



MARIA JACOB

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CAREER OBJECTIVE

To join in a reputed medical organization that offers me a constructive and challenging work environment. To contribute to the organizations reaching optimal healthcare standards and performance where my profound nursing professional and practical experiences will fully be utilized and enhanced.

Profile Summary:

Dedicated, skilled RN with clearly two years of experience in Healthcare. Professional Career includes experience in Surgical Department Deluxe Medical Ward. Academic background includes B.Sc. in Nursing from Medical Trust College of Nursing, Ernakulam, India under KUHAS University, Trissur. A caring and committed professional with good communication skills, registered in India.

INDIAN REG No: The Kerala Nurses and Midwives Council - **KL03201801845**

INDIAN REG No: The Maharashtra State Nursing Council - **XVII-23594**

ACADEMIC QUALIFICATION

Sl.No	Exam Passed	School /college	Year	Percentage of marks
1	10 th Grade (2009-2010)	MAR ATHANASIOUS MEMORIAL HIGHER SECONDARY SCHOOL, PUTHECRUZ	March 2010	70.00
2	Higher Secondary (2010-2012)	St JOSEPH's C.G.H.S.S TRIPUNITURA	March 2012	60.00

3	BSC Nursing (2012-2016)	MEDICAL TRUST COLLEGE OF NURSING, ERNAKULAM	September 2017	Second class
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WORK EXPERIENCES

Sl.No	Employer Name, place & country	Duration	Designation
1	Ruby Hall Clinic Wanowarie Pune Maharashtra	09/01/2018 to 25/03/2018	Trainee Nurse
2	Ruby Hall Clinic Wanowarie pune Maharashtra	26/03/2018 to 26/03/2020	Staff Nurse

CAREER GAP HISTORY

Sl. No	Period of Gap	Reason
1	26/05/2020 to 11/03/2021	Due to Covid pandemic continuing my OET preparation and seeking for Job opportunity.
2	11/03/2021 to till date	Maternity (Rest due to complications in pregnancy) and parenting

DUTIES AND RESPONSIBILITIES

- Schedule patient admissions and discharges
- Assess patient status and notify physicians of clinical changes
- Implement patient care for critically ill patient at a ratio of 1:1
- Interact with departments regarding patient care
- Educate patients/families on health care needs, conditions, options etc.
- Provide assistance to Nursing Manager / Head Nurse
- Maintain patient charts and confidential files
- Attend the in-service education time to time
- Administration of Oral & Parenteral Medications.
- Documents variations in patient conditions and associated nursing care in nursing progress note Co-ordination of Nursing Activities
- Reporting on duty
- Inventories & Recordings
- Maintaining stock linen, central store stock supplies & drugs

Skills

- Ability to take responsibility.
- Self-confident and motivated.
- Ability to provide effective nursing care as per needs of patients.
- A good contributor in a team and has a leadership quality.
- Assist in various emergency procedures in ward.
- Provides care for adults and children requiring appropriate medical care
- Initiates emergency measures as appropriate
- Providing Cardio-pulmonary Resuscitation.
- Administer narcotic drugs
- Assisting procedures like PICC insertion, Intercostal drainage, Lumbar puncture, Bone Marrow Aspiration, Central Line Insertion, Ascetic tapping
- IV Insertion and using syringe pump

Type of Patients Attended:

- Respiratory distress syndrome.
- Pneumonia.
- Bronchial asthma.
- Chronic obstructive pulmonary disease.
- Emphysema.
- Coronary artery disease
- Accelerated hypertension.
- Interstitial heart disease
- Myocardial infarction
- Pericarditis
- Intestinal obstruction
- Acute gastroenteritis
- Cholelithiasis
- Metabolic encephalopathy
- Chronic kidney disease
- Anemia
- Cerebrovascular disease

- Viral fever
- Hepatitis
- ARF

Assisted Procedures

- Ascetics Tapping.
- USG guided plural tapping.
- Bladder irrigation.
- Lumbar puncture.
- Central line insertion.
- Pap smear.
- Throat swab collection.
- Montoux test.
- Audiometry.

EQUIPMENTS HANDLED

- Cardiac Monitors, Glucometer, Pulse Oxy Meter, Nebulizer
- IV infusion & Syringe Pump.
- Biosafety cabinet
- ECG Machine
- Sphygmomanometer
- Crash Trolley
- Suction apparatus
- Laryngoscopes
- Airway.
- Cardiac monitor & Central Monitor
- Defibrillator
- Red-light.
- Steamer.
- Protoscope.
- Tongue depressor.
- Weighing scale.
- Ambu bag

REFERENCES

1. **Capt. Sunita Fernandes**

Deputy Nursing Director

Ruby Hall Clinic, Wanowarie,Pune.

Contact No: +917798137100

Email id:sfernandes@rubyhall.com

2 **Prof.Anuji Mary Philip**

Principal

Medical Trust College Of Nursing

Irumpanam,Ernakulam

Contact No:0484-2843104,0484-2843105

Email id:mtcon@medicaltrushospital.in

3 **Mrs Lalley Mathew**

In charge - Sister

Ruby Hall Clinic

Sassoon Road, Pune-India.

Contact no: +919822560815

DECLARATION

I hereby solemnly and in my proper senses declare that the information above is true to the best of my knowledge and belief.

03/04/2024

THIRUVANIYOOR

MARIA JACOB