



CONTACT

PHONE :
8078501379

EMAIL:
saranyasasipunchalayil@gmail.com

PERSONAL PROFILE

Date of Birth
: 11-04-2000

Father's name
: SASI P.K

Gender
: Female

Marital Status
: Single

Nationality
: Indian

Known Language
: English,
Malayalam

Address
: Punchalayil (H)
Mamala (P.O)
Kakkad kara
Ernakulam (Dist.)
PIN - 682305

LICENSES AND CERTIFICATIONS

Post basic BSc
nursing : Waiting

GNM :
KL01202100271 (Valid
up to 2nd August
2026)

SKILLS

- ❖ Computer Proficiency
- ❖ Interpersonal Communication
- ❖ Community Engagement
- ❖ Professional Development

SARANYA SASI

CAREER OBJECTIVE

Eager and compassionate nursing graduate with a Post Basic BSc Nursing degree from Kerala University of Health Sciences (2024) and a Diploma in General Nursing and Midwifery (2021) from Government School of Nursing Ernakulam. Currently in the process of registration for Post Basic BSc Nursing. Dedicated to delivering exemplary patient care and collaborating effectively within multidisciplinary healthcare teams. Seeking entry-level opportunities to apply my skills and knowledge, with a strong commitment to improving patient outcomes and advancing healthcare service delivery.

EDUCATIONAL QUALIFICATIONS

Course	Institute	Year Of Passing	CGPA/Percentage
POST BASIC BSC NURSING	M.O.S.C COLLEGE OF NURSING KOLENCHERY	2024	68.25%
GNM	GOVERNMENT SCHOOL OF NURSING ERNAKULAM	2021	69.37%

CLINICAL SKILLS

- ❖ Proficient in patient assessment, including vital signs monitoring, health history documentation, and physical examination.
- ❖ Skilled in medication administration, and intravenous therapy management, ensuring safe and accurate drug delivery.
- ❖ Competent in wound care management, including wound assessment, dressing application.
- ❖ Experienced in assisting with diagnostic procedures and medical interventions, such as inserting urinary catheters, nasogastric tubes, and IV lines.
- ❖ Proficient in conducting health education sessions for patients and their families, promoting disease prevention, treatment adherence, and healthy lifestyle practices.
- ❖ Maintaining accurate and up-to-date patient records.
- ❖ Capable of maintaining infection control standards and ensuring a safe and hygienic healthcare environment for patients and staff members.

PROJECT

A descriptive correlational study to assess the perception of body image and self-esteem among students of selected colleges in Ernakulam District ,Kerala

OBJECTIVES OF THE STUDY WERE

- ❖ To assess the body image and self -esteem among students of selected colleges.
- ❖ To identify the relationship between the perception of body image and self-esteem among students of selected colleges.
- ❖ To determine the association of perception of body image with selected demographic variables.
- ❖ To determine the association of perception of self-esteem with selected demographic variables.

REFERENCE

Name : Geetha P.C
Designation : Principal
Institution : Government school of nursing Ernakulam
Contact details : PHONE : 0484 2351314
MOB : 7560940790

Name : Pro. Dr. Sheela Shenai N.A
Designation : Principal
Institution : M.O.S.C College of nursing , Kolenchery
Contact details : PHONE : 0484 - 2885665, 0484 -2885661

DECLARATION

I, Saranya Sasi hereby declare that all the details given above are true to the best of my knowledge.

Place : Ernakulam

Date :

Saranya Sasi