

PREENA SASI

STAFF NURSE

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Kerala, India



PROFILE SUMMARY

Dedicated and highly skilled Staff Nurse with **12 years** of extensive experience in delivering compassionate and patient-centered care. Proven expertise in monitoring vital signs, administering medications, and implementing comprehensive nursing interventions. Adept at handling diverse medical conditions and emergencies, ensuring the well-being of patients. Proficient in supervising and mentoring junior staff, as well as orienting new team members.

EMPLOYMENT CHRONICLE

- STAFF NURSE** | June 2022 – Mar 2024
PK DAS INSTITUTE OF MEDICAL SCIENCES
Department : Medical And Speciality Ward
- STAFF NURSE** | Feb 2019 – Feb 2022
DIVINE HOSPITAL
Department : Medical and Surgical Ward
- STAFF NURSE** | Jan 2016 – Jan 2019
SPARSH HOSPITAL
Department : Medical and Surgical Ward
- STAFF NURSE** | Sep 2012 – Sep 2013
FLORES HOSPITAL
Department : Cath Lab
- STAFF NURSE** | Feb 2009 – Aug 2012
Q.R.G. CENTRAL HOSPITAL
Department : Medical and Surgical Ward

ACADEMIC CREDENTIALS

GNM NURSING | 2009 | 78%

- Andra Pradesh Board
- Sri Venketeswara
School of Nursing Chittoor

HIGHER SECONDARY | 2005 | 70%

- Board of Higher Secondary
Examination, Kerala, India

SSLC | 2003 | 70%

- Board of Public Examination,
Kerala, India

COMPUTER PROFICIENCY

MS Office	★ ★ ★ ★ ★
Basic Operation	★ ★ ★ ★ ★
Internet & Email	★ ★ ★ ★ ★

REGISTRATION DETAILS

ANDRAPRADESH NURSES AND MIDWIVES COUNCIL

Registration Number : 83041, 82640
Date Of Issue : 16-09-2009

KERALA NURSES AND MIDWIS COUNCIL

Registration Number : KL02201400103
Date Of Issue : 28-08-2014

KEY RESPONSIBILITIES

- Ensure smooth admissions, transfers, and discharges of patients.
- Prepare nursing units for receiving patients from different sources (Emergency, ICU, Wards).
- Monitor vital signs and respond to abnormalities promptly.
- Manage emergencies like respiratory arrest, cardiac arrest, cyanotic spells, and apnea.
- Evaluate and modify care plans based on patient responses and goals.
- Assist with personal hygiene and daily needs of patients.
- Prepare patients for diagnostic investigations (CT/MRI scans, ECHO, Endoscopy, USG).
- Assist patients with self-care activities and encourage early ambulation.
- Participate in rounds with doctors and execute medical orders.
- Facilitate smooth shift handovers with comprehensive information exchange.

PROFESSIONAL SKILLS

- IV Line Insertion
- Foley's Catheterization
- Ryle's Tube Insertion
- Enema
- Mouth Care, Back Care
- Wound Dressing
- Suture Removal
- Steam Inhalation
- Nebulization
- Injections
- Naso-Gastric Tube Feeding
- Specimen Collections
- Medicine Administration (Oral and Parental)
- Oxygen Therapy
- Blood Transfusion
- Cardio Pulmonary Resuscitation
- Arterial Blood Gas Sampling
- Echo Cardiogram
- Colostomy Care
- IVF
- Oronasal And Endotracheal Sanctioning

EQUIPMENTS HANDILED

- Pulse Oxymeter
- Nebulizer
- Suction Apparatus
- Nelson's Inhaler
- Infusion pumps
- ECG Machine
- Glucometer
- Cardiac Monitor
- Infusion Pump
- Syringe Pump
- Laryngoscope
- Defibrillator

LANGUAGES KNOWN

English	<div style="width: 100%;"></div>	100 %
Malayalam	<div style="width: 100%;"></div>	100 %
Hindi	<div style="width: 85%;"></div>	85 %
Tamil	<div style="width: 85%;"></div>	85 %

INTERESTS



Songs



Travelling



Reading

- Maintain ward cleanliness, manage inventories, and supply requisitions
- Assist in orienting new staff nurses and participate in professional activities.
- Engage in in-service education and continuous professional development.
- Report patient updates and relevant information accurately to seniors.
- Enter patient details into computer systems or registers during admissions, transfers, and discharges.
- Proficient in cardio-pulmonary resuscitation (CPR).
- Skilled in Ryles tube feeding and catheter care.
- Competent in oxygen therapy administration.
- Manage emergency drugs and ensure their readiness.
- Infection control and safety management, focusing on the care of immunocompromised patients.

PERSONAL STRENGTHS

- **COMMUNICATION** - Interpersonal skills – verbal, problem solving and listening skills in any administrative role.
- **SERVICE** - Having a Patients focused approach Skills include Patience, Attentiveness and a positive language.
- **ORGANIZATION** - Helping others, organizing a to-do list. Prioritizing tasks by the deadline for improving time -management.
- **MANAGEMENT**- Management skills to direct others and review others performance.

PERSONAL DOSSIER

Gender	: Female
Date of Birth	: 05-01-1988
Nationality	: Indian
Marital Status	: Married
Permanent Address	: Kolanickal house,Kallooppara po Thiruvalla, Pathanamthitta,689583 Kerala, India

PASSPORT DETAILS

Passport Number	: M6738318
Date Of Issue	: 25-02-2015
Date of Expiry	: 24-02-2025
Place of Issue	: Malappuram

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

PREENA SASI