

# ALEESHA SHOMY

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## Career objectives

Passionate and dedicated Registered Nurse seeking a rewarding position in a healthcare setting. Committed to delivering compassionate and high quality patient care, utilizing strong clinical skills and a patient-centered approach. Eager to contribute to a collaborative team environment while continuously advancing professional knowledge and skills.

## Education

Completed **BSc Nursing** in OCT 2023 from Dharan Nursing College, Salem Tamil Nadu  
Passed **12<sup>th</sup> class Science** in March 2019 from St Joseph's High Secondary School Meloor  
Passed **SSLC examination** in March 2017 from St. Joseph's High School, Meloor

## Computer Skills

Microsoft Excel, Word, PowerPoint, Advanced Excel

## Project Work

A study to assess the knowledge regarding lifestyle management of poly cystic ovarian disease among BSc(n) students in Dharan Nursing college, Salem, Tamil Nadu

## Clinical Experience

- Nursing Foundation
- Medical Surgical Nursing
- Community Health Nursing- 1
- Communication and educational technology
- Medical surgical nursing
- Child health nursing
- Mental health nursing
- Midwifery & Obstetrical nursing
- Community Health Nursing - 2
- Nursing Research and statistics
- Management of nursing service and education
- Intensive integrated practice
- **Internship clinical experience in 1156 Hours**

## Work experience

- Internship at Dharan Hospital in May 2023 to Nov 2023, Selam, Tamil Nadu
- Work at Emergency department and ICU

## Achievements

- **Registered MIDWIFE**
- Theatre Care Nursing, pediatrics and accident and emergency.
- Communicating with doctors, patients, other departments and co-workers about patient care, locating and sharing resources and organizing of patient care.
- Specialist equipment includes: anesthetic machine, intubation equipment, patient care record on computer, handling
- Surgical / anesthetic instruments, medications.
- Promoted health care for both patients and their families, dissemination of information to support groups.
- Developed knowledge, skills and expertise in nursing the critically ill.
- Experienced in musculoskeletal injuries and pain management.
- Expert in moving and handling.
- Trained junior Nursing Students.
- Diabetic care experience: planning, implementing and evaluating care while utilizing. Available resources such as the diabetes specialist nurse.

## Other Achievements

- Developed ability to work as a member of a multi-disciplinary team through voluntary activity and practical experience gained as a care assistant and student nurse
- Undergraduate college Mentor for two years, which served me well when supervising junior nursing students on placement who approached me for advice and guidance
- 1st National seminar on nurse led heart failure management program
- 21 state conference on "Excellence in nursing practice key aspects"

## Personal Details

Address : Attokkaran House,  
Kunnappilly P O, Madhuramattam,  
Adichily, Chalakudy, Thrissur, Kerala

Post Box No : 680311

Father Name : Shomy A A  
Date of birth : 23/10/2001  
Gender : Female  
Married status : Unmarried  
Blood group : A+  
Nationality : Indian  
Languages Known: Malayalam, English, Tamil  
Passport No : **B8380927**

### **Declaration**

All the information shared in the resume is correct, and I take full responsibility for its correctness.

Place:

**ALEESHA SHOMY**

Date: