

# CURRICULUM VITE

**TINTU KURIAN**  
**MARAMATTATHIL(H)**  
**BHARANANGANM P.O**  
**PALA, KOTTAYAM(Dist)**  
**KERALA, PIN:686578, INDIA**  
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## PERSONALDETAILS

Date of Birth : 05/11/1988  
Sex : Female  
Nationality : Indian  
Marital Status : Married  
Name of Spouse : Ebin Abraham  
Language Proficiency : English, Malayalam, Arabic, Kannada

## PASSPORTDETAILS

- Old passport No : J0883487  
Expiry Date : 21/10/2020
- New passport No : V9247792  
Issue Date : 12/04/2022  
Expiry Date : 11/04/2032  
Place of Issue : Cochin

## CAREER OBJECTIVE

- To join a reputed medical organization that offers me a constructive and challenging work environment.
- To contribute to the organizations reaching optimal health care standards and performance where my profound nursing professional and practical experiences will fully be utilized and enhanced.

## ACADEMIC QUALIFICATION

Sl.No	Exam Passed	School/College	Year	Percentage of marks
1	10 <sup>th</sup> Grade	S.H.G.H.S Bharananganam, Kottayam, Kerala	March 2004	63%
2	Higher Secondary	St. Marys HSS, Bharananganam, Kottayam, Kerala	March 2006	58%
3	B. Sc Nursing	K.Pandayarajah Ballal College of Nursing, Ullal, Karnataka	December 2011	58%

## EMPLOYMENT AND EXPERIENCE DETAILS

Sl. No	Name of Institution	Duration	Designation
1	Meridian Medical Centre, Bangalore, India	12/02/2011 to 13/05/2013	Medical Surgical Ward
2	AL-Mikhwageneral Hospital, Saudi Arabia	29/07/2013 to 30/10/2017	Medical Surgical Ward
3	Assisi Hospital, Gundlupet, Karnataka	04/01/2021 to 07/04/2023	Medical & Paediatric Ward

## PROFESSIONAL REGISTRATION

Name of Regulatory Authority	Date of Registration	Registration number	Validity
Kerala Nurses and Midwives Council, Thiruvananthapuram	02/06/2023	20613	01/06/2028
Karnataka Nursing Council, Bangalore	10/08/2011	039977	10/08/2014
Saudi Nursing Council	17/04/2017	13-A-N-0046061	17/04/2022

## THE TRAINED NURSES ASSOCIATION OF INDIA

Life membership Number : 215437/LMT

## CAREER GAP HISTORY

Sl.No	Period of Gap	Reason
1	05/01/2018 to 30/04/2020	Due to health issues, includes abortion and delivery
2	01/05/2020 to 30/12/2020	Due to Covid pandemic situation and online OET Preparation
3	10/04/2023 to till date	OET preparation

## DUTIES AND RESPONSIBILITIES

- Schedule patient admissions and discharges
  - Maintain higher possible standard of patient care in all Aseptic Techniques.
  - Accompany with doctors during ward rounds and carry out the orders in a prompt manner.
  - Assisting doctors for various procedures like dressing, plaster cast, chest tube insertion, suturing, exchange transfusions, peritoneal dialysis, central/arterial line insertion.
  - Close monitoring of post operative patients
  - Administration of medicines as per physician's prescription.
  - Monitoring vital signs and RBS.
  - Nasogastric tube feeding and jejunostomy feeding.
  - Performance of procedures such as IV canulation, IVF therapy, NGT and urinary catheter insertion, ECG, ETT suctioning, chest physiotherapy, CVP monitoring, suture removal, nebulization, oxygen therapy, enema.
  - Maintain a patent airway.
  - Applying splint.
  - Collecting blood for investigation.
  - Maintain personal hygiene of all patients.
  - Respect Patients privacy.
  - Maintain Patients charts and confidential files.
  - Provide assistance to nursing manager/head nurse.
  - Educate patients/families on health care needs, conditions, options etc.
  - Interact with departments regarding patient care and needs.
  - Taking proper handover about patients from previous shift staff nurse and giving proper hand over to the respective staff nurse.
  - Attend the in-service education time to time.
- Emergency care
- Cardio Pulmonary Resuscitation and Airway.

## **ADMINISTRATIVE RESPONSIBILITIES**

- Ward Management: Coordinating the work, conducting pre and post conference in each shift, taking nurses rounds and assessment of patient needs.
- DANGEROUSDRUGS: Care of narcotic drugs and keep special records for those drugs.
- REPORTS AND RECORDS: Care of medico legal evidences and documents. Updating and receiving all reports.

## **SKILLS**

- Proven record of reliability and responsibility
- Remain calm and professional throughout critical incidents.
- Self-confident and motivated.
- Proven loyalty and knowledge of medical ethics.
- Ability to provide effective nursing care as per needs of patients.
- A good contributor in a team and has a leadership quality.
- Assist in various procedures in ward
- Effective interpersonal and communication skills.

## **EQUIPMENTS HANDLED**

- Cardiac monitors
- Pulse oximeter
- Syringe pump
- Infusion pump
- Suction Machine
- Water seal drainage system
- Digital Thermometer
- Glucometer
- Oxygen Flow meter
- Nebulizer machine
- BP apparatus
- ECG Machine
- Doppler machine
- ABG Machine
- IV Canula
- Nasogastric tube, Jejunostomy tube
- Colostomy kit, Urinary catheters
- Steam inhaler
- Phototherapy machine
- Ambu bag, Laryngoscope

## REFERENCES

1. Sr. Shiney Joseph  
Administrator  
Assisi Hospital ,Gundlupet – 571111  
Karnataka  
India  
Phone number: +91 8884008824  
Email: teenafrancisasmi@gmail.com
  
2. Sr. Akhila Francis  
Head nurse  
Medical Ward  
Assisi Hospital, Gundlupet – 571111  
Karnataka, India  
Phone number; +91 9108643068  
Email: vineethaasmi20@gmail.com

## DECLARATION

I do hereby solemnly and my proper senses declare that the information above is true and the document submitted along with this curriculum vitae is correct to the best of my knowledge and belief.

Place: Bharananganam

Date: 04/09/2023



**TINTU KURIAN**