

JOSEMON JAMES

PHYSIOTHERAPIST



Chettiyathe (H)
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Passport No : S2917550
DOB : 18.05.1994

REGISTRATION COUNCIL

**ALL INDIA ASSOCIATION FOR
PHYSIOTHERAPISTS(AIAP)**
REGISTRATION NUMBER : 11872A

AREAS EXPERIENCED

- **Joint Surgery**
- **Neurosurgery**
- **Orthopedics**
- **Cardiothoraci**
- **Vascular Surgery**
- **General Medicine**
- **Psychiatry**
- **Paediatrics**
- **Gynecology**
- **General Surgery**
- **Burns & Plastic surgery**

COMPUTER SKILL

- **MS Office word**
- **MS Office Excel**
- **MS Office Powepoint**

LANGUAGES KNOWN

- **English**
- **Malayalam**
- **Kannada**

OBJECTIVE

A **Physiotherapist** with a great passion for helping people of all ages. I have previous experience in supporting a variety of patients ranging from children suffering from development problems to adults and the elderly affected by and recovering from injuries and movement disorders. I have excellent communication skills, both written and oral, and I enjoy working with a variety of different people.

Competencies / Skills

- Evaluated, planned and administered treatments for individuals through collaboration with other Physical therapists.
- Performed prognostic and diagnostic tests to examine muscle, nerve, joint and functional abilities.
- Updated and maintained charts to reflect on patient progress and their treatments.
- Pursues ongoing professional development.
- Strong communication skills.
- Determination to improve skills and knowledge and become a leader in the field.

Career History

05 Sep 2022 to 31 May 2023: physiotherapist in Atma wellness clinic Kerala, India.

Duties and Responsibilities

- Playing a vital role in implementing a high standard of physiotherapy assessment, diagnosis, treatment and advise to patients.
- Using various outcome measures to diagnose the patients condition followed by objectives and improves the patients well-being.
- Conducting a full evaluation with critical analysis and clinical reasoning approach in the planning of the treatment by identifying short and long term goals plus executing within the department.
- Providing clinical reasoning, evidence -based treatment practices, case documentation as well as meeting record maintenance safety requirements and quality control.
- Gaining valuable skills throughout these roles including leadership qualities, clinical supervision, prioritising workload, communication skills, time management and I.T skill

02 Dec 2021 to 31 Aug 2022: Physiotherapist in Foot Prints Physical therapy & Rehabilitation Centre Kerala,India.

Duties and Responsibilities

- To analyse, assess and treat patients efficiently by using clinical reasoning skills and through counselling of patient through differential settings.
- To use experienced hands-on-therapy in treating neurological disorders like stroke, spinal cord injury, gullian baree syndrome and traumatic brain injury .
- To formulate treatment skills such as manual therapy techniques, and electrotherapy on orthopaedics problems like frozen shoulder, fractures, lower back pain and post-operative reconstructive surgeries.
- To effectively handle complex cases in paediatrics whereby cases such as developmental delay, cerebral palsy, down syndrome and other paediatric neurological disorders are effectively managed.

04 June 2018 to 08 Nov 2021: Physiotherapist in medical mobile unit under Endosulfan Victims rehabilitation program Karnataka,India.

Duties and Responsibilities

- Providing physiotherapy assessment and treatment to patients by improving physical strength, cognition, mobility and quality of life in patients of all ages.
- Being involved in a patient's pre-admission and follow-up care
- Working with special needs infants and toddlers who are suffering from a variety of medical conditions such as cognitive development delay, low muscle tone, mobility impairment and developmental co-ordination disorder.
- Assisting patients recovering from a wide range of accidents (sports, fall or car accidents resulting in back, neck, limb or joint conditions)
- Supporting elderly people to increase their mobility and stability.
- Performing routine physical examinations and inspections.
- Assisting the paediatric consultants with diagnosing certain diseases
- Maintaining a high standard of work and professionalism at all times

Education

September 2012 – December 2017 Laxmi memorial College of Physiotherapy under Rajiv Gandhi University of Health Sciences, Bangalore,India

- Bachelor of Physiotherapy

August 2010 – March 2012 , S H Mount Higher Secondary School Kottayam under Kerala State Board,India.

- 12th passed with 67%

June 2004 – March 2010, CMS College Higher Secondary School Kottayam under Kerala State Board,India.

- Passed 10th with 73%

Reference:

1. Dr SANJAY EAPEN SAMUEL (Principal)
Laxmi Memorial College of Physiotherapy ,Mangalore
Phone : +91-8242213936
2. District Health and Family Welfare Department Mangalore
Phone : +91-8244210093
Email ID : endocelldk@gmail.com,mesmc@mesams.com
3. Cinto Antony (Head of the department)
Foot Prints ,Kerala
Phone : 9895442734
Email : cinto090@gmail.com
4. Dr. Abhijith karma (Director and chief medical officer)
Atma wellness clinic Kerala, India.
Phone : 7293225544
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Declaration

I hereby declare that all the above furnished details are true to the best of my knowledge.

Date:**Place: Kottayam****Josemon James**