RINKU ROY KANIYARUDE VADAKKATHIL HOUSE KARICHAL, PAYIPAD P.0 HARIPAD, ALAPUZHA DISTRICT – 690 514 Mob : 7034611257, 9747483579 Email id : rinkuroy1915@gmail.com



#### **PERSONAL DETAILS**

NAME	:	Rinku Roy
Date of birth	:	08.11.1989
Gender	:	Female
Religion	:	Christian

### **CAREER OBJECTIVE**

"Seeking a growth-oriented and challenging career in nursing and patient care in professional reputed hospital where I can apply my knowledge and skills to the best of my abilities".

### **EXPERIENCE PROFILE**

TOTAL EXPERIENCE: 7 Years and 8 Months (GNM) TOTAL EXPERIENCE: 0 Years (Post BSC)

### LANGUAGES KNOWN

Fluent in English, Hindi, Malayalam, Kannada and Tamil.

#### **STRENGTHS**

I am myself motivated, I can communicate reasonably well. I have a good level of emotional intelligence to get along with different types of patients and colleges and I can keep myself cool in hard times. I am trained to be proactive.

### **PROFESSIONAL QUALIFICATION**

QUALIFICATION	NAME OF THE INSTITUTION	NAME OF THE COUNCIL/ UNIVERSIT Y	YEAR	Percentage
Post BSC Nursing		Rajiv Gandhi University, Karnataka	2021-2023	70%
GNM Nursing	Navodaya School of Nursing, Karnataka	Karnataka nurses and midwives council	2007 - 2012	65%

### REGISTRATION

NAME OF THE BOARD/ UNIVERSITY	REGISTERED AS	YEAR	REGISTRATION NO.
Kerala nurses & Midwives Council	Staff Nurse	2013 & 2018	93346

### WORKING EXPERIENCE

### TOTAL EXPERIENCE : 7 Years and 8 Months

1.	Name of Hospital	:	Sreejan Hospital, Allahabad.
	Experience	:	1 Year 2 Months. (2012 September to 2013 November)
	Specialties	:	Neonatal Intensive Care Unit (NICU & Private Ward)
	Position	:	Staff Nurse
2.	Name of Hospital	:	Uma Sanjeevani Hospital, Gurgaon, Delhi.
	Experience	:	1 Year 3 Months. (2014 May to 2015 August)
	Specialties	:	ICU, Casuality and Ward
	Position	:	Staff Nurse
3.	Name of Hospital	:	Paalana Institute of Medical Science, Palakkad, Kerala.
	Experience	:	5 Year 3 Months. (2016 July to 2021 August)
	Specialties	:	<ul><li>2 Years and 6 Months at Pediatric Ward and</li><li>2 Years and 7 Months at Neonatal Intensive Care Unit (NICU)</li></ul>
	Position	:	Staff Nurse

### NEONATAL INTENSIVE CARE UNIT ( NICU)

- Receiving babies.
- Monitoring vital signs.
- Collection of blood samples and administration of medicines as per Doctors order
- IV Cannulation
- Oxygen therapy
- Nebulization

### **EMERGENCY MANAGEMENT: Bag and mask ventilation.**

- Feeling of peripheral pulses
- Providing care to the babies with all respiratory and general medical emergencies in ICU.
- Performing basic nursing procedures like assessment of the babies, preparing for mechanical ventilations (Drager evita 4, Drager evita xl & Baby log) and invasive and non invasive ventilators, syringe pump and pulse oxymeters.
- Emergency management.
- Assessing physical and psychosocial needs of babies.
- Monitoring fluid and electrolyte balance.
- Psychological support to parents.
- Assessing duties and responsibilities to the subordinates.
- Invasive medical care.
- Close monitoring of intake and output of fluid and feeds.

### **PROCEDURES I HAVE LEARNT**

- Ryles tube insertion
- Stomach wash
- Urinary Catheterization
- ET suctioning
- Blood Transfusion
- CPR
- Arterial Blood Sampling
- Venous Blood Sampling
- Bag and mash ventilation
- Change ventilator settings about patient condition independently
- Intubation and Extubation
- Umbilical vein catheterization
- Exchange Blood Transfusion
- Lumbar Puncture
- IV Cannulization
- Surfactant Therapy
- Central Line Catheterization
- ICD Insertion

### **MANAGED CASES**

- Preterm care
- Respiratory Distress Syndrome

- Birth Asphyxia
- Meconium stained aspiration
- Neonatal sepsis
- Hyperbilirubinemia
- Neonatal Seizure
- Hypoglycemia
- Thoracotomy
- Laprotomy
- Herniotomy
- Colostomy care
- Tracheo esophageal fistula

### **MECHANICS, EQUIPMENTS HANDLED**

- Ventilator
- Non invasive ventilator
- Syringe pump
- Pulseoxymeter
- Nebulizer
- Centralized Suction and Oxygen
- Glucometer
- Laryngoscope
- Radiant Warmer
- Phototherapy
- Incubator
- Ambubag
- Breathing circuit

#### REFERENCE

 SR. LINDA MARIA CMC Nursing Superintendent Paalana Institute of Medical Sciences Palakkad, Kerala Ph – 0491 2520901

### **DECLARATION**

I hereby declare that the above mentioned details are true and corrected to the best of my knowledge and belief.

Place : Harippad

### (RINKU ROY)