



Vineetha R

CONTACT

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SKILLS

- Communication skills
- Creativity
- Leadership
- Time management

LANGUAGES

English:

Advanced

Malayalam:

Native

Hindi:

Intermediate

Tamil:

Intermediate

PROFESSIONAL SUMMARY

"A Self-Motivated, Disciplined, and Agile Professional, Demonstrating a Rapid Capacity for Adaptation to Diverse Environments, Possesses an Outgoing and Enthusiastic Demeanor, Exhibiting Robust Organization and Communication Skills, and Cultivates an Unwavering Devotion to Serving the Needy Populace."

INTERNSHIP EXPERIENCE

Social Worker - Intern 08/2023 - 09/2023
St Marthas Hospital - Bengaluru, Karnataka

- Educated families and communities on health issues, risk factors for disease and preventive techniques for common infections.
- Instructed family and community groups in use of medical products.
- Supported team by demonstrating respect and willingness to help.

Medical Social Worker - Intern 05/2023 - 05/2023
Paalana Institute of Medical Science - Palakkad, Kerala

- Kept detailed, accurate records for well-maintained care continuity between support staff.
- Evaluated and addressed individual client needs and concerns through targeted assessments.
- Conducted research and analysis to support team with project preparation.

Psychiatric Social Worker - Intern 01/2023 - 02/2023
Sanjivani Rehabilitation Centre - Nedumkunnam, Kerala

- Carried out day-to-day duties accurately and efficiently.
- Handled patients' hygiene needs in support of personal dignity and optimum wellness.
- Directed psychoeducation to enable families and patients to cope with diseases.
- Advised on dietary, nutrition and illness prevention.

Social Worker - Intern 08/2022 - 08/2022
Gandhi Bhavan IRCA - Adoor, Kerala

- Attended regular training and supervision workshops for improved service user support.
- Oversaw multiple social work cases simultaneously, directing assessments, conducting interviews and recommending best courses of action.
- Created targeted support programmes based on client interviews and assessments.

Social Worker - Intern

08/2022 - 08/2022

Gandhi Bhavan International Trust - Pathanapuram, Kerala

- Supervised small groups of adults with additional mental health needs in assigned therapy groups.
- Built positive, productive client relationships for enhanced social support.
- Responded calmly to manage crises and emergency situations.
- Improved efficiency and productivity by acquiring new skills.

Community Social Worker - Intern

11/2021 - 03/2022

Kuriakose Elias Development Action and Service Society (KEDAS) -

Kottayam, Kerala

- Established and maintained professional relationships to offer objective guidance and support.
- Promoted independence and positive wellbeing when working with vulnerable adults and children.

EDUCATION

Master of Social Work: Social Work, 2021 - 2023

Kuriakose Elias College - Kottayam, Kerala

Bachelor of Science: Zoology, 2018 - 2021

CMS College - Kottayam, Kerala

MEMBERSHIP

Kerala Association of Professional Social Workers - KAPS

ACHIEVEMENT

Completed certificate course in counselling and psychotherapy

HOBBIES AND INTEREST

- Art
- Dance

REFERENCES

References available upon request.