



Ancy Alex Fernandez

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Objective

Results-oriented registered nurse dedicated to providing exceptional patient care through the application of clinical knowledge, effective communication, and ongoing personal and professional growth.

Internships

- Koyambedu Community Health Centre** 08/05/2023 - 10/06/2023
Student Nurse
 - Assisted in health assessments, screenings, and preventive care services for community members.
 - Supported healthcare providers in managing chronic conditions and promoting healthy lifestyle choices.
 - Participated in community outreach programs and health promotion initiatives.
 - Collaborated with interdisciplinary teams to address social determinants of health and provide support to underserved populations.
- Saveetha Medical College and Hospital** 03/01/2023 - 05/05/2023
Student Nurse
 - Assisted registered nurses and healthcare professionals in patient care activities.
 - Administered medications under supervision and following proper protocols.
 - Maintained accurate patient records and documentation.
 - Adhered to safety protocols and infection control measures to ensure a safe environment for patients and staff.
- Thiruvallur Government Hospital, Maternal and Child Health Centre** 28/11/2022 - 30/12/2022
Student Nurse
 - Assisted in prenatal care visits, including taking vital signs, measuring fundal height, and providing patient education on pregnancy health.
 - Supported healthcare providers during childbirth and assisting with labor and delivery procedures.
 - Provided postpartum care to mothers, conducting newborn assessments, educating new parents on newborn care, breastfeeding techniques, and postpartum self-care.
 - Assisted with pediatric check-ups, vaccinations, and developmental screenings for infants and children.

Education

- Saveetha institute of medical science and technical science , Saveetha College of Nursing.** 2019-2023
B.sc.Nursing
- Good Shepherd Public School** 2018-2019
Higher Secondary Education
89%
- Sree Narayana Cental School** 2015
Secondary Education
Cgpa : 10

Vocational Courses

- 1. Dialysis
- 2. Advances in strategic Human Resource Management
- 3. Law and Ethics
- 4. Role of nurse in Essential Nutrition for Maternal Mothers
- 5. Kangaroo Mother Care
- 6. Rehabilitation

Skills

- Teamwork
- Strong interpersonal communication skills
- Computerised clinical documentation
- Effective time management

Languages

- English
- Malayalam
- Tamil