

## **JELIN JAMES**

Palappallil House Madukka P. O Madukka Kottayam, Kerala 686513 7025787305 | jelinjames472@gmail.com

### **Objective**

Passionate Medical and Psychiatric student with formal knowledge gained through excellent classroom performance and short experience. Offers excellent communication and organisational abilities along with skills handling different types of computer activities. Known for accomplishing objectives and best-in-task time management. I always seek for challenging to improve myself.

## **Experience**

Rhythm Social Service Society for women, Coimbatore     Field work Trainee     Community setting	1 month -
L&T hospital, Echanari, Coimbatore     Field Work Trainee     Medical Setting	1 month -
Serene Ninan's hospital, Palakkad     Field Work Trainee     Medical and Psychiatric setting	15 days -
Rajagiri Outreach, Ernakulam Intern Community setting	1 month -
Metro Mind hospital, Ernakulam Intern Medical and Psychiatric setting	15 days -
NIMHANS (National Institute of Mental Health and Neuro Science), Bengaluru Intern Medical and Psychiatric setting	1 month -
Nalla Samarayan Ashramam, Kanjirappally, Kottayam     Counsellor     Phycho-social Rehabilitation Centre for Mentally ill	1 year -
Education	
• St. Joseph's Girls High School, Mundakayam, Kottayam SSLC 81%	2016
<ul> <li>J.J Murphy Memorial Higher Secondary School, Yendayar, Kottayam</li> <li>12th</li> <li>84%</li> </ul>	2018
<ul> <li>Marian College , Mahatma Gandhi University, Kuttikanam, Idukki Bachelor of Social Work 74.6</li> </ul>	2021
<ul> <li>Nehru Arts and Science College, Coimbatore, Tamil Nadu Master of Social Work 72%</li> </ul>	2023
Skills	

# Communication

- Teamwork
- Listening
- Leadership

#### **Projects**

- Academic and Social Problems of Adolescent Students due to Screen Addiction
   As part of the graduation the trainee had done a study on various academic and social problems of adolescent students due to screen addiction
- Psychosocial Problems of Elderly during COVID 19: Among Grandparents of Bsw Students
   As part of the post graduation the trainee had done a study on various psychosocial problems of elderly people

#### **Achievements & Awards**

- PRAXIS 2020: Linking theory with practice INTERNATIONAL CONFERENCE at Marian College Kuttikanam, Idukki
- Workshop on DISCOVER THE POWER IN YOU THROUGH ENERGY WORK at Hindustan College of Arts & Science
   Coimbatore
- Workshop on MENTAL STATUS EXAMINATION at Krishna Nursing Home, Coimbatore
- Add-on Course in INTENSIVE TRAINING ON PSYCHOTHERAPIES and obtained the A grade at Nehru Arts and Science College, Coimbatore
- Exemplary Contribution to the CULTURAL EVENTS during the NAAC VISIT at Nehru Arts and Science College

#### **Interests**

- Learning language
- Learning new skills
- Reading
- · Volunteering and community involvement

#### Languages

- Malyalam
- English
- Tamil

#### Reference

 Mrs. Merlin Jenefer - Nehru Arts and Science College, Coimbatore, Tamil Nadu Assistant Professor nascmerlinjenefer@nehrucolleges.org

#### Additional Information

Membership in KAPS (Kerala Association of Professional Social Workers)