

Stefy Mary Sam

Palarivattam, Kochi - 682025

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PROFESSIONAL SUMMARY

Dynamic Critical Care Registered Nurse with 1+ years of experience. Adept at collaborating with interdisciplinary medical teams. Dedicated to delivering best-in-class patient care and individualized plans for families and patients.

EDUCATIONAL QUALIFICATION

Examination Passed	Name of Institution	Board/University	Year of Passing	Percentage
BSC Nursing	MGM Muthoot College of Nursing, Pathanamthitta, Kerala	KUHS	2015-2019	68%
Higher Secondary Examination	St.Annes Girls Higher Secondary School, Pathanamthitta, Kerala	State Board	2012-2014	66%
SSLC	Syrian Jacobite Public School, Kuttapuzha, Kerala	CBSC Board	2012	60%

PROFESSIONAL EXPERIENCE

Designation	Duration	Name of Hospital	Department(s)
Staff Nurse	28-07-2020 To 04-10-2021	Apollo Speciality Hospital, Vanagaram Chennai	Multidisciplinary Critical Care Unit
Nursing Tutor	08-05-2022 To 07-07-2022	Amrita College of Nursing, Ernakulam	Medical Surgical Nursing

EMPLOYMENT DETAILS

Name of the Hospital : Apollo Speciality Hospital, Vanagaram Chennai, Tamil Nadu

Range of Service : 350 Bedded, CTICU, MDCCU, CCU, SICU, PICU, NICU, Isolation Unit, Operation Theatres, Pre and Post Operative Units, CATHLAB, Imaging and Diagnostic Departments, Surgical Ward, Medical Ward, COVID Ward, Dialysis, CSSD, Emergency, Chest Pain and Stroke Clinic, Hematology Departments, Plastic and Cosmetic Department

Ward & Depart Worked in : Multidisciplinary Critical Care Unit, CCU, COVID Ward

Independently Carry Out Routine Procedures Like

- Placement of Intravenous line
- Urinary Catheterization (Male & Female)
- Chest Physiotherapy
- ECG
- Nasogastric Feeding
- Administration of Medicine
- Oxygenation Therapy
- Advanced Cardiac Life Support
- Syringe Pump & Infusion Pumps Managements
- Post Operative Managements
- Other ICU Services
- Cardio Pulmonary Resuscitation
- Wound dressing
- ABG sampling
- Nebulization
- Placements of Ryles for Adults
- Bowel & Bladder Wash
- Tracheal & Endotracheal Suctioning
- Sterilization and Disinfection
- Ventilator Managements
- Dead Care Management
- Intubation Drugs Preparation

Details of Work Experience

As a staff nurse

- Receiving and admission of patients
- Data collection
- Assessment of vital signs
- Management of Ventilator Patients
- Physical Examination and Diagnostic Evaluation
- Continuous Monitoring and Diagnostic Evaluation
- Checking pre-operative check list of patients to NABH Act
- Following physician rounds & carrying out the orders prescribed
- Assisting for Diagnostic and therapeutic procedures insertion of IV Canula
- Performing Female and Male Catheterization
- Insertion of Nasogastric Tube
- Maintaining Patient Airway through doing oral Endotrachial Suctioning
- Planning and Implementation of patients care (Include Hygiene, Nutritional comfort)
- Measures, Administration of Medicine.
- Health Education
- Discharge follow-up Care
- Maintaining records & reports in service Education

Managerial Skills

- Preparation of emergency drugs and emergency trays ready for use
- Maintenance of environmental Hygiene
- Orientation for patients and relatives about the hospital and its functioning
- Maintenance wards inventory and indents
- Asepsis and infection control
- Bio-medical waste management

REGISTRATION DETAILS

Kerala Nurses and Midwives Council

- Registration Nurse & Midwives Number : **KL03202004493**
- Date of Registration : 07-02-2020 to 06-02-2025
- Status : Active

The Tamil Nadu Nurses and Midwives Council

- Registration Nurse & Midwives Number : **234888**
- Date of Registration : 23-06-2021 to 22-06-2026
- Status : In-active

STRENGTH

- Good Interpretational and Communication Skills
- Aspiration to grow, Strength to work, Commitment & an Eagerness to accept Challenges.
- Self Confidence
- Hardworking

PERSONAL PROFILE

Date of Birth : 09th April 1996

Gender : Female

Religion : Christian

Native Place : Kerala

Nationality : Indian

Marital Status : Married

Languages Known : English, Malayalam & Tamil

Address : No. 152, Mutturuthil House, New Colony Road
Palarivattam, Kochi - 682025

DECLARATION

I hereby declare that the above furnished particular are true and correct to the best of my knowledge and belief.

Thanking you,

Yours Sincerely

Place: Palarivattam

STEFY MARY SAM