**RESUME**

**SHEFEENA K.A.**

Kottakudi (H) 10th Mile Valara (P.O) Idukki-685561 Kerala state India

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**CAREER OBJECTIVE**

A complete dedication my noble profession of nursing , to work in any kind of environment with endurance regardless of hurdles that come my way. I would like to be a part of a core team in a professional organization and believe that my abilities attitude and dedication would help in adding total value to the organization.

**EDUCATIONAL QUALIFICATION**

COURSE

INSTITUION

BOARD/UNIVERSITY

YEAR

BSc Nursing

AZEEZIA COLLEGE OF NURSING

KERALA UNIVERSITY OF HEALTH AND SCIENCE

2017

VHSE

GVHSS- NERIAMANGALAM

Board of Vocational Higher Secondary Education, Kerala.

2011

SSLC

GVHSS DEVIYAR COLONY

Board of Public Examination, Kerala

2009

**EXPERIANCE**

2 YEAR

& 3 MONTHS

STAFF NURSE

KOVAI MEDICAL CENTRE AND HOSPITAL- COIMBATORE

GYNECOLOGY AND OBSTETRICS DEPARTMENT

Currently

Working

STAFF

NURSE

BISHOP CORNAD MEMORIAL HOSPITAL , SITAPUR – UTTAR PRADESH

NEONATAL INTENSIVE CARE UNIT

**PERSONAL DETAILS**

Date of birth Father Name Gender

- **14-10-1993**

* **K M ALIYAR**
* Female

Nationality - Indian

Religious - Muslim

Marital status - Single

Blood Group - A+

Aadhar No - 943563811657

**LANGUAGES KNOWN**

|  |  |  |  |
| --- | --- | --- | --- |
| LANGUAGE | READ | WRITE | SPEAK |
| English |  |  |  |
| Malayalam |  |  |  |

# PERSONAL TRAITS

* + Good interpersonal and communication skills.
  + Sincere, Hardworking and commitment to excel in the given field.
  + Good analytical and problem solving skills.
  + Sense of responsibility and creativity.
  + Polite and soft in nature.

***DUTIES PERFORM :-***

* **Observing change in patients, condition: recording, reporting to the concerned authority, and taking necessary action.**
* **Early identification & prevention of complication.**
* **Co-ordinating patients care with various departments & health care personals.**
* **Maintaining all Infection control measures.**
* **Maintaining clean & safe environment for the patient.**
* **Maintaining personal hygiene.**
* **Maintaining nutritional needs of the patient**
* **Maintain high standard in preparation, calculation & administration of medication as per the order.**
* **Giving health education to the patients & relatives.**
* **Keeping the unit clean & tidy & care of the equipments of patient unit**
* **Assisting doctors in various medical & surgical procedure**

***RESPONSIBILITIES :-***

* + - **Responsible for preparation of the unit for receiving patient after admission and also after surgery**
    - **Responsible for the initial assessment of post-operative patients, planning &**

implementation of care as per protocol without direct supervision.

* + - **Ensure provision of high standard of quality services to all patients.**
    - **Direct responsibility for patients need during the process of recovery following surgery.**
    - **Ensure adherence to nursing policies. Protocols & procedures. Guidelines in stabilizing the post operative care.**
    - **Maintaining own professional practice & have extensive knowledge of new developments, related to my specialties in the intensive therapy unit.**
    - **Responsible for advocating & practicing proper infection control measures.**
    - **Act as a role model for the junior staff**

# PROCEDURES HANDLED

* Foley,s Catheterization
* IV Cannulation
* Bladder Irrigation
* Bowel wash enema
* Suture removel
* Nebulization
* Steam Inhalation
* CPR Technique
* ECG Tracing
* Blood transfusion
* Colostomy care
* Suctioning
* Assisted for Lumbar Puncture
* Injection methods

**EQUIPMENTS HANDLED**

* Suction apparatus
* Glucometer
* Pulseoxymeter
* Sphygmomanometer
* Cardiac Monitor
* Steam Inhaler
* Machine Nebulizer
* Oxygen Cylinder

***REFERENCES:-***

1. **Mr. Dr Nalla G Palaniswami Chief Medical Officer, Kovai Medical Hospital Avinashi Road**

Coimbatore

1. **Dr. Mohanambal C Nursing Director Kovai Medical Hospital Avinashi Road Coimbatore**

# DECLARATION

I hereby declared that the above information furnished by me is true to the best of my knowledge and belief.

Thanking you,

***SHEFEENA K.A.***