

ANITTA JAMES

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Career objectives

Passionate and dedicated Registered Nurse seeking a rewarding position in a healthcare setting. Committed to delivering compassionate and high-quality patient care, utilizing strong clinical skills and a patient-centered approach. Eager to contribute to a collaborative team environment while continuously advancing professional knowledge and skills.

Education

Completed BSc Nursing in OCT 2023 from Dharan Nursing College, Salem Tamil Nadu Passed 12th class Science in March 2019 from St Joseph's High Secondary School Meloor Passed SSLC examination in March 2017 from LFCCHS Koratty.

Computer Skills

Microsoft Excel, Word, PowerPoint, Advanced Excel

Project Work

A study to assess the knowledge regarding lifestyle management of poly cystic ovarian disease among BSc(n) students in Dharan Nursing college, Salem, Tamil Nadu.

Clinical Experience

- Nursing Foundation
- Medical Surgical Nursing
- Community Health Nursing- 1
- Communication and educational technology
- Medical surgical nursing
- Child health nursing
- Mental health nursing
- Midwifery & Obstetrical nursing
- Community Health Nursing - 2
- Nursing Research and statistics
- Management of nursing service and education
- Intensive integrated practice
- **Internship clinical experience in 1156 Hours**

Work Experience

- Internship at Dharan Hospital in May 2023 to Nov 2023, Selam, Tamil Nadu
- Work at Emergency department and ICU

Achievements

☐ Registered MIDWIFE

- ☐ Theatre Care Nursing, pediatrics and accident and emergency.
- ☐ Communicating with doctors, patients, other departments, and co-workers about patient care, locating and sharing resources and organizing of patient care.
- ☐ Specialist equipment includes anesthetic machine, intubation equipment, patient care record on computer, handling.
- ☐ Surgical / anesthetic instruments, medications.
- ☐ Promoted health care for both patients and their families, dissemination of information to support groups.
- ☐ Developed knowledge, skills, and expertise in nursing the critically ill.
- ☐ Experienced in musculoskeletal injuries and pain management.
- ☐ Expert in moving and handling.
- ☐ Trained junior Nursing Students.
- ☐ Diabetic care experience: planning, implementing, and evaluating care while utilizing. Available resources such as the diabetes specialist nurse.

Other Achievements

- ☐ Developed ability to work as a member of a multi-disciplinary team through voluntary activity and practical experience gained as a care assistant and student nurse.

- 1st National seminar on nurse led heart failure management program.
- 21 state conference on "Excellence in nursing practice key aspects"
- Undergraduate college Mentor for two years, which served me well when supervising junior nursing students on placement who approached me for advice and guidance.

Personal Details

Address:	Kurissery house Melloor P.O, Melloor Chalaky, Thrissur, Kerala
Father Name:	James K. J
Date of birth:	24/02/2002
Gender:	Female
Marital status:	Single
Blood group:	O+
Nationality:	Indian
Languages Known:	Malayalam, English, Tamil
Passport No:	X3691903

Declaration

All the information shared in the resume is correct, and I take full responsibility for its correctness.

Place:

Date:

Anitta James