



MAYDEEN NIZAR

CAREER OBJECTIVE

To be associated with a progressive organization that helps me to grow professionally and personally to take up more responsible positions in future

PROFILE SUMMARY

Diploma in Hospital Sterilization Technology graduate and results-driven CSSD Technician with expertise in independently operating advanced sterilization equipment. Proven proficiency with J&J STERRAD Plasma Sterilizer, 3M SteriVac ETO Sterilizer, GETINGE Steam Sterilizer, CISA Steam Sterilizer, CISA Washer, and NATSTEEL Steam Sterilizer. A resourceful professional committed to ensuring the highest standards of sterilization, contributing to a safe and efficient healthcare environment.

WORK EXPERIENCE

- **CSSD TECHNICIAN**
KIMS HEALTH HOSPITAL KOTTAYAM
May 2021 - Present
 - Proficient in independently organizing trays for medical procedures.
 - Skilled in assembling linen packs and preparing dressing materials essential for surgeries and ward procedures.
 - Operates advanced sterilization equipment, including J&J STERRAD Plasma Sterilizer and 3M SteriVac ETO Sterilizer.
 - Experienced with GETINGE Steam Sterilizer, CISA Steam Sterilizer, and NATSTEEL Steam Sterilizer.
 - Utilizes CISA Washer and GETINGE Band Sealer for efficient sterilization processes.
 - Competent in Flash Sterilization techniques.
 - Independently operates GETINGE Washer and 3M Sealer for equipment maintenance.
 - Proficient in MACHINFABRIC Ultrasonic Machine and Ultrasonic Getting for thorough cleaning.
 - Familiar with Belimed Washer Disinfector and Belimed Steam Sterilizer.
 - Ensures compliance with hygiene standards and protocols during all procedures.
 - Collaborates with healthcare teams to meet surgical and ward sterilization requirements.

CONTACT



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Kerala, India

EDUCATION

- **Diploma in Hospital Sterilization Technology**
HSSI Academy Kannur
2021
- **Higher Secondary**
Govt. Boys HSS Perumbavoor
Ernakulam
2019
- **SSLC**
Govt. HSS, South Ezhippuram,
Ernakulam

PERSONAL DETAILS

Nationality : Indian

Date of Birth : 01/11/2001

Gender : Male

Permanent Address

Kalarickel (H)
Muthalakodam P. O
Thodupuzha
Idukki, Kerala 685588 India

PERSONAL SKILLS

COMMUNICATION

Interpersonal skills – verbal, problem solving and listening skills in any administrative role.

ORGANIZATION

Helping others, organizing a to-do list. Prioritizing tasks by the deadline for improving time -management

MANAGEMENT

Management skills to direct others and review others performance

LANGUAGES KNOWN

- English
- Hindi
- Tamil
- Arabic
- Malayalam

CORE COMPETENCIES

- Sterilization Equipment Operation
- Tray Organization
- Linen Pack Assembly
- Dressing Material Preparation
- Flash Sterilization
- Instrument Sealing
- Ultrasonic Cleaning
- Band Sealer Operation
- Washer Disinfector Expertise
- Compliance with Hygiene Standards
- Infection Control
- Collaboration with Healthcare Teams

ACTIVITIES

- Participated in one day training on State Sterilization & Disinfection C
- Sterilise Processing Professional Society(SSPPS).
- Participated in State level conference on CSSD Management, Sterilis MOSC, Medical Mission Hospital, Kolancherry.
- Participated in Sterilization by Mr.CRAIGWACCALS organised by 3M

DECLARATION

I hereby declare that all the above stated details are true and correct to the best of my knowledge and belief.

MAYDEEN NIZAR