

SONA SHAJI

CONTACT



+91 7902587015

m Pallithotathil House Eruva PO kayamkulam

ACADEMIC CREDENTIALS

BSC NURSING | 2022

Travancore College of Nursing, KUHS

HIGHER SECONDARY | 2017

- **Board of Higher Secondary** Examination, Kerala, India
- M S M H.S.S, Kayamkulam

SSLC | 2015

- Board of Public Examination, Kerala, India
- ST. Mary's G.H.S.S, Kayamkulam

REGISTRATIONS

KERALA REGISTRATION

Registration No: KL03202204510 Date of Issue : 15/09/2022 Date of Expiry : 14/09/2027

CERTIFICATIONS

ACLS-AHA

Date of Issue :03/02/2024 Date of Expiry :02/2026

BLS- AHA

Date of Issue :09/12/2023 Date of Expiry : 12/2025

PROFILE SUMMARY

Experienced Staff Nurse in the Medical & Surgical Unit, with 1 year of dedicated service. Proficient in comprehensive patient collaboration with interdisciplinary teams, and maintaining high standards of safety and infection control. Strong communication skills and adaptable to dynamic healthcare environments. Committed to delivering optimal patient outcomes and continuous professional growth.

KEY SKILLS

Patient Care	Work Ethic		Infection Control		rol	Leadership Quality	
Emergency Respon	Time Management				Patient Education		
Problem Solving	Adaptability		Cli	Clinical Skills		Honesty	

EMPLOYMENT CHRONICLE

STAFF NURSE | 12 Oct 2022- 17 Nov 2023

TRAVANCORE MEDICAL COLLEGE HOSPITAL, KOLLAM, KERALA, INDIA-(NABH Accredited)

DEPARTMENT: MEDICAL & SURGICAL UNIT BEDS:900

KEY RESPONSIBILITIES

- Providing comprehensive nursing care, including assessment, vital sign monitoring, medication administration, and assistance with daily activities.
- Collaborating with healthcare professionals to develop and implement individualized care plans.
- Responding promptly to medical emergencies and providing necessary support, including CPR.
- Maintaining accurate patient records in compliance with hospital policies and regulations.
- Educating patients and families on medical conditions and selfcare techniques.
- Adhering to infection control protocols to prevent spread of infections.
- Collaborating with interdisciplinary team members for coordinated patient care.
- Participating in quality improvement initiatives to enhance patient care outcomes and promote safety.
- Engaging in ongoing professional development to stay updated on nursing practices.
- Advocating for patients' rights and addressing concerns to promote patient-centred care.
- Mentoring and guiding junior staff members to ensure consistency in patient care standards and practices.
- Participating in community outreach programs to promote health education and disease prevention in the local community.

AREA OF EXPERTISE

- Patient Advocacy
- Professional Development
- Quality Improvement
- Patient Education
- Treatment Planning

COMPUTER PROFICIENCY

MS Office $\star \star \star \star \star \star$ Adobe $\star \star \star \star \star \star$ Basic Operation $\star \star \star \star \star \star$ Internet & Email $\star \star \star \star \star \star$

LANGUAGES KNOWN



INTERESTS







Songs Travelling

Reading

REFERENCE

Available upon request

EQUIPMENT S HANDLED

- ECG Machine
- Cardiac Monitor
- Syringe & Infusion Pump
- Nebulizer
- Pulse Oximetry
- Glucometer
- Suction Apparatus
- Defibrillator
- Syringe Destroyer
- Oxygen Cylinder

PERSONAL STRENGTHS

- **COMMUNICATION** Interpersonal skills verbal, problem solving and listening skills in any administrative role.
- SERVICE Having a client focused approach Skills include Patience, Attentiveness and a positive language.
- ORGANIZATION Helping others, organizing a to-do list. Prioritizing tasks by the deadline for improving time -management.
- MANAGEMENT- Management skills to direct others and review others performance.

PERSONAL DOSSIER

Gender : Female

Date of Birth : 06/03/1999

Nationality : Indian

Marital Status : Married

PASSPORT DETAILS

Passport Number : T9895853
Date of Expiry : 30/09/2029
Date of Issue : 01/10/2019
Place of Issue : Trivandrum

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars

SONA SHAJI