



Dona Elizabeth Sabu
BSC –NURSE

CONTACT

Sona cottage, Poozhikkad , kudassanad (po),
Pathanamthitta, Kerala
GSM: +91 6235730246
Email: donaes451@gmail.com
Date of birth: 29/07/2001

OBJECTIVE

Fresh but enthusiastic registered nurse,
provide Effective nursing care for
maintaining best possible health in all
aspects.

LANGUAGE

English, Kannada, Malayalam

SKILLS

Infant care,Maternity,IV Management ,
Patient Triage,IV Therapy,Blood collection and
Blood Transfusion ,Insertion and Removal of Ryles
tube,Wound care,Cardiac resuscitation

EQUIPMENT FAMILIAR

Glucometer,Pulse oximeter,Suction apparatus,
Syringe pump,Nebulizer,BP Apparatus,
Ambu bag,Fetoscope,Oxygen cylinder,
ECG machine,Cardiac monitor,Crashrolley

WORK EXPERIENCE

Internship- Medical Surgical Ward
AJ Institute of Health and Science

Completed 3 months of training in Medical
Surgical Unit.

PROJECTS

A correlation study between sleep hygiene practice
and perceived sleep deprivation among the students
of selected nursing colleges In Mangalore – A Group
research done in 2023.

EDUCATION

BSc Nursing

Rajiv Gandhi University of Health Science
Karnataka
Year of Completion: 2023

Higher Secondary Education

MG Higher Secondary School
Thumpamon
Year of Completion: 2019

SSLC 10th Class

St.Thomas English Medium High School
Kurampala
Year of Completion: 2017

ACHIEVEMENTS

Attended workshop on design yourself conducted
By Laxmi Memorial college of Nursing

Attended Jeeva Raksha-ELNS course conducted by
RGUHS and Swami Venkatanatha Youth movement's
initiative

Attended (EUDAIMONIA) embracing a better
Outlook towards Nurse Wellbeing and client
Safety conducted by Laxmi Memorial College

Attended South region workshop on untangle
The Threads of clinical Nursing Research for
Better health care conducted by Nursing Research
Society of India.

DECLARATION

I hereby declare that the above information is
correct to the best of my knowledge.

Place

Date