



NITHYA SATHISH

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✉ nithyasathishbsc@gmail.com

📍 Alappuzha

A Dedicated and compassionate Healthcare Professional with experience in delivering exceptional patient care. Skilled in conducting assessments, administering medications, and implementing evidence-based nursing interventions. Seeking a Staff Nurse position in a progressive healthcare facility where the clinical expertise and dedication to patient well-being can contribute to the delivery of high-quality healthcare services.

TRAININGS ATTENDED

Vanivilas Hospital, Bangalore

Cesarean OT

04.08.2023-14.08.2023

- Check that all necessary tools and materials are available and working.
- Anticipate anesthesiologists' and surgeons' demands during the surgery.
- Make sure the surgical process is accurately and fully documented for the patient's medical record.
- Monitor the patient's condition closely during the immediate postoperative period.
- Explore educational opportunities to improve your Cesarean OT nursing skills.

Anex Ward

12.06.2023-22.06.2023

- Responsible for recording patients' temperature, blood pressure, pulse, and respiration.
- Under licensed nurse supervision, dispense medications and ensure patients take them as prescribed.
- Observe patients for changes and report any irregularities to registered nurses or doctors.
- Help nurses and doctors with wound care, catheterization, and intravenous line insertion.

Victoria Hospital, Bangalore

Intensive Care Unit

06.08.2022-16.08.2022

- Perform entire hospitalization tests, including vital signs and neurological state.
- Facilitate emergency procedures like CPR and fast response team activations.
- Monitor and adjust mechanically ventilated patients' oxygenation and ventilation.
- Participate in quality improvement initiatives to enhance patient outcomes, medical mistakes, and ICU care.

Minor OT

10.06.2022-20.06.2022

- Examine patient identification, surgical site, and consent paperwork with the surgical team.
- Keep an aseptic approach and infection control to avoid surgical site infections.
- Deliver the surgeon and team instruments and supplies during the surgery.
- Cooperate closely with surgeons, anesthesiologists, and support staff to improve surgical results.

SKILLS

- Emotional Intelligence
- Clinical Proficiency
- Compassionate Care
- Team Collaboration
- Patient Education
- Patient Advocacy
- Emergency Response
- Quality Improvement
- Crisis Management

EQUIPMENTS HANDLED

- Endotracheal intubation
- Cardiopulmonary resuscitation
- Radiant warmer
- Incubator
- Steam inhaler
- Cardiac monitor
- Endotracheal suction
- Pack markers
- Cvp line
- Bag - mask ventilation
- EkG machine
- Stretchers

EDUCATION

B.Sc- Nursing, 2023

- Abhaya College of Nursing, Bangalore
- Rajiv Gandhi University- 75% of marks

PERSONAL INFO

Address: Sathish Bhavanam, Kunnam, Mavelikkara

DOB: 03/10/2000

Marital Status: Single

Nationality: Indian

Passport No: B 6943866, Valid Indian Passport

Expiry: 01/11/2033

Linguistics: English, Malayalam