

CURRICULUM VITAE

MANIKANTAN.M

Bindhu bhavan

Vettuvila veedu

Punchakkari, Thiruvallam P.O

Thiruvananthapuram

Kerala

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OBJECTIVE

Working in a challenging field which will make full use of my abilities, developing both personal and interpersonal skills, along with sincere contribution to the organization's growth and goals.

PERSONAL PROFILE SETTLEMENT

I am committed, caring and friendly Physiotherapist with a great passion for helping people of all ages. I have previous experience in supporting a variety of patients ranging from children suffering from development problems to adults and the elderly affected by and recovering from injuries and movement disorders.

ACADEMIC PROFILE

DEGREE	INSTITUTION	UNIVERSITY	YEAR	PERCENTAGE (%)
M.P.T(Master of Physiotherapy) in Orthopaedics	Christian Medical College, Vellore, Tamilnadu.	Tamilnadu Dr.M.G.R. Medical University, Chennai.	2021-2023	65

B.P.T (Bachelor Of Physiotherapy)	Little flower Institute of Medical Sciences And Research (LIMSAR)	Kerala university of health sciences(KUHS)	2014-2018	70
HSC(Science)	Govt. Higher Secondary School, Kamaleswaram, TVM.	Board of higher secondary examination, kerala	2011-2013	87.5
SSLC	B.N.V.V.H.S.S, Thiruvallam, TVM.	Board of public examination, kerala	2010-2011	92

WORK EXPERIENCE

- SreejithNampoothiri's Executive center for physiotherapy,Thiruvananthapuram:-
Worked as a Physiotherapist from 26/07/2019 to 16/10/2021.

CREDENTIALS

1. International Physiotherapy Conference "PHYSIO 2020" on 27th & 28th November 2015 organized by JDT Islam College of Physiotherapy, Kozhikode, Kerala, India.
2. "QINETICS 2018" Physiotherapy conference on 13th March 2018 organized by Little Flower Institute of Medical Sciences And Research (LIMSAR), Angamaly, Kerala.
3. Chartered Society of Physiotherapy Teachers National Conference-2018 on 12th& 13th May 2018 at Feroke, Kozhikode, Kerala.
4. District level Physiotherapy conference on **Neuromuscular Techniques** on 3rd February 2019 organized by **Kerala Association for Physiotherapists' Co-ordination (KAPC)**at Boban Residency, Thiruvananthapuram.
5. **Personal Empowerment in Emergency Response (PEER) – CPR & AED** – an Awareness Programme provided by ALERT on 25th April 2019.
6. Project work on "**Effect of Core Stabilization Exercises in Improving Core Muscle Endurance, Pain & Hand-Eye Coordination in Patients with Non-specific Chronic Low Back Pain**".

7. **MPT thesis work on “Knee Arthritis: Factors determining the Patients’ Decision to undergo Total Knee Replacement after Surgeon’s recommendation- A cross-sectional study”**

PERSONAL PROFILE

Mother’s Name : Bindhu.L

Date of Birth : 25/February/1996

Marital Status : Single

Nationality : Indian

Language Proficiency : Malayalam, English, Hindi &Tamil

STRENGTHS

- ❖ Self confidence
- ❖ Optimist
- ❖ Punctuality
- ❖ Hard working

REFERENCES

Mr.Andrew Babu
Professor& Head of Physiotherapy
CMC, Vellore
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Mob:- 9489590360

Senthil Velkumar T
Associate Professor
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