Reading books, Listening melodies, Internet surfing

## EXPERIENCE EXPERIE

**\* Practices as staff nurse at Amrita Institute of medical and science for the past one year in surgical recovery icu**

**\*Practice as an intern inward, ICU, NICU, Post OP Ward OT & Casuality during internship period**

\*Participated in service education on NABH & Quality Parameters at Tejasvini College of Nursing ,kudupu, Mangalore.

## PERSONAL SKILLS

- Adapting to changing circumstances
- Self motivation and hard work
- Confident and Sense of responsibility and leadership qualities

- Strength: Positive attitude, punctuality, good listener, quick learner

## **PROCEDURES OR FUNCTION ENCOUNTERED**

- Administration of medicines ( oral & parenteral)
- Ryle's tube feeding
- Vital signs monitoring, oxygen therapy
- Administration of IV fluids
- Wound dressing
- Bladder irrigation
- Catheter care & removal
- Cannulization
- Bed Bath
- Back care
- Total Parenteral nutrition
- Chest Physiotherapy
- Electrocardiogram
- Endotracheal & oral suctioning
- Death care
- Assisted in general pre and post operative nursing
- Maintaining aseptic techniques & universal precautions
- Collecting blood sample and specimen for investigation

## **DUTIES AND RESPONSIBILITIES**

- Admission, transfer and Discharge of patients

- Reporting in correct time & taking over
- Following Doctor's order & giving medication
- Giving comprehensive nursing care
- Assisting patients who need help with dressing, bathing and toileting
- Take part in staff meeting and organize training activities
- Assisting for diagnostic procedures (chest X-ray, ECG, Echo cardiography, USG)
- Administration of oxygen
- Surgical dressing, bladder catheterization, care of dead.
- Continues assessment of the patient clinical status.
- Assist and suggest head news in establishing a good working atmosphere and thereby making the most effective and efficient use of staff supplies and service.
- Take responsibilities for the direct delivery of patients care by promoting good standard of professional competent.
- Health education to the standards.
- Maintains records and reports.
- Administering medicines.
- Monitor ECG variations, vital signs

## **TYPES OF EQUIPMENTS HANDLED**

Infusion pump, Glucometer, Pulse oxymeter, Sphygmomanometer, suction apparatus, Nebulizer, Oxygen cylinder and regulator, ECG machine , Doppler, Thermometer, Stethoscope, Cardiac Monitor, syringe pump.

## **JOB RESPONSIBILITIES**

- Fulfillment of fair folded responsibilities of promoting Health, preventing illness , restoring health and alleviate suffering

- Carryout physician orders intelligently and legally
- Maintain the highest standard of Nursing Care and professional conduct
- Organize and conduct ward teaching to colleagues and health educational to patient.
- Proper maintenance of records and reports including Nurse's report inventories and ward register.

## **MANAGERIAL SKILLS**

- Orient the patients and relatives about the hospital and its routines
- Maintenance of records and reports
- Maintenance of ward inventory
- Excellence in interpersonal communication skills
- Good team player
- Quick, positive and innovative
- Energetic and adaptable

## **PARTICIPATION**

- ★ Regional conference on "Nursing stewardship in hospital infection Control" held at Yenepoya Nursing College, Deralakatte.Mangalore

- ★ Webinar on “Health infodemic Vs Nursing informatics; Boon or Bane to Nursing practice” held at Tejasvini Nursing Institute, Kudupu Mangalore.
- ★ Webinar on “Incorporeal Nursing Education and Practice a kick to Holistic Care” held at Tejasvini Nursing Institute, Kudupu, Mangalore.
- ★ Webinar “Conceptualizing the Research Methods” held at Masood Collage of Nursing, Bikarnakatta, Mangalore.
- ★ 🌂 Webinar on “Spitting Kills” campaign to prevent the spread of COVID 19 held at Alamelu Charitable Foundation an

## RESEARCH DETAILS

A study on distress related to nasal swab testing among students in a selected area at manglore

## INTRESTED AREAS

1. Intensive care unit
2. Causality
3. Labour OT
4. Post operative ward
5. Pre operative ward

## REFERENCES

1. Prof. Bridget D'Silva  
Principal  
HOD department of Medical Surgical Nursing  
Tejasvini College of Nursing, Mangalore  
Ph.0824-2263640
2. Prof. Pallavi Shettigar  
Professor & HOD department of OBG  
Tejasvini College of Nursing, Mangalore

## DECLARATION

I hereby declare that the above statements are true and correct to my knowledge and belief.

Ms. Shima Anil