



# MELVIN MATHEW

## PHYSIOTHERAPIST

### CONTACT

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**ADDRESS**

**Mudinattu house east marady p.o**

**marady , ernakulam, kerala 686673**

### PERSONAL INFORMATION

Date of birth : 2/01/2000

Blood group : B+ve

Gender : Male

Nationality : Indian

Marita status : Single

### LANGUAGE

Malayalam



English



Kannada



### CAREER OBJECTIVE

Self-motivated, friendly physical therapist with outstanding people skills, easily adaptability and ability to work effectively with people of all levels. Ability to work closely with other professionals to assess a patients needs and devise suitable treatment plan for them. Ready and qualified for the next stage in a successful career and looking forward to making a significant contribution as a physiotherapist.

### EDUCATION

● **2018-2022**

**Bachelor Of Physiotherapy**

NITTE INSTITUTION OF PHYSIOTHERAPY  
MANGALORE

**2017-2018**

**Kerala Board**

Bio-science

Govt higher secondary school

Pampakuda

● **2016-2017**

**Kerala Board**

MAR THOMA MEMORIAL HIGHER

SECONDARY SCHOOL,PAMPAKUDA

### SKILLS

- Organization and Time management Skilled patient relation
- Flexible and adaptable
- Multitasking abilities
- Problem solving
- Data entry
- Planning and coordination
- Patient focused therapy
- Teamwork and collaboration Paediatric knowledge
- Professional Mannerism
- Patient assessment
- Trained in diagnostics and prognostics

## AREA OF EXPERTISE

- Department of Physiotherapy
- Orthopaedics and Sports Medicine
- Medical Intensive Care Unit (MICU)
- Neurology and Neurosurgery ICU
- Cardiac surgical ICU
- Cardio Respiratory Therapy
- Paediatrics
- Obstetrics and Gynaecology
- Pulmonology
- Community and Home care
- Physiotherapy
- General medicine and General surgery
- Physical medicine and Rehabilitation

## SPECIAL INTEREST

- Pain Management
  - Cardiac Rehabilitations
  - Musculoskeletal physiotherapy
  - Posture and Ergonomic correction
  - Neurological physiotherapy
  - Cognitive Behavioral Therapy
  - Developmental Therapy
- Advance technology in stroke rehabilitation  
Gait training

## EXPERIENCE

### ONE YEAR EXPERIENCE

07-03-2024-STILL WORKING

CHAZHIKATTU SUPER SPECIALITY  
HOSPITAL THODUPUZHA , KERALA  
(NABH ACCREDITED),

## PROFESSIONAL DEVELOPMENT

DRY NEEDLING- Dry needling therapist  
(CDNT) from international academy for  
health and science IAHS EDU PRIVATE  
LIMITED

Nitte PHYSIO PANACEA (INTERNATIONAL  
PHYSIOTHERAPY CONFERENCE)  
SUNNYSIDE OF GLOBAL PHYSIOTHERAPY  
RESEARCH, PRACTICE AND EDUCATION

## DECLARATION

I here by declare that the above  
information furnished in my  
resume is true to the best of my  
knowledge.