

#### PARVATHI PK

EMAIL ID: parvathymenon299@gmail.com

**PHONE NO:**8590721711

### **CAREER OBJECTIVE:**

Seeking a position within your esteemed organisation ,where I can leverage my passion for nutrition and heath to provide evidence based dietary guidenceand support to individuals and communicate,promoting wellness and disease prevention .

# **EDUCATIONAL QUALIFICATION:**

COURSE	BOARD/UNIVERSITY	INSTITUTION	YEAR OF PASSING	PERCENTAGE
MSC Food science &nutrition	Bharathiar university	Nehru arts and science college	2024	80%
BSC Food scienceand nutrition	Bharathiar university	CMS College of commerce and science	2022	84%
12th	CBSE	MES International school	2019	65%
10th	CBSE	Sree Mharashi Vidhyalaya	2017	92%

# **TECHNICAL SKILLS:**

- > Food safety management
- ➤ Diet councelling
- ➤ Food and water analysis
- Microbial analysis

- > Nutritional profiling
- Nutritional parameter -total sugar ,carbohydrates protein ,fat ,total phenol, fiber,physiochemical analysis
- ➤ Instruments uv ,spectrometer
- > Software -graphpad software , origin software for carb , potein and fat statistics

### **INTERNSHIP:**

> Amritha Vishwa Vidyapeetham institute of medical science

Had attended training in this hospital as dietetion trainee.

I had gone through this training for 1 month

➤ AR BAKESPVT.LTD

I attended this training as food quality controller and food analyse trainee

I had gone through this training for 15 days

> VELIYATH AGRO INDUSTRIESPVT LIMITED

I attended this training as food quality controller and food analyse trainee I had gone through this training for 30 days

### **PROJECT:**

**Topic:** Development and quality evaluation of ready to mix dosa from sorghum millet and sweet potato flour for diabetes

#### **CERTIFICATIONS:**

- ➤ HACCP Level 3 in food manufacturing (RQF)
- > FOSTAC -Level 2 in manufacturing
- Certificate in Diary technology and food processing and product technology organized by NPTEL
- ➤ Holistic nutrition

#### **CONFERENCE:**

International conference on food and gut health at avinashilingam institutefor home science and higher education for wemon ,coimbatote

# **PERSONAL DETAILS:**

Date of birth:09 September 2000

Fathers name: G Pradeep

Marietal status: Single Address: vaishnavam(ho),

sankaramangalam (po),

valloor,Pattambi,

Palakkad ,kerala,

pin:679303

# **DECLARATION:**

I hereby declare that all the information providedabove are complete and accurate to the best of my knowledge

### PARVATHI PK

Place: Pattambi

**Date**:05/04/2024