



Aleena Shaji

Nursing Aspirant

CONTACT DETAILS

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Location : Kottayam, Kerala

Nationality : Indian

Passport : Yes

PROFESSIONAL SKILLS

- Patient Assessment
- Medication Administration
- Wound Care
- Vital Signs Monitoring
- Documentation
- Infection Control
- Patient Education
- Team Collaboration
- Communication Skills
- Empathy and Compassion

LANGUAGES KNOWN

- English
- Malayalam
- Hindi
- Kannada

PERSONAL SUMMARY

Compassionate nursing professional dedicated to delivering high-quality patient care. Collaborative team player with strong clinical skills and a commitment to continuous learning. Seeking opportunities to contribute to a healthcare team and make a positive impact on patient well-being

DUTIES AND RESPONSIBILITIES

- Performs preliminary test on incoming patients to identify and record symptoms
- Document patient care services
- Update technical and fundamental knowledge by attending workshops and seminars conducted by organization
- Monitoring of vital parameters ,intake output chart ,monitoring and taking ECG, administering emergency medications ,dressing of wound
- Insertion of IV cannulas
- Assist the doctors for the procedures and rounds
- Assist doctors for the procedures
- Educate the patient and family about the condition of the patient pre and post-operative management, maintain patient charts and confidential file record, keeping and maintaining department inventory, medical store inventory
- Assess the patient status and notify physicians of clinical changes
- Assisting in maintaining high standard of patient care
- Educate patients /families on health care needs, conditions, options
- Give psychological support to patients and family members
- Maintaining interpersonal relationship with the patient, relative and co-workers
- Ensuring patient individuality and privacy at all the times
- Meet the spiritual needs of the patient

MACHINES AND EQUIPMENTS USED

- Respiratory therapy: nebulizers
- Pulse oximetry: pulse oximeter, sensor
- Monitoring: Cardiac monitor, digital thermometer, sphygmomanometer, stethoscope
- Immobilization devices: upper and lower extremity traction device, splint, braces
- Bandages: commercially-packaged burn sheets, triangular bandages, sterile dressings, gauze rolls, occlusive dressings, adhesive tapes
- Infection control: protective goggles, surgical mask, shoe cover, standard sharp containers
- Injury prevention equipment: bed with side rails
- Miscellaneous: cold and hot packs, warming blankets, basins, bedpan, urinal, wheelchair

EDUCATION DETAILS

COURSE	INSTITUTION	YEAR	STATUS
B.Sc Nursing	Ikon Nursing College, RGUHS Karnataka	2023	Qualified
Plus Two	St. Sebastian's HSS, Kadanad - Kerala	2019	Qualified
SSLC	St. John's KS Kurumannu, Kerala	2017	Qualified